

Speakers

Joyce Marter

Joyce Marter has been a Licensed Clinical Professional Counselor since 1998 and is a specialist in mindfulness, self-esteem, relationships and career issues. She is the Founder of Urban Balance, an insurance-friendly, counseling practice she grew to over 100 therapists working from ten locations in three states during her thirteen-year tenure as CEO.

Joyce is a Past-President of the Illinois Counseling Association, a two-term Past-President of the Illinois Mental Health Counselors Association and the immediate Past-Chair of the Midwest Region of the American Counseling Association. She has served as a Clinical Case Consultant for counselors-in-training at Northwestern University since 2005.

As a member of the National Speakers Association, Joyce provides keynote talks and corporate trainings across the country for counseling associations, professional organizations, and Fortune 500 Companies. She is a blogger for sites such as the Huffington Post and PsychCentral and is routinely consulted as an expert by the media. Joyce Marter has been featured in such outlets as The Wall Street Journal, U.S. News & World Report, CNN, Real Simple Magazine and MTV.

Dave Delaney

Dave Delaney is known as a communication connoisseur. He helps companies reach their people through comprehensive marketing communication workshops and coaching. Dave teaches effective corporate communication with his Communication Mastery workshops. He works with brands like Google, LinkedIn, and UPS.

Delaney is an American Marketing Association award winner. He has appeared in USA Today, Entrepreneur, Inc, Fortune, and Billboard Magazine.

His acclaimed book, *New Business Networking*, explores online and offline tools, tips and techniques to grow and nurture your professional network for your business and career by communicating - the right way.

Dave was born and raised in Toronto, Ontario, Canada. He took a trip to Ireland and ended up living with Irish Twins in Nashville. It's a long story, he will happily share.

Learn more about Dave at DaveDelaney.me/about.

Sherene McHenry

The People IQ Expert®, Dr. Sherene McHenry, is a Licensed Professional Counselor and former professor who trained counselors for 18 ½ years before leaving to speak and write full time. Sherene holds a Ph.D. in Counselor Education from the University of Wyoming.

Sherene has spoken extensively throughout North America, as well as in South American and Asia. She's the author of *Navigate: Understanding The Five Types of People, Pick: Choose to Create A Life You Love*, and *The Busy Student's Guide To College and Career Success*. Sherene also writes a magazine column that addresses leadership and interpersonal issues in the workplace. Sherene is a Certified Speaking Professional, member of the National Speakers Association and past president of the Michigan National Speakers Association.

Leslie N. Weaver-Martin

Leslie N. Weaver-Martin is the current President of the Alabama Counseling Association (ALCA) and has worked as a counselor for 15 years. She received both her graduate and undergraduate degree from the University of South Alabama where she later worked as a college counselor. She is a Licensed Professional Counselor Supervisor (LPC-S) and a National Certified Counselor (NCC). Within ALCA, she has served the Executive Board as Historian (2 consecutive terms), President-Elect, and now President. She has served as President of a chapter (Chapter VIII) and President of a division (ALCCA). In addition to these roles, she has served as chair of various committees within the organization, her home chapter, and multiple divisions.

On a personal note, Leslie is married and is the mother of 5 children. She enjoys spending time with her family, watching her children play sports, traveling, and serving others.

ALABAMA COUNSELING ASSOCIATION ANNUAL CONFERENCE
ADVANCED REGISTRATION FORM - NOVEMBER 20 - 22, 2019 - MONTGOMERY, ALABAMA

NOTE: PLEASE SEND A SEPARATE CHECK FOR REGISTRATION AND MEMBERSHIP. THIS REQUEST IS APPLICABLE TO EVERYONE. **NO PURCHASE ORDERS ACCEPTED.**

I. REGISTRATION AND BADGE INFORMATION: (Please Type or Print)

NAME _____ DAY TELEPHONE: _____
 First (Nickname) Middle Last

EMAIL ADDRESS: _____

ADDRESS: _____
 Street City State Zip

II. REGISTRATION FEES: (No purchase orders accepted)

NOTE: ALL COUNSELORS OR COUNSELING RELATED ATTENDEES ARE EXPECTED TO JOIN ALCA PRIOR TO REGISTRATION FOR THE CONFERENCE. OTHERS PAY THE NON-MEMBER FEE.

