



ALABAMA COUNSELING ASSOCIATION

2023 ANNUAL CONFERENCE
NOVEMBER 15-17, 2023

58th Annual Conference
BJCC
Birmingham, Alabama



58th Annual Conference Table of Contents

Message from ALCA President and Keynote Speakers	3-4
Conference Site Maps	5-8
Conference Schedule With Locations	9-12
Content Sessions - Wednesday	13-19
Content Sessions - Thursday	20-32
Content Sessions - Friday	33-34
Advertisements/Promotions	35-50
Sponsors	50
Exhibitors	51
Conference Evaluation	52-53
CE Form	54

Message from the ALCA President Dr. Tarmen Siaway



Welcome to the 2023 Alabama Counseling Association's Annual Conference. This year's theme is Strength Through Diversity. This will be a time to celebrate the diversity in our profession, in our members, and in the communities we serve.

During the conference I would like you to engage with your colleagues, network with new people, and share why your diversity impacts the work you provide for others. The various cultural backgrounds, specializations, and life experiences make our profession stronger as a whole and I look forward to celebrating these strengths.

Please stop by and see all the wonderful offerings and presentations of our sponsors and vendors. Also, stop by the Chapter, Division, and Affiliate tables to see what is happening in their areas. We will have over ninety-five professional topics for our content sessions. Dr. Edil Torres-Rivera, Dr. Graham Sisson, and Mr. Herbert Wilkerson will be our keynote speakers for Wednesday, Thursday, and Friday of the conference.

As in previous years, the conference will host the Graduate Student Poster Session, the New Member and First Time Attendee Reception, and the Graduate Student Reception. Our ALCA Awards Breakfast sponsored by The Alabama Home Builders Association will be held Wednesday morning, and a sponsored breakfast by the Alabama Council on Compulsive Gambling breakfast will be held Thursday morning. Again, come on out and support.

I invite you to stop by the photo opportunity stations set up around the conference. Capture these moments and share these memories with others. It is a lot of fun to take pictures with friends. Also, mark your calendar to attend the Thursday night "Celebration" Dance! The theme of this year's dance will be Celebrate your culture. Come dressed in whatever attire speaks to your culture or heritage.

Thank you for choosing ALCA! I understand that there are many other conferences where you can obtain your CE's and Professional Development, but we are so excited that YOU chose ALCA. I look forward to seeing each of you at the Conference.

Keynote Speakers



**Dr. Edil Torres Rivera,
ACA President,
Professor, Wichita State
University**

Dr. Edil Torres Rivera is a professor and Director of the Latinx Studies at Wichita State University, Kansas. He is interested in multicultural counseling, group work, chaos theory, liberation psychology, technology, supervision, multicultural counseling, prisons, Puerto Rican studies, identity development, and gang-related behavior. Specifically, his primary research focuses on complexity and how indigenous healing techniques are a necessary ingredient when working with ethnic minority populations in the United States. His work has appeared multiple journals and he serves on several editorial boards. Since 1995, Dr. Torres has presented papers at national and international conferences such as the American Psychological Association (APA), American Counseling Association (ACA), the Association for Counseling Education and Supervision (ACES), the Association for Specialists in Group Work (ASGW), National Latinx Psychology Association (NLPA), the American Educational Research Association (AERA), and the Interamerican Society of Psychology (SIP). His invited presentations include workshops in North Carolina, Washington, and New Hampshire. He is the recipient of the Best Group Research Article of the Year (March 2000), the National Defense Service Medal (February 1990), the Army Commendation Medal (November 1986), the Army Achievement Medal First Oak Leaf (August 1986), a fellow at the American Counseling Association as well as the Specialists for Group Work, and the Ohana Award for social justice (March 2004).

Keynote Speakers



**Dr. Graham L. Sisson, Jr.,
Executive Director -
Governor's Office on Disability**

My Disability - On June 27, 1982, I became a person with a disability when I was injured in a head-on motor vehicle collision with a drunk driver. As a passenger in the back seat, I suffered injuries to my spinal cord and a closed head injury, which caused me to be in a coma for over 8 weeks. I have used a wheelchair for mobility for more than 30 years due to being paralyzed below the waist. My Education - I am a 1987 summa cum laude graduate of the University of North Alabama with a B.S. degree in Accounting and minors in history and English. Additionally, I am a 1990 graduate of Vanderbilt Law School and have been a licensed attorney for over 26 years. I am a 2016 graduate of Auburn University with a PHD in Rehabilitation, Counseling, and Leadership. My Hobbies - I enjoy woodworking, scuba diving, and vegetable gardening, among other activities. My Personal Motto - Never give up, the sky's the limit. I will try my best to instill this belief in all aspects of the operation of GOOD as we attempt to assist people with all types of disabilities throughout the State of Alabama. Please do not hesitate to contact us.