	By October 1	By November 1	After November 1
_____ Member, Regular/Professional	[] \$96	[] \$120	[] \$135
_____ Member, Student (not working in counseling)	[] \$48	[] \$60	[] \$70
_____ Member, Retired (not working in counseling)	[] \$48	[] \$60	[] \$70
_____ Non-member	[] \$200	[] \$220	[] \$235
_____ Conference T-Shirt (optional) (Please circle size: S M L XL XXL XXXL)	[] \$10	[] \$10	[] \$10
TOTAL ENCLOSED	\$ _____	\$ _____	\$ _____

I certify that this person is a full-time student not employed in counseling.
 (Student needs Professor's Signature)

Signature _____
 Professor

DO NOT MAIL AFTER NOVEMBER 1, 2019. PLEASE REGISTER ON SITE.

III. METHOD OF PAYMENT: (No purchase orders accepted)

*** Make a separate check payable to ALCA and mail with Advanced Registration Form to
 Dr. Nancy J. Fox, ALCA Executive Director, P O Box 131425, Birmingham, AL 35213-1425
 OR

*** If paying by credit card, please complete the following information and mail back to Dr. Nancy J. Fox or fax to 205.423.5947

CREDIT CARD # _____ TYPE _____ EXP. DATE _____

CVC2 Code _____ SIGNATURE _____

HOTEL REGISTRATION

ALABAMA COUNSELING ASSOCIATION ANNUAL CONFERENCE
November 20 - 22, 2019 ~ Renaissance Montgomery Hotel and Spa at the Convention Center

The Renaissance Montgomery Hotel and Spa at the Convention Center is pleased to host the Alabama Counseling Association. To ensure accurate reservations, your reservations should be made ASAP. Requests received after October 31 will be accepted based on room and rate availability. You may make reservations with the Renaissance Montgomery Hotel either online or by phone. If by phone, give dates of November 20-22, 2019 and ask for the Alabama Counseling Association or ALCA as Group.

Online: <https://www.marriott.com/events/start.mi?id=1553886052275&key=GRP>
 or check ALCA website for link

Telephone: 334.481.5000

If by phone, give dates of November 20-22, 2019

Ask for Alabama Counseling Association or ALCA as Group

Base rate for one person should be \$145 (plus charges and taxes). The rate goes up for each additional person in room with a max of four per room. You are encouraged to go ahead and make your reservations as our "block" will fill.

ALABAMA COUNSELING ASSOCIATION

MEMBERSHIP APPLICATION

For Office Use Only	
Amount _____	Check # _____
Bank _____	
Process Date _____	
Membership # _____	

NAME _____

ADDRESS, CITY, STATE, ZIP _____

JOB TITLE _____ SPECIALIZATION _____

EMPLOYER _____

HOME PHONE _____ WORK PHONE _____

COUNTY _____ ALCA CHAPTER _____

EMAIL _____

Are you an LPC? Yes _____ No _____ American Counseling Association Member (ACA)?

Date first joined ALCA? _____

Are you on the listserv? Yes _____ No _____ Would you like to be added? Yes _____ No _____

I am a renewing member (was member last year). I am reinstating membership (was formerly a member).

I am applying for a new membership (first time). I do not wish to renew.

Type of Membership (membership in ALCA and at least one division is required)	Membership Dues	Amount of Payment
A. ALCA Membership includes one geographic chapter		
<input type="checkbox"/> 1. Active	Active	60.00
<input type="checkbox"/> 2. Student (full-time; not working)	Student	30.00
<input type="checkbox"/> 3. Retired	Retired	30.00
<input type="checkbox"/> 4. Past State ALCA President	Past President	N/A
B. Divisions (you must join at least one; student and retired members pay 1/2 division dues):		
<input type="checkbox"/> 1. Alabama College Counseling Association	ALCCA	5.00
<input type="checkbox"/> 2. Alabama Association for Counselor Education and Supervision	ALACES	15.00
<input type="checkbox"/> 3. Alabama Association for Multicultural Counseling and Development	ALAMCD	8.00
<input type="checkbox"/> 4. Alabama School Counselor Association	ALSCA	15.00
<input type="checkbox"/> 5. Alabama Career Development Association	ALCDA	6.00
<input type="checkbox"/> 6. Alabama Mental Health Counselors Association	ALMHCA	15.00
<input type="checkbox"/> 7. Association for Lesbian, Gay, Bisexual & Transgender Issues in Counseling of Alabama	ALGBTICAL	5.00
<input type="checkbox"/> 8. Alabama Association for Specialists in Group Work	ALASGW	6.00
<input type="checkbox"/> 9. Alabama Association for Spiritual, Ethical, and Religious Values in Counseling	ALASERVIC	6.00
<input type="checkbox"/> 10. Alabama Division of the American Rehabilitation Counseling Association	ALDARCA	4.00
<input type="checkbox"/> 11. Alabama Association for Marriage and Family Counseling	ALAMFC	10.00
<input type="checkbox"/> 12. Alabama Association for Addictions and Offenders Counseling	ALAAOC	5.00
<input type="checkbox"/> 13. Alabama Association for Adult Development and Aging	ALAADA	5.00
Total Dues Enclosed		

I certify that the applicant is not working full-time and is a full time student. _____
 Signature of Professor Institution

Make check to ALCA and mail application to: Dr. Nancy Fox
 (No Purchase Orders, please) ALCA
 P. O. Box 131425
 Birmingham, AL 35213-1425

OR _____
 Card CVC2 Code _____

Type: _____ Credit Card # _____ Exp. Date _____

I agree to adhere to the ethical codes of ACA and the National Divisions which govern ALCA and its Divisions. Copies of these statements are available upon request. I also grant permission for ALCA to release my name and other pertinent information as it deems appropriate.

Date: _____ Member's Signature: _____

Conference General and Keynote Sessions

Wednesday, November 20, 2019, 10:00 A.M. ~ Noon
"How to Support One Another for United Success in the Counseling Profession"
Joyce Marter

Thursday, November 21, 2019, 8:30 A.M. ~ 10:15 A.M.
"The Master Communicator's Secret Weapon"
Dave Delaney

Friday, November 22, 2019, 8:30 A.M. ~ 10:00 A.M.
"Counselors First: Ethics, Empathy, and Excellence"
Sherene McHenry

Presiding at all sessions: ALCA President Leslie Weaver-Martin

Conference Events & Highlights

AWARDS BREAKFAST

We will kick off the conference with the general awards breakfast on Wednesday morning. It will be sponsored by the Alabama Homebuilders Association. Join us to honor our volunteers, leaders and workers and those who have distinguished themselves during the past year.

OPENING SESSION

Conference activities will begin on Wednesday morning with a full scale opening session and keynote speaker. You may pick up your name tag or use your registration confirmation.

PARKING

Valet Parking is available at the Renaissance Montgomery for \$23 per night. Self-parking in the parking deck is available for \$16 per night.

AMERICAN RED CROSS DISASTER MENTAL HEALTH FUNDAMENTALS

Post-Conference Workshop – Friday, November 22, 2019, 1:00-5:00 pm

Become a Red Cross Disaster Mental Health Volunteer serving your local community!

This Red Cross training is a component of required training for Disaster Mental Health volunteers and is only offered in person. After the training, volunteers can complete the other required steps to becoming a Red Cross Disaster Mental Health volunteer at your home chapter. Training is open to licensed therapists and credentialed school counselors. Training is free. 3 hours of CE's available for \$10 provided by The Counseling Clinic - pay onsite with exact cash or check made out to *The Counseling Clinic*.

Preregister by sending an email to RedCrossDMHVol@gmail.com with your name, email, phone, and license / credentials. Walk in's may be available on a space available basis.

Professional Development Hours for ALCA Conference



The Alabama Counseling Association has been approved by NBCC as an Approved Continuing Education Provider ACEP No. 2001. Programs that do not qualify for NBCC credit are clearly identified. The Alabama Counseling Association is solely responsible for all aspects of this program.