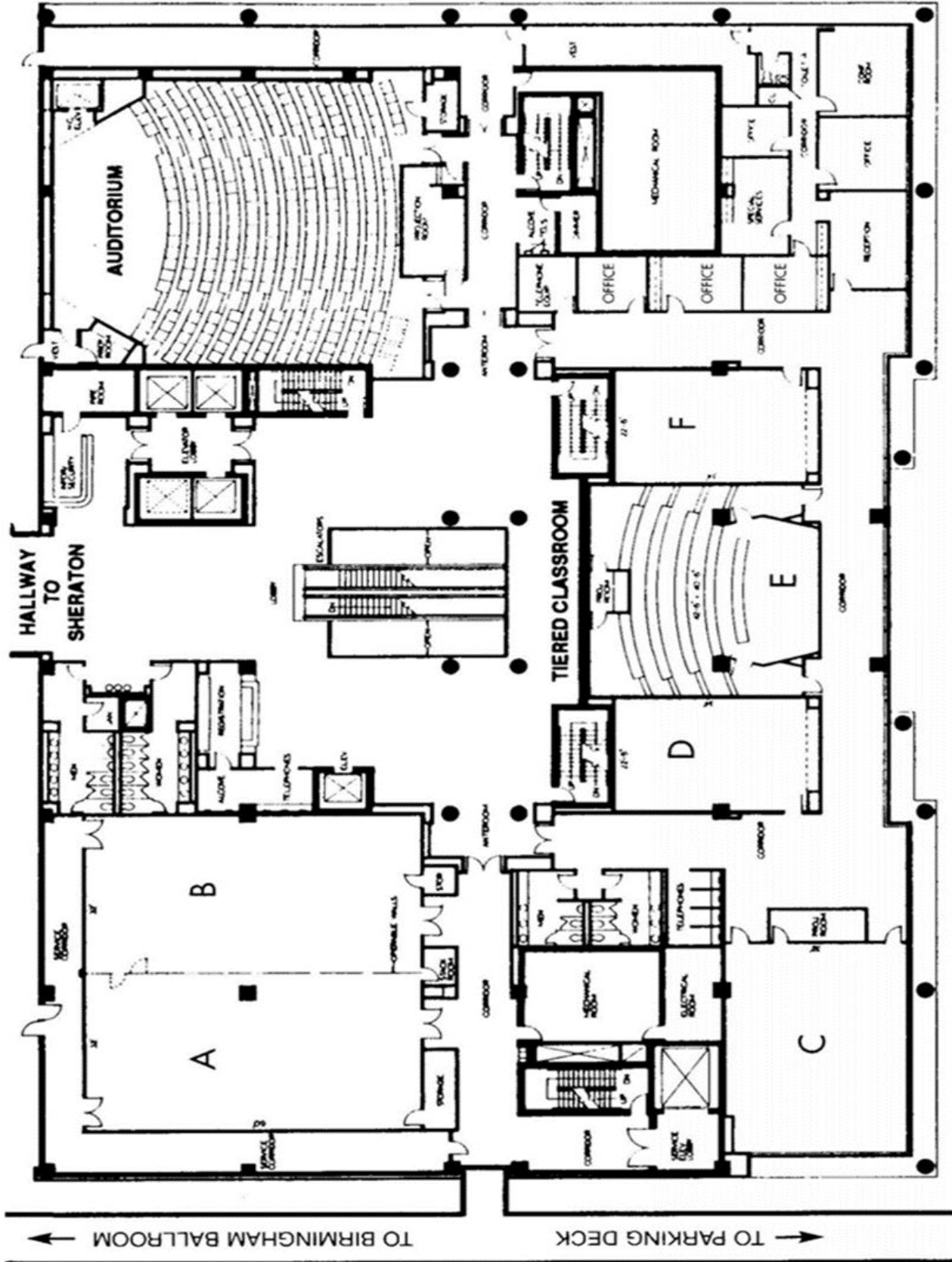


**Herbert Wilkerson, MS, LPC, JSOCC |
Director Student Multicultural and
Diversity Programs/Student
Experience
PHD Student Public Health-Health
Behaviors**

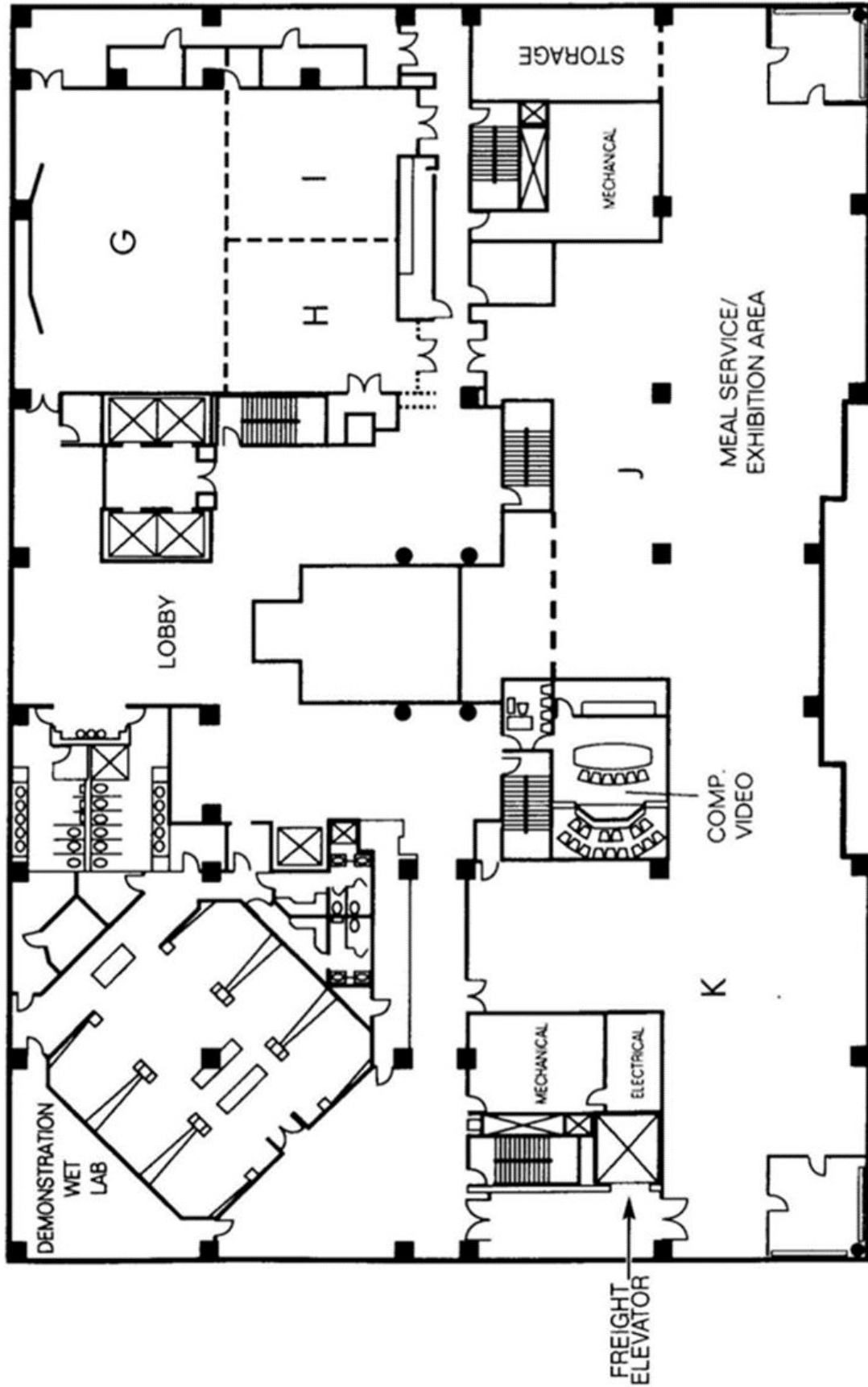
Herbert attended Jacksonville State University for his undergraduate and master's degree and is currently enrolled in a PhD. program at the University of Alabama at Birmingham. Herbert Wilkerson is a licensed professional counselor that has been in the mental health field nearly 20 years. He has a residential facility mental health tech, a social worker, and a therapist. Herbert has worked with in a variety of settings holding positions in leadership along the way. Herbert has worked with all ages in the counseling field and people with a variety of therapeutic needs. Most of his work has been in settings that serve the people society easily ignores. Herbert now works with college age students and is currently pursuing his PhD in Public Health- Health Behaviors and graduate certificate in Justice, Diversity, Equity and Inclusion. Herbert wants to explore the intersections social determinants of health, mental health and the person's identity to create systematic change. Herbert's main passion when it comes to his work is "genuine impact", he wants his work to be impactful and for it to always feel genuine. Herbert's motto is, "It's not about me" when it comes to serving his clients. Herbert is specifically passionate about mental health in the Black community, and other underserved populations, where the stigma towards mental health is a barrier to seeking help. Herbert wants to create a space for conversations about mental health that stretches beyond the typical conversation but to include the historical factors that have led to the current mental health challenges of the marginalized. Herbert believes that it is vital that complete health and well in being include the intersection of mental health, public health and DEI.