The procedure for requesting NBCC hours for the 2019 ALCA Annual Conference is as follows: The Professional Development Clock Hours Request Form will be included in the 2019 ALCA Annual Conference Program Book. Return the form along with a check for \$5.00 (\$20.00 for non-members) made payable to ALCA to the address provided on the form. The deadline for receipt of Professional Development requests is January 31, 2020. Certificates for Annual Conference attendance will be mailed no later than March 31, 2020. Requests submitted after January 31, 2020, will cost \$10.00. Replacement certificates will cost \$10.00.

You must be registered for the conference to claim NBCC hours credit. NBCC hours will not be issued until check clears bank. You may earn as many as 14 clock hours for the total conference. Presenters may not receive NBCC hours credit for their own presentations.

CERTIFICATES OF ATTENDANCE ONLY MAY BE OBTAINED FROM THE ALCA OFFICE.

The Alabama Counseling Association

PresidentLeslie N Weaver-Martin
President-Elect and Program Chairperson..... Jacques L Austin
Annual Conference Co-Chairs.....Dr Necoal Driver, Dr Starrah Huffman, Dr Yulanda Tyre
Ads/Exhibits Chair Jerri Lynn Morrow, Tiffany Alexander
ALCA Executive Director Dr Nancy Fox

ADVANCED REGISTRATION

Complete the Advanced Registration Form online at www.alabamacounseling.org or mail (with your separate check or credit card information) by November 1, 2019. A registration confirmation will be sent. PAYMENT RECEIPTS WILL BE EMAILED TO ALL MEMBERS. DO NOT MAIL REGISTRATION FORM AFTER NOVEMBER 1. PLEASE REGISTER ON-SITE.

You must be an active member of ALCA to be eligible to pay the member's registration fee. ALL PRESENTERS MUST REGISTER FOR THE CONFERENCE. If you are not a current member, complete and mail the enclosed membership application along with your check (Please send a separate check for membership dues). If you are unsure of your membership status, call the ALCA office at 205-423-5989, and they will advise you of your status. Your conference materials will not be presented to you unless membership dues are paid or you have paid the non-member fee. We will accept membership and registration fees at the same time.

All requests for refunds of registration fees must be submitted, in writing, to the Executive Director by October 31, 2019. No refunds will be made after that date. Please remember everyone has a reason if they do not come. We cannot judge among them; Please do not ask for a refund after the deadline.

Students, to register at the reduced rate, must be actively engaged in an educational program in counseling, guidance, or student personnel and may not be employed in a counseling-related position. The student's faculty advisor must sign the registration form. Students must have paid the appropriate membership dues in order to register.

ON-SITE REGISTRATION

It is possible to handle all matters related to registration on-site including joining ALCA/paying membership fee. Note that the registration fee is somewhat higher if registering on-site. PLEASE, after November 1, 2019, register on-site. Registrations must be post-marked by November 1 to avoid on-site registration rates.

A WORD TO OUR OUT-OF-STATE COLLEAGUES

You may take advantage of our discounted member's rate for the conference if you send proof of your current membership in your own state's professional counseling association. Proof of membership may be current membership card with date, a letter of confirmation from your state's association, or some other form of verification. Those registering on-site must bring similar proof. We are glad to extend this courtesy to our colleagues from other states!

REGISTRATION MATERIALS PICKUP

Registration materials for those who pre-register may be obtained at the conference registration area of the Renaissance Montgomery Hotel. Registration Times Are:

Tuesday, November 19	3:00 P.M. - 5:00 P.M.
Wednesday, November 20	7:30 A.M. - 4:00 P.M.
Thursday, November 21	7:30 A.M. - 3:00 P.M.

EXHIBITS

Exhibits will be located in the Renaissance Montgomery Hotel and Spa at the Convention Center Exhibit Hall. The exhibitors will offer materials to fill many counseling needs: audio-visual aids, printed and other resource materials, college selection and financial aid books, and career information.

The exhibits will be open:	Wednesday, November 20	Thursday, November 21
	8:45 A.M. - 5:00 P.M.	8:00 A.M. - 4:00 P.M.

DIVISION BREAKFASTS/LUNCHEONS

Any division breakfast/luncheon information will be mailed directly to the division members.

NAME TAGS/ADMISSION TICKET

Your name tag (badge) will serve as your admission to all conference programs. Please wear it at all times. You will not be allowed to enter program rooms without the badge.

A NOTE TO OUR COLLEAGUES WITH DISABILITIES

Please notify Mr. Andrew Sparks (256.441.2100) or Dr. Nancy Fox (205.423.5989) as early as possible but no later than November 1 if you or someone you know needs assistance in applying for this conference or needs assistance in attending and understanding the sessions, speeches and other activities. ALCA needs adequate advance notice in order to facilitate accommodations.

2019 ANNUAL CONFERENCE IN BRIEF

(Subject to Change Without Notice)

Tuesday, November 19, 2019

3:00-5:00 pm Conference Registration
6:00-8:00 pm ALCA Executive Council Meeting
8:15-9:00 pm President's Reception for Executive Council
Sponsored by ACT

Wednesday, November 20, 2019

8:00-9:30 am Awards Breakfast
Sponsored by Alabama Home
Builders' Association
7:30 am-4:00 pm Conference Registration
8:45 am-5:00 pm Exhibits
10:00 am-Noon OPENING GENERAL SESSION
Keynote: Joyce Marter
1:00-1:45 pm First Timers Reception
1:30-4:30 pm School Counselor Roundup
1:45-3:00 pm CONTENT SESSIONS
3:00-3:15 pm Break
3:15-4:30 pm CONTENT SESSIONS
4:30-4:45 pm Break
4:45-5:30 pm Division Meetings
5:45-6:30 pm Chapter/Division Presidents and President-Elects
Meeting with Coordinators
5:45-6:30 pm Past Presidents Reception
6:30 pm-until Dinner On Your Own

Thursday, November 21, 2019

7:00-8:15 am Auburn/Alabama Breakfast
7:30 am-3:00 pm Conference Registration
8:00 am-4:00 pm Exhibits
8:30-10:15 am GENERAL SESSION
Keynote: Dave Delaney
Break
10:15-10:30 am
10:30-11:45 am CONTENT SESSIONS
11:45 am-1:00 pm Graduate Student Reception
11:45 am-1:15 pm Division Luncheons
1:30-3:30 pm Graduate Student Poster Session
1:30-4:15 pm New School Counselor Academy
1:30-4:15 pm LPC Roundup
1:30-2:45 pm CONTENT SESSIONS
2:45-3:00 pm Break
3:00-4:15 pm CONTENT SESSIONS
4:30-5:45 pm CONTENT SESSIONS
4:30-5:45 pm Retired Counselors' Reception
5:45-6:30 pm Chapter Meetings/Socials
8:30 pm-11:00 pm Dance

Friday, November 22, 2019

8:30-10:15 am BUSINESS & GENERAL SESSION
Keynote: Sherene McHenry
10:30-11:45 am CONTENT SESSIONS
1:00-5:00 pm American Red Cross Training
(Separate Reservation)

Content Sessions

Wednesday, November 20, 2019 - 1:45-3:00 pm

1. Get out Your Toolbox: 15 Creative Techniques for Working with Families and Children in Crisis
2. Diversity in Play Therapy: Using the Cultural-Formulation-Interview in Sandtray Part 1
3. Strengthening Skills in CBT for Beginners
4. Mandatory Mental Fitness: Creating Wellness in First Responders
5. I Am Enough: The Power of Culturally Relevant Text
6. Living with Schizophrenia
7. The Importance of Cultural Competence: Helping Counselors Work with Diverse Populations
8. The Common Face of Grief
9. Unseen Wounds: Identifying the Effects of Trauma
10. From Harry Potter to Game of Thrones: A Jungian Approach to Counseling with Adolescents and Emerging Adults
11. Prosecuting Crimes Against Women
12. MAT for Opioid Use Disorder: An Introductory Guide
13. Military/Veteran Cultural Competence for Clinical and School Counselors: Implications for Practice
14. Promoting Posttraumatic Growth in Counseling
15. Mitigating Compassion Fatigue When Treating Trauma Clients
16. Experiencing the Labyrinth: Introspective Mindful Interventions for Clinical Practice
17. Engineering Identity: A Life Story Approach
18. I'm Here, But What Next? Exploring Challenges and Identifying Essentials for Incoming Freshman