Conference Site Map and Plans

The Forum Conference Center Second Floor
Locations of Rooms A, B, C, D, E, F and Auditorium



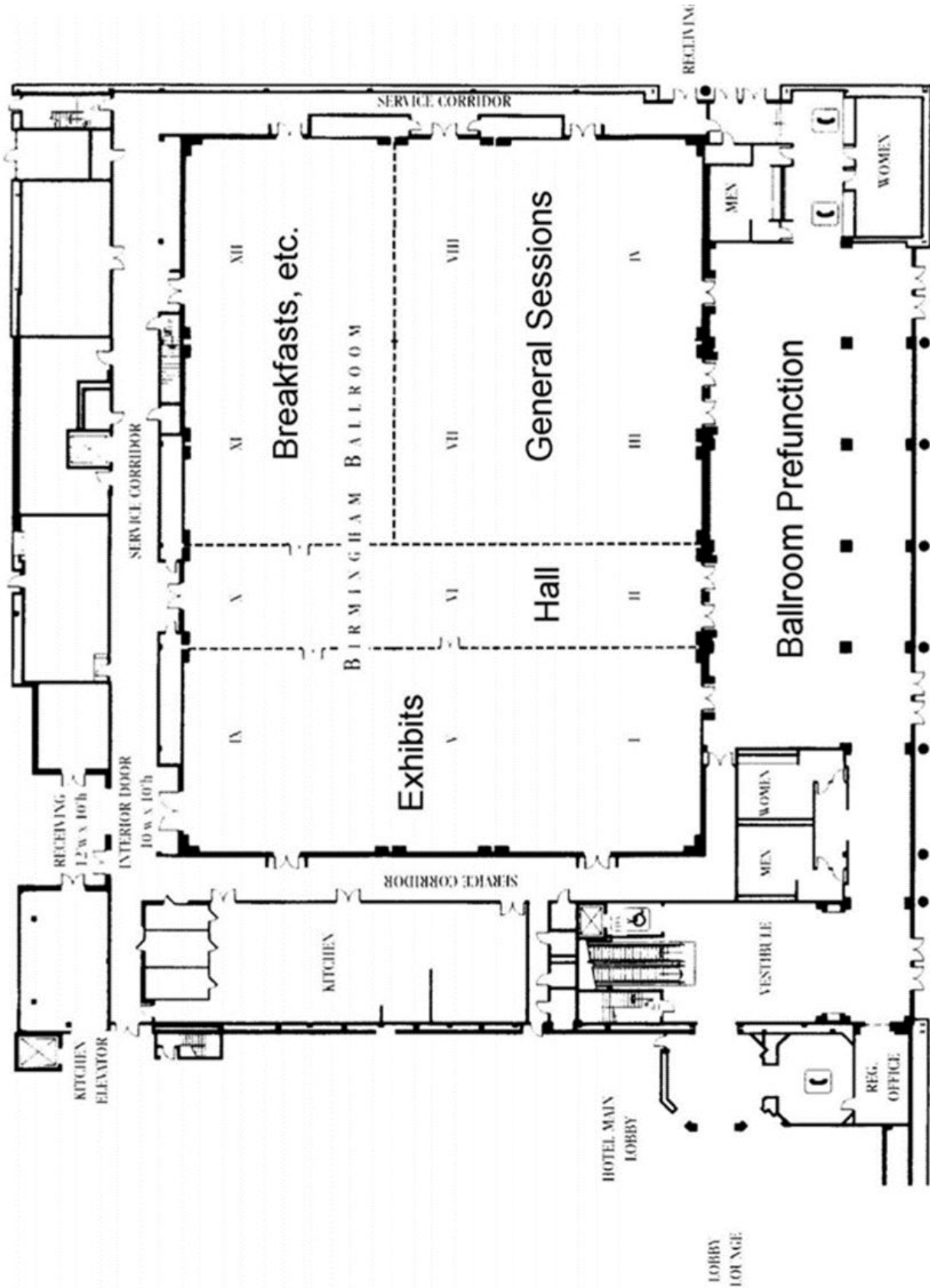
Conference Site Map and Plans
The Forum Conference Center Third Floor
Locations of Rooms G, H, I, J, and K



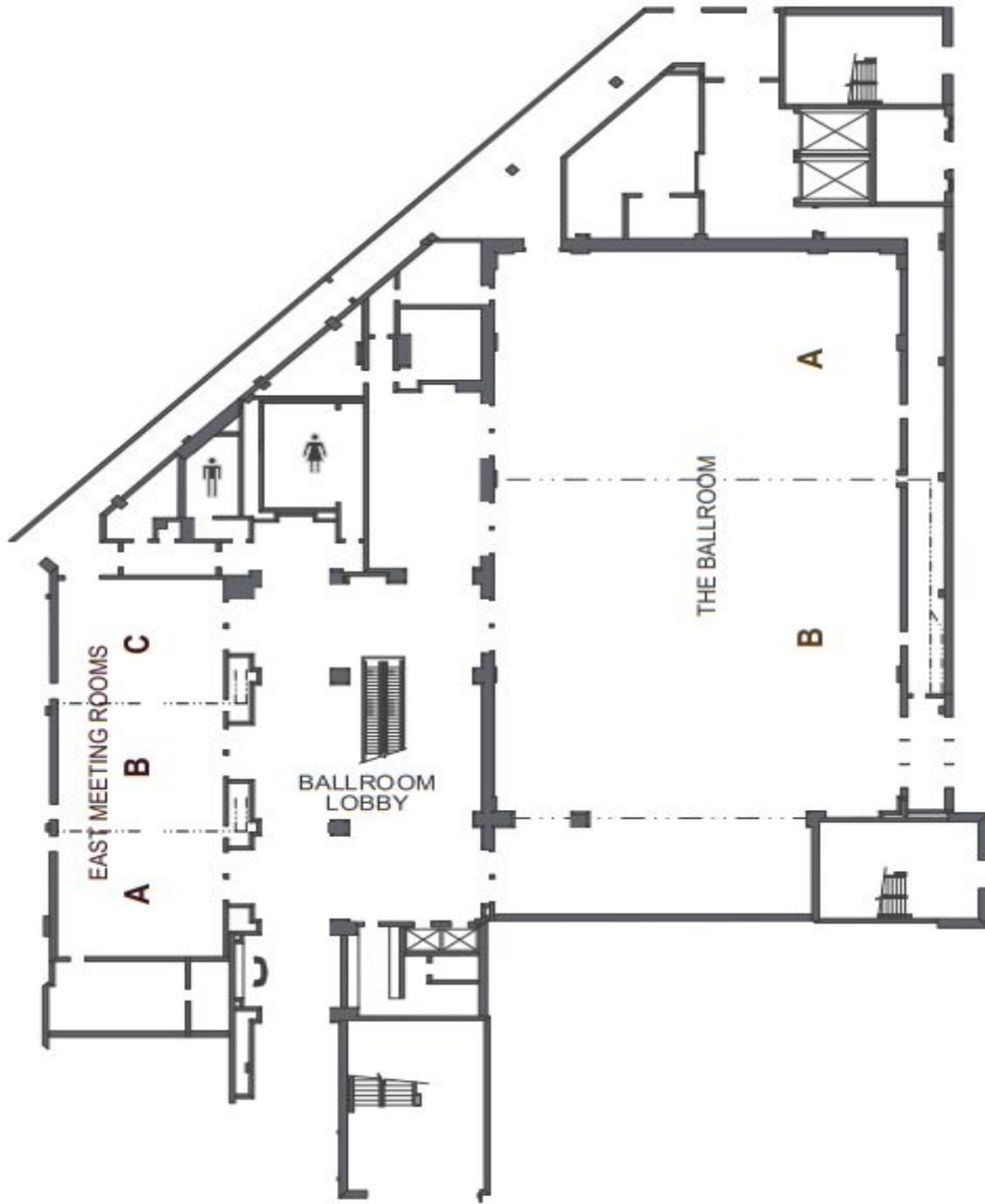
Conference Site Map and Plans

Sheraton Hotel

Locations of All Sheraton Birmingham Ballroom Venues



Conference Site Map and Plans
Birmingham Jefferson Convention Complex First Floor
Locations of East Meeting Rooms A, B, C in BJCC



2023 ALCA Annual Conference

Conference Times and Locations

Tuesday, November 14, 2023

<u>Time</u>	<u>Event</u>	<u>Location</u>
1:00 pm	Exhibit Setup Begins	Birmingham Ballrooms I, V, & IX
9:00 am-4:30 pm	Pre-Conference	Medical Forum A
3:00 pm-5:00 pm	Conference Registration	Birmingham Ballroom Pre-Function Area
6:00 pm-8:00 pm	ALCA Executive Council Meeting	Medical Forum B
8:15 pm-9:00 pm	President's Reception for Executive Council - Sponsored by ACT	President's Suite

Wednesday, November 15, 2023

<u>Time</u>	<u>Event</u>	<u>Location</u>
8:00 am-9:30 am	Awards Breakfast Sponsored by: Home Builders Association of Alabama Kory Boling, Representative Dr. Cindy Davis and Dr. Juanita Barnett, Awards Co-Chairs	Birmingham Ballroom XI & XII
8:00 am-4:00 pm	Conference Registration	Birmingham Ballroom Pre-Function Area
8:45 am - 5:00 pm	Exhibits	Birmingham Ballrooms I, V, & IX
10:00 am - Noon	Opening General Session Presiding: Dr. Tarmen Siaway, ALCA President Reflection: Shelia Wright-Dopson, ABEC National Anthem: Robbie Durr, ALCDA President Introduction of 2023-2024 Officers: Dr. Tarmen Siaway, ALCA President Recognition of Sponsors: Dr. Tarmen Siaway, ALCA President Recognition of Chapters: Dr. Tarmen Siaway, ALCA President Introduction of Keynote Speaker: Uduak Afangideh, Chapter VII member Keynote Speaker: Dr. Edil Torres Rivera, ACA President	Birmingham Ballrooms III, IV, VII, & VIII
1:30 pm-4:30 pm	School Counselor Roundup Presenters: Sean Stevens, Cathy Lankford, Dr. Monica Mack, Diana Virgil, Erika Leonard, Winnie Davis, Kim Crumbly, & Laura Rankhorn	Birmingham Ballroom XI & XII
1:45 pm-3:00 pm	Content Sessions	The Forum/East Meeting Rooms
3:00 pm-3:15 pm	Break Sponsored by: Sheraton Hotel	Birmingham Ballroom Pre-Function Area
3:15 pm -4:30 pm	Content Sessions	The Forum/East Meeting Rooms
4:30 pm-4:45 pm	Break Sponsored by: ALCA	Medical Forum

Wednesday, November 15, 2023

<u>Time</u>	<u>Event</u>	<u>Location</u>
4:45 pm-5:30 pm	ALCA Division/Affiliate Meetings ALAADA ALAAOC ALACES ALAMCD ALAMFC ALASERVIC ALASGW ALCCA ALCDA ALDARCA ALSAIGE ALMHCA ALSCA	Forum E East D Forum C Forum G East G East I Forum F East E Forum H Forum D Forum I East M Forum J-K
5:45 pm-6:30 pm	Chapter/Division/Affiliate Presidents and Presidents-Elect Meeting	Medical Forum A
5:45 pm-6:30 pm	New Members and First Time Attendees Celebration	Medical Forum B
6:30 pm - 7:30 pm	School Counselor Reception Sponsor: Bryant-Jordan Scholarship Program	Alabama Sports Hall of Fame

Thursday, November 16, 2023

<u>Time</u>	<u>Event</u>	<u>Location</u>
7:00 am-8:15 am	Breakfast Sponsored by: Thriveway	Birmingham Ballroom XI & XII
8:00 am - 3:00 pm	Conference Registration	Birmingham Ballroom Pre-Function Area
8:00 am - 4:00 pm	Exhibits	Birmingham Ballrooms I, V, & IX
8:30 am-10:15 am	General Session Presiding: Dr. Tarmen Siaway, ALCA President Recognition of Division/Affiliates: Dr. Tarmen Siaway, ALCA President Recognition of ALCA Past Presidents: Dr. Tarmen Siaway, ALCA President Introduction of Keynote Speaker: Shelia Holmes, Chapter VII member Keynote Speaker: Dr. Graham Sisson	Birmingham Ballrooms III, IV, VII, & VIII
10:15 am-10:30 am	Break Sponsored By: ALCA Chapters, Divisions, and Affiliates	Birmingham Ballroom Pre-Function Area
10:30 am-11:30 am	ALCA Retired Counselors Reception	President's Suite Room
10:30 am-11:45 am	Content Sessions	The Forum/East Meeting Rooms