Wednesday, November 20, 2019 - 3:15-4:30 pm

1. Confident ME! DOVE Self-esteem Project
2. Diversity in Play Therapy: Using the Cultural-Formulation-Interview in Sandtray Part 2
3. Spiritual Considerations in the Counseling Process
4. Unpacking: Recovering from Loss
5. PTSD and Suicide in the Veteran Population
6. Back to Basics- Tools for Treatment of Anxiety and Depression
7. Continuum of Hate: A Historical View of Hate and Oppression
8. 168 Hours: Time Management and Organization
9. Micro-aggressions Against Black Clients in Counseling
10. Your Client's Avatar: The One Area of Your Client's Life You Aren't Talking About in Counseling and Therapy
11. Measures to Prevent Suicide Ideation and Behaviors Amongst Youth: Collaborative Efforts of School, Mental Health, and Rehabilitation Counselors
12. Seeing PTSD Through the Lens of Traumatic Grief
13. Combating Compassion Fatigue and Burnout: A Call to Educate and Support Counselors and Students
14. Ethical Considerations When Working with Juvenile Sex Offenders
15. Problem Gambling ~ What Every Helping Professional Should Know
16. Experiencing the Labyrinth: Introspective Mindful Interventions for Clinical Practice
17. The Ambiguous Self-Concept: An Existentialist's View of Diversity in Psychotherapy
18. Professional Advocacy Through Service: Leadership Opportunities in ALCA

Thursday, November 21, 2019 - 10:30-11:45 am

1. Ethical Considerations When Working with Clients Who Identify as Part of a Sexual Minority Population
2. Understanding The Effects of Trauma On Students In The Classroom and a School Setting
3. Animal Assisted Therapy: Principles and Techniques
4. Supervision Experiences of Rural School Counselors
5. The Basics of Working with LGBTQ Students in Schools: You Are Their Advocate.
6. Going Beyond the Cinema Portrayal: Discussing DID in the Counseling Process
7. Never Fear, Your School Counselor is Here! Large Group Guidance That is Fun and Engaging

8. Perinatal Mental Health: Cultivating Healthy Attachments, Healthy Brains, & Healthy Children
9. Young, Gifted, and Black and Dealing with Depression and Anxiety
10. The Counselor's Superpowers!
11. Everybody Needs a Bigger Tool Box 2
12. The National Alliance on Mental Illness (NAMI): Who Are We?
13. Grieving Children: Effective Counseling Techniques Primary
14. School Counseling Round Table
15. Refining Your Hire Me Pitch and Embracing Your Counselor Professional Identity
16. Minimal Facts Interviewing of School Age Children
17. Balancing Work and Personal Life

Thursday, November 21, 2019 - 1:30-2:45 pm

1. Creative Arts in Supervision: Integration for Conceptualization
2. The Perfect World of Instagram: #iwokeuplikethis
3. Ethics in Animal Assisted Therapy
4. Meeting the Needs of Adolescents with Severe Mental Health Issues Within the Schools
5. Supervision Needs of Early Career School Counselors
6. The Alabama School Counseling Program of Distinction Award: What is it and How Do I Apply?
7. Incorporating Family Systems Theory in School Counseling Supervision
8. Effective Strategies to Increase Student Success in Online Learning
9. Individual Placement and Support (IPS) Implementation in Alabama: Employment Model
10. Changing Culture of College Campuses: Implications for Institutions of Higher Learning and the Community
11. Beyond Star Charts: Parenting Strategies for Complex Families
12. Combating the School-to-Prison Pipeline Through Restorative Justice
13. Working with Later Life Stage Adult Clients: Ethical, Legal and Spiritual
14. Counselor Perception of Clients with Opioid Use Disorder in the Southern Appalachian Region
15. Therapeutic Lesson Plans for Emotional Life
16. School Counselors and School Nurses: Collaboration to Bring Canines to School.
17. Opioid Addiction/Dependency and Benefits of Medication Assisted Treatment