Thursday, November 16, 2023

<u>Time</u>	<u>Event</u>	<u>Location</u>
11:45 am - 1:00 pm	Graduate Student Reception	East Meeting Room M
11:45 am - 1:15 pm	ALSCA Awards Luncheon	Medical Forum J-K
1:30 pm-3:30 pm	Graduate Student Poster Session Sponsored by: Isaac McPherson & Associates	Birmingham Ballroom Pre-Function Area
1:30 pm -2:45 pm	Content Sessions	The Forum/East Meeting Rooms
1:30 pm -3:15 pm	LPC/ALC Roundup Presenter: Keith Warren, ABEC Executive Director	Birmingham Ballroom XI and XII
1:30 pm-2:45 pm	New School Counselor Academy Presenters:Sean Stevens, Cathy Lankford, Dr. Monica Mack, ALSDE, and Stephanie Howard	Birmingham Ballroom III, IV, VII, & VIII
2:45 pm-3:00 pm	Break Sponsored by: ALCA Chapters, Divisions, and Affiliates	Medical Forum Area
3:00 pm-4:15 pm	Content Sessions	The Forum/East Meeting Rooms
3:30 pm-5:00 pm	Supervisor Roundup Sponsored by: ALMHCA/ALACES	Birmingham Ballroom XI and XII
4:15 pm-4:30 pm	Break Sponsored by Greater Birmingham Convention and Visitors Bureau	Birmingham Ballroom Pre-Function Area
4:30 pm-5:45 pm	Content Sessions	The Forum/East Meeting Rooms
4:30 pm-5:45 pm	ALCA Past Presidents Reception	President's Suite Room
5:45 pm-6:30 pm	Chapter Meetings/Receptions/Socials	
	Chapter I	Forum E
	Chapter II	Forum G
	Chapter III	Forum F
	Chapter IV	Forum A
	Chapter V	Forum C
	Chapter VI	Forum I
	Chapter VII	Forum B
	Chapter VIII	Forum H
	Chapter IX	Forum D
7:00 pm - Until	Dinner on your Own	
8:30 pm-11:00 pm	Diversity Celebration Dance Music by: "JAMM" Door Prizes donated by ALCA Chapters/Divisions/Affiliates and Exhibitors	Birmingham Ballroom XI, XII

Friday, November 17, 2023

<u>Time</u>	<u>Event</u>	<u>Location</u>
7:30 am- 8:15 am	Biscuit Breakfast	Birmingham Ballroom Pre-Function Area
8:30 am- 10:15 am	Business and General Session Presiding: Dr. Tarmen Siaway, ALCA President Introduction of Speaker: Torsten Dryden, Chapter V Keynote Speaker: Herbert Wilkerson What's Coming in 2024: Dr. Debbie Grant, ALCA President-Elect Closing Comments: Dr. Tarmen Siaway, ALCA President	Birmingham Ballroom I, V, VII, & IX
9:00 am-4:30 pm	Pre-Conference Day 2	Medical Forum A
10:30 am- 11:45 am	Content Sessions	The Medical Forum/East Meeting Rooms
10:30 am-11:45 am	Ethics Committee Meeting	Birmingham Ballroom I, V, VII, & IX
Noon - 1:00 pm	ALCA Conference Committee Meeting	

Content Sessions
Wednesday, November 15, 2023
1:45 pm - 3:00 pm

1. Introduction to Trauma-focused Cognitive Behavioral Therapy

Presenter: Alicia Crum

Location: Medical Forum H

This presentation will provide an overview of child trauma, common reactions to child trauma, an introduction to TF-CBT, and a review of TF-CBT components.

2. I Like Books and I Cannot Lie: A New Chapter in Bibliotherapy

Presenters: Amy Davis/Hope Bonitz/Cassie Parker

Location: East Meeting Room G

Tired of using the same old books for counseling? Presenters will share new and noteworthy books for child and adolescent therapy. Methods and techniques grounded in research-based approaches for bibliotherapy will be included.

3. Steps to Becoming a Kink Aware Therapist

Presenter: Andrea Echols

Location: East Meeting Room M

Have you ever been curious about working with kink clients or worked with kink clients and not felt competent? This session will help give you a starting point.

4. Improving Black Maternal Mental Health

Presenter: Anjanette Robinson

Location: Medical Forum C

This session explores best practice approaches to addressing black maternal mental health crisis in Alabama.

5. Career Counseling for Young Adults/Neurodivergent Clients

Presenter: Audrey Smith

Location: Medical Forum I

This course will explore techniques and tools to use in workforce development and career counseling for young adults and clients who are neurodivergent.

6. Maternal Muzzle

Presenter: Tamela Hughes

Location: Medical Forum D

The trend of silencing Black mothers has caused an increase in the mortality rate and the amount of maternal mental health issues that they face compared to their White counterparts.

7. Ethics of Peer Support and Self Work to Reduce Counselor Secondary Trauma

Presenters: Belinda Kock and Reggie Parker

Location: Medical Forum A (Virtual)

Using recent trauma informed data, along with our professional and personal experiences, we will discuss the ethical importance of peer support and self-awareness work in the counseling field, to reduce secondary trauma for therapists.

8. S.O.N.G. - A New Bio-Psycho-Social Spiritual Model for Conceptualization

Presenter: Brandon Snipes

Location: East Meeting Room A

Attendees will be introduced to a new bio-psycho-social-spiritual model for client case conceptualization: S.O.N.G. (Self, Others, Nature, God). Special attention will be given to scholarly research, diversity considerations, and clinical applications.

9. Strategies and Techniques for Supervising School Counselors

Presenter: Daniel Birdsong

Location: East Meeting Room B

Do you supervise school counselors? If so, this session is for you! Participants will learn how to support school counselors' clinical and professional development within the context of comprehensive school counseling.

10. Breathe for Change, Mindfulness, SEL, and Yoga Practice

Presenter: Celeste Neil

Location: Medical Forum F

Breathe for Change is on a mission to enhance the collective well-being of educators, students, and entire communities equipping educators with SEL strategies, mindfulness tools and yoga practices that transform school communities.

11. Black Families and Body Image: The Need for a Holistic Understanding

Presenter: Charlece Bishop

Location: East Meeting Room D

Extensive studies focus on body image and its consequences on mental health. Unfortunately, a scarcity of research examined body image within the context of Black families' experiences.

12. Coding and Billing for Psychiatry and Outpatient Mental Health Providers

Presenter: Cindy Hooper

Location: Medical Forum G

Mental health services require distinct and complete documentation from clinicians as well as accurate diagnosis and procedure code assignment to support compliant claims billing.

SCHOOL COUNSELOR ROUNDUP

Wednesday, November 15, 2023
1:30 pm - 4:30 pm

Location: Sheraton Ballroom XI, XII

Sponsor: ALSCA

1:30 - 2:15 pm

All Levels

Sean J. Stevens, M.Ed., Program Coordinator
Cathy Lankford, M.S.Ed., Education Specialist
Monica Mack, Ph.D., LPC, NCC, CCSP, Education Specialist
Instructional Services, Alabama State Department of Education

2:15 - 3:00 pm

High School

Diana Virgil, Ph.D., ACSC, NCC, NCSC,
School Counselor Daleville High School,
Daleville City Schools

3:00 - 3:45 pm

Middle/Junior High School

Erika Leonard, M.A., NCC, School Counselor
Berry Middle School, Hoover City Schools
Winnie Davis, M.A., LPC, RPT, NCC, NBCT, School Counselor
Simmons Middle School, Hoover City Schools

3:45 - 4:30 pm

Elementary School

Kim Crumbley, M.Ed., School Counselor Parkside Elementary School,
Cullman County Schools
Laura Rankhorn, Ed.S., School Counselor Good Hope Middle School,
Cullman County Schools



13. Modern Day Integration Experiences of Black College Counseling Center Directors and Administrators at PWI's

Presenters: LaTonya Graham, Vincent Hinton,
C
Phyllis Lewis, and Wyetta Burns

Location: East Meeting Room C

This presentations includes a panel discussion about the modern day experiences of Black College Counseling Directors and Administrators hired at southern Predominantly White Institutions.

14. Hope to Heal: Breaking the cycle of Childhood Trauma

Presenters: Christa Stephens and Jared Hood

Location: Medical Forum B (Virtual)

How can we give a child hope to heal? Join our session to learn impactful techniques designed to give children the space to learn, grow, and, most importantly, to heal.

15. Pixelated Personas: Video Game Characters and Their Impact on Identity

Presenter: Chris DaSambiagio-Moore

Location: East Meeting Room I

This session explores the intersection of video game character creation and identity development, illuminating how virtual role-play can influence and reflect our real-world self-concepts.

Content Sessions
Wednesday, November 15, 2023
3:15 pm - 4:30 pm

16. Using Mandalas for Counselor Self-Care, Compassion, Reflection, and Vitality

Presenter: Chippewa Thomas

Location: Medical Forum F

Sharing the utility of mandalas as mindful self-care reflexive practice for counselors. Symbolically a circle of wholeness, mandalas as can be used to process awareness, promote insight, self-discovery, and contribute to personal and professional vitality.

17. Enhancing Supervision and Professional Resilience Through Polyvagal Theory

Presenter: Connie Couch, Daniel Birdsong, James Jackson

Location: Medical Forum H

Polyvagal Theory provides a framework for understanding the nature of one's stress response system. When attended to in supervision, such understanding allows supervisors and supervisees to formulate professional resilience plans.

18. Enneagrams in the Workplace: How to Build Authentic Connection

Presenters: Courtney McKinney and Becca Poe

Location: Medical Forum C

In this session, we will increase self-awareness by diving into enneagrams and recognizing how this can be applied within the workplace.

19. Promoting Positive Early Relationships: An IECMH Team Based Approach

Presenter: Dallas Rabig

Location: Medical Forum G

The development of an IECMH system of care that supports collaborative efforts between state, community, faith-based, and higher education organizations, improves equitable access to quality care for all Alabama children and families.

20. Not Nice: Helping Clients Overcome People Pleasing Tendencies

Presenter: Dana Hampson

Location: East Meeting Room A

Join Dana as she uses the book "Not Nice" to learn strategies to help clients who struggle with people-pleasing show up more authentically in their lives.

21. Executive Functioning Skills - Resources to Help Students

Presenter: Casey Lancaster

Location: Medical Forum I

Description of executive functioning skills & how deficits in these skills impact student academic performance & behavior.

22. Paradoxical Approaches in Counseling: "Failing" to Succeed

Presenter: Darrell Manning

Location: Medical Forum D

Advanced paradoxical techniques will be presented addressing such issues as resistance, cognitive dissonance, transference, marital issues, behavior problems, anxiety, depression, sexuality/gender identity issues, substance abuse, and crisis intervention.

23. Future Counselors: An Investment

Presenters: Dawn Rayburn and Morgan Isom

Location: East Meeting Room I

An informative session on the important aspects of the school counselor supervisor-supervisee relationship and practical information that is essential to be taught/learned during the internship from the experience of a former supervisor-supervisee.

24. The Lived Experiences of Students with Disabilities in Counseling Programs

Presenters: Denise Bozek and Rachael Estes

Location: East Meeting Room C

Focuses on training of students with disabilities in counseling programs, exploring the challenges faced by counselors with disabilities, providing inclusive training methods, accessible learning environments, and supervision that promotes professional growth.

25. Broken Heart Syndrome: A Tsunami Challenge for Counselors/Ethical Dilemma

Presenter: Doris Vaughans

Location: Medical Forum A (Virtual)

This session will help you understand this mental health phenomenon. Accurate and ethical case conceptualization of clients can literally save lives. Case review: A comprehensive look at why my client died and what I wish I'd known and done.

26. "Behind the Resistance" Working with the Resistant and Unmotivated Client

Presenter: Jeremy Smith

Location: East Meeting Room E

Is it us or is it them? Improving skills in working the client that often makes us question ourselves.

27. TransAlabama: Counseling Transgender and Gender Expansive Youth in Alabama

Presenters: Elysia Ergle and Lacy Pezzanit

Location: East Meeting Room G

This presentation explores challenges facing gender non-conforming youth and the roles a counselor plays in helping.

28. Students with ADHD: Implications and Interventions

Presenters: Emma Quadlander-Goff and
Madeline LaPolla

Location: Medical Forum B (Virtual)

Students with ADHD struggle with problems in education; COVID19 impacted the learning experiences of those with ADHD. Implications and effective interventions that alleviate ADHD symptoms in the classroom (face-to-face and online) will be discussed.

29. Treating Sexual Addiction and Compulsivity

Presenter: James Prince

Location: East Meeting Room B

Can people really be addicted to sex or porn, or is it just a lack of self-control? Come explore the proper assessment and treatment of this growing problem

30. Reflections: Positive Ethics in Counseling from the ACT Perspective

Presenter: Stephen Killen

Location: East Meeting Room M

This presentation will explore how we can use various frameworks to explore our calling to be ethical practitioners.