Thursday, November 21, 2019 - 3:00-4:15 pm

1. The smART Elementary School Counselor
2. Understanding Appropriate Counseling Considerations Within the LGBTQ Community.
3. Overlooked, and Underserved: Counseling Strategies for Non-traditional College Students
4. Counseling Thru Stages of Faith and Faith Crisis
5. Understanding the Homeless Education State Plan for Alabama Students
6. First Year Counselor: What You Need to Know
7. Preparing for Careers of the Future: School Counselors Lead the Way
8. I HEAR You and SEE You: Using Video Technology to Engage Students and Empower Their Voice
9. Hair Esteem and I Love My Happy Hair
10. Neighborhood Bridges: Connecting Students with Community-Provided Resources
11. Wellness to Avoid Professional Burnout
12. Helping Clients Through Grief and Loss: A Beginner's Guide Primary
13. Ethical Implications of Implementing Suicide Prevention Programs
14. Counseling 'on the go'
15. Relationships 101 #BetterTogether
16. Using Creative Arts in College Counseling
17. Self-Harm: What is it and Why?

Thursday, November 21, 2019 - 4:30-5:45 pm

1. Student Trauma, Poverty, Detached Parents, and Apathetic Students, PLEASE HELP ME!
2. Advanced Solution Focused Strategies and Techniques for School Counselors and Other Clinicians
3. Relationship and Identity Development in Sexual Minority Clients
4. Overcoming Counseling Barriers When Working with Immigrant Clients
5. Developing Self-Regulation through Evidence-Based Strategies and Implementation of Mindfulness Practices
6. Supervision 101
7. Organizational Techniques for School Counselors
8. School Counseling Content Curation and Presentation: Beyond PowerPoints, Videos, and Worksheets
9. Sexual Addiction: An Introduction and Overview to Causes, Diagnosis, and Treatment.
10. Using Exposure and Response Prevention to Treat OCD and Anxiety Disorders
11. Playful CBT Interventions for Children and Adolescents
12. Best Practice for Assessment and Treatment of College Students
13. Maintaining Aspirational Ethics as Counselor Educators Regardless of the Instructional Rank
14. Bringing Suicide out of the dark: Facts vs. Myths
15. Mindset is Everything
16. College Planning Pays: A Guide to College Board Opportunity Scholarships Primary
17. Anxiety and Use of Integrating Strategies for the Brain-Wise Counselor

Friday, November 22, 2019 - 10:30-11:45 am

1. Animal Therapy With At-Risk Students
2. Suicidal Ideation: Update to Approaches of Assessment and Treatment
3. Personality Disorders in the Real World
4. Love and Loss: The Impact of Grief on Mental Health and Substance Abuse
5. Play Therapy Techniques for Group Counseling
6. Cultural Lens of a Loss by Suicide
7. Diverse Voices from Supervision: Tips and Lessons Learned
8. ACEs, Stress, and Resilience: A Trauma-informed Focus on Treatment Planning
9. Mental Health Treatment in Prison
10. My Child Grieves, My Heart Bleeds: The Story of the Grieving Grandparent
11. Positive Ethics: Have We Been Doing It All Wrong
12. Substance Abuse and How It Affects Everyone from an Elementary and High School Counselor Perspective
13. OMG! LOL! WTF!
14. School Counseling: Practical Ideas for Working with Students
15. The Use of Art in Trauma Therapy for Children and Adults

Alabama Counseling Association
P O Box 131425
Birmingham, AL 35213-1425

RETURN SERVICE REQUESTED



Counselors First: Advocacy to Unite the Profession

Please Note:
This is the Annual Conference Advanced Registration Form and Information.



Counselors First: Advocacy to Unite the Profession

53rd Annual Conference
November 20-22, 2019 Renaissance Montgomery Hotel and Spa at the Convention Center

You are cordially invited to attend the 53rd Annual Alabama Counseling Association Conference to be held at the Renaissance Montgomery Hotel and Spa at the Convention Center. The Conference once again promises to be an outstanding event with opportunities for you to hear noted national speakers, attend workshop content sessions presented by your peers and enjoy the renewal of friendships and the making of new ones. Mark November 20-22 on your calendar, send in your registration early, and join the 1300 counselors expected to attend this rewarding event.