Content Sessions
Thursday, November 16, 2023
10:30 am - 11:15 am

31. Principle Perceptions About the Use of Play Therapy in Schools

Presenters: Amy Davis and Korinne Babel

Location: Medical Forum B (Virtual)

What do school administrators think about the use of play therapy in schools? Current research on administrator's perceptions and tips for advocating for the use of play therapy techniques in your school will be shared.

32. S.T.R.E.N.G.T.H.: Compassion Based Treatment for Court Ordered Girls

Presenters: Anjanette Robinson and Toyeya Tucker

Location: Medical Forum F

A look at the Strong Girls Program's use of the STRENGTH Model approach to serving girls in the juvenile justice system.

33. Comorbidity of PTSD and OCD in Adults

Presenters: Emma Quadlander-Goff and Mickey Turner

Location: East Meeting Room G

This presentation will describe the overlap in symptoms and severity of PTSD and OCD in adults along with suggestions for diagnosis and assessment of these disorders.

34. Strategies and Skills for Being Successful in a Doctoral Program

Presenters: Heather Delgado, Jamie Carney,
and Malti Tuttle

Location: Medical Forum D

This panel presentation of current doctoral students and faculty will provide information on making decisions to enter a doctoral program, successfully navigating a doctoral program, and making decisions about mentoring and professional development.

35. Getting Off the Drama Triangle

Presenters: James Prince and Teresa Prince

Location: Medical Forum I

Learn to identify the intrapersonal and interpersonal games we play that lead to miscommunication and the compassionate way to exit the game and move into relationships with more understanding, connection, and happiness.

36. The Importance of Attachment in Early Childhood Mental Health

Presenter: Jamie Hill

Location: Medical Forum A (Virtual)

Healthy attachment to a safe and consistent caregiver is vital to every child's early social and emotional development. This session is an overview of how attachment forms, what it does/looks like and how to improve unhealthy attachment in young children.

37. Laying the Foundation for Healing: Simple EMDR for Kids

Presenter: Jared Hood

Location: East Meeting Room D

Don't be intimidated by EMDR! You can learn simple tools to integrate into your work with children and teens right now that will aid in long-term healing from trauma. Come join this fun, engaging dialogue.

38. Building Resilience: Working with Victims and Perpetrators of Violence

Presenters: Elizabeth Dennis and Rachael Estes

Location: Medical Forum E

This presentation will describe the overlap in symptoms and severity of PTSD and OCD in adults along with suggestions for diagnosis and assessment of these disorders.

39. Unmasking Autism in Adults and Adolescents

Presenters: Jessica Penot

Location: Medical Forum G

This presentation will focus on exploring the history of autism spectrum disorder and the new treatment perspectives for adolescents and adults with ASD.

40. Navigating Grief with School-Aged Children

Presenters: Juanita Barnett and Jazmine Thompson

Location: Medical Forum C

Presenters will talk about the impact of grief on faculty, staff, and students in the school setting, when the loss is within the community. Age appropriate techniques, interventions, best practices, and cultural considerations to be discussed.

41. Maximizing the Supervisor/Intern Relationship

Presenters: Kate Wellborn and Buckley Freeman

Location: East Meeting Room B

In school counseling, the supervisor/supervisee relationship involves a collaborative dynamic where the supervisor provides guidance, feedback and support to the supervisee, who gains valuable experience and develops their counseling skills under supervision.

42. Don't Crucify the Couch

Presenter: Katesha Reid

Location: East Meeting Room A

Learn how to help clients, clergy, and the community work through their religious based stigmas.

43. Treating Eating Disorders in a Virtual Setting

Presenters: Katherine Barker, Angela Dainas,
and Sara Mischler

Location: East Meeting Room M

This presentation focuses on evidence-based practices to treat eating disorders in a virtual setting.

44. Traumatic Brain Injury and Mental Health Therapy

Presenter: Katie Beaugez

Location: East Meeting Room I

This course is designed to educate clinicians about working with clients who have survived traumatic brain injuries. The course will cover general information about traumatic brain injury and treatment implications for this population.

45. Nostalgia: An Existential and Adlerian Resource

Presenter: Keith Huffman

Location: East Meeting Room C

Researchers have revealed nostalgia's self, social, and existential effects. This insight is helpful for counselors, who can use nostalgia to gain greater perspectives of client's multicultural experiences, particularly from existential and Adlerian contexts.



ALCA GRADUATE STUDENT RECEPTION & GRADUATE STUDENT POSTER SESSION

Reception: Thursday, November 16, 2023,
11:45 am - 1:00 pm

Location: East Meeting Room M

Poster Session: Thursday, November 16, 2023,
1:30 pm - 3:30 pm
Location: Birmingham Ballroom Pre-Function Area



Isaac McPherson & Associates

Thank you for supporting the reception and graduate student poster session!

★ For questions about the poster session, contact Vincent D. Hinton at vincentdhinton@yahoo.com or Dr. Latonya Graham at drlmgraham@gmail.com

Content Sessions
Thursday, November 16, 2023
1:30 pm - 2:45 pm

46. Self-Harm and Suicide: When It Hits Home

Presenter: Kelli Muncher

Location: East Meeting Room A

We know protocol, but what if it is our child? Does the approach change? How do we help our own children and be successful counselors whilst coping with our own feelings of inadequacy?

46 a. Understanding Burnout and Its Correlates Among Rehabilitation Counselors

Presenters: Rodney Maiden, Junfei Lu,
and Necoal Driver

Location: East Meeting Room C

This study explored burnout of rehabilitation counselors using the Counselor Burnout Inventory; and examined the differences in burnout symptoms by gender, race, work experience, certification status, caseload, and quality of supervision.

47. The Basics of Trauma Informed Care for School, Agency, and Private Practice

Presenter: Kelly Arant

Location: East Meeting Room I

Does treating trauma overwhelm you? Come learn the basics of trauma informed care in this beginner, interactive training. Walk away with a clear understanding of evidence and practice based protocols and lots of resources.

48. Closer Than a Brother: The Power of an Ally

Presenter: Kezziah McDaniel

Location: East Meeting Room G

Identifying the differences in various social connections and the importance of these relationships in preventing suicide.

49. Introducing the New 2023 NBCC Code of Ethics and Other Updates

Presenters: LaTonya Graham, Chris Clark, Madelyn Caldwell, Location: Medical Forum A (Virtual)
Veronica Davis, Articia Hunter, and Jacques Austin

This presentation introduces participants to the new 2023 National Board of Certified Counselors Code of Ethics, common violations, and insight about the process of providing updates to the current code, and the inclusion of legal support and advocacy.

50. Understanding Complex Post Traumatic Stress Disorder and Treatment

Presenter: Laura Anderson

Location: East Meeting Room B

Complex Post Traumatic Stress Disorder is a developmental form of PTSD that typically originates in early childhood due to abuse or neglect. C-PTSD can also manifest as a result of Relinquishment Trauma resulting from adoption or preterm birth/hospitalization.

51. Success Teams: Student Mentoring Program That Works!

Presenters: Laura Holley and Traci Pearson

Location: Medical Forum B (Virtual)

Success Teams is a data-driven way to support students who may not otherwise graduate. Attendance, behavior, grades, and connectedness data steers this mentoring program and focuses on building relationships.

52. She Works Hard for the Money: Black Women in the Workplace

Presenter: Lauren Packer

Location: Medical Forum F

The perception of Black women in the workplace is negative. This presentation will examine Black women in the working world and how they are perceived.

53. Professional Advocacy Through Service: Leadership Opportunities in ALCA

Presenter: Monica Motley

Location: East Meeting Room M

ALCA Emerging Leaders will share their journeys to leadership. This session will offer practical advice for those interested in becoming actively engaged with our professional organization.

54. Mental Health Literacy and Efficiency Within Our Schools

Presenters: Nisha Warbington, Kelly Owenby,
and Debbie Grant

Location: Medical Forum H

This presentation will use current research conducted by the presenters to outline a model for teaching teachers, administrators, and other school professionals to be more aware of how mental health impacts classroom learning, climate, and culture.

55. Emotional Maturity vs. Emotional Immaturity & Its Impact on Conflict

Presenter: Susan Kirkland

Location: Medical Forum C

The purpose of the presentation is to inform counselors how emotional maturity or the lack thereof impacts conflict resolution. If it appears that the conflict is continuous it more than likely can be contributed to one's lack of understanding.

56. Fostering and Engaging in Leadership Within the Counseling Profession

Presenter: Lindsey Harrell Stokes

Location: Medical Forum D

This presentation will discuss how to engage in leadership including advocating for clients, engaging in the counseling community & professional organizations. A variety of leadership approaches & strategies to foster leadership development will be discussed.

57. Postvention Intelligence Framework Assessment: Evaluating Mental Health for Self, Others and Organizations

Presenter: Mary Bartlett, John Hinck,
and Steven Davis

Location: Medical Forum G

Given the continued increase of suicide, development of the Postvention Intelligence Framework and Assessment (PIFA) provides a healthy way of educating professionals to talk about postvention and reduce the stigma of asking for help.

58. ESCAPE ROOMS: Can You Find Your Way Out?

Presenter: Poppy Moon

Location: Medical Forum I

Learn how to create awesome escape rooms in your counseling program! In escape rooms, students are actively engaged with their class or small groups while working to solve counseling related puzzles.

59. Postvention is Prevention: The Uniqueness of Leading a Suicide Loss Group

Presenter: Belinda Kock

Location: Medical Forum E

Suicide survivors face a unique type of grief and are at a higher risk of complicated grief. It takes a well-trained facilitator to provide a trusting safe space for these unique mourners to find hope and healing in a group setting.

60. Ethical Mindfulness Counseling: Consent, Spirituality, and Consciousness

Presenter: Keli Brothers

Location: East Meeting Room E

This presentation will provide information to ethically practice mindfulness counseling through competence with mindfulness techniques and thorough informed consent that addresses the components of spirituality and states of consciousness in mindful exercises.

Thursday, November 16, 2023

1:30 pm - 3:15 pm

ALC/LPC Roundup

Presenter

Keith Warren, ABEC Executive Director
ABEC Staff and Board Members

Location: Sheraton Ballroom XI, XII

Sponsor: ALMHCA

LPC's and ALC's will gather to discuss important issues in counselor licensing, supervision, and practice.

Thursday, November 16, 2023

1:30 pm - 2:45 pm

New School Counselor Academy

Presenters

Sean Stevens, Program Coordinator
Cathy Lankford, Educational Specialist
Dr. Monica Mack, Educational Specialist
Stephanie Howard

Location: Birmingham Ballroom III, IV, VII, and VIII

Sponsor: ALSCA

Thursday, November 16, 2023

3:30 pm - 5:00 pm

Supervisor Roundup

Location: Birmingham Ballroom XI & XII

Sponsor: ALMHCA & ALACES

Dr. Siaway, ALMHCA, and ALACES have worked together to create an event to facilitate making connections between ALC's and supervisors at this year's conference. This will be a time where ALC's can meet and talk with supervisors with the goal of securing a supervisor for their licensure. We are expecting to have at least 30 supervisors to be present for ALCs to be able to meet with on this occasion.

Content Sessions
Thursday, November 16, 2023
3:00 pm - 4:30 pm

61. What About the Caregivers: Providing Support for Caregivers in Child Trauma

Presenters: Margaret Taylor and Tori Young

Location: Medical Forum C

When a child experiences trauma, counseling is often focused on the child, while little time is focused on the caregiver. Attending to the caregiver can decrease caregiver trauma and increase trauma resiliency in the child.

62. Let Me HELP (Halt Destructive Behaviors, Educate, Love, Prepare)!

Presenters: Lisa Butler and Billie Miller

Location: Medical Forum H

This presentation will empower school counselors by teaching strategies to halt destructive behaviors, fostering education among peers, cultivating self-love, and emphasizing the importance of preparedness. Together, we can create positivity in our schools!

63. Skin Eruptions, Anxiety, and Fairy Tales

Presenter: Mary Elaine-Gamel Rasco

Location: East Meeting Room A

Using a folk or fairy tale to assist clients who experience skin eruptions as part of their stress reaction and anxiety.

64. Working with Personality Disorders: Ethical Considerations

Presenter: Maya Bailey

Location: Medical Forum A (Virtual)

Personality Disorders are often the most challenging cases. During this presentation, you will understand how to approach treating personality disorders from a trauma informed perspective, resisting compassion fatigue and countertransference.

65. The Storm: Children and Adolescents Experiencing Trauma and Grief

Presenter: Michelle Crumbly

Location: Medical Forum B (Virtual)

Recent studies try to find causes for the rise of anxiety and depression among children and teenagers, but common contributors that are sometimes overlooked are trauma and grief.

66. Leadership Diversity: Exploring Intentionality Through Vulnerability

Presenters: Vincent Hinton and Monica Mack

Location: East Meeting Room B

The content session is designed to explore leadership through the lens of diversity. The facilitators will take a deep dive by incorporating real conversations to discover your leadership style, fit and truth.

67. The Power of Attachment: Better Couples Therapy Using EFT

Presenters: Michelle Pruett, Tyana Alexander,
And Alefyah Taqui

Location: Medical Forum F

Research demonstrates that EFT (Emotionally Focused Therapy) helps couples achieve lasting positive change. In this workshop, attendees will be given an overview of the model and how it helps therapists successfully navigate couples sessions.

68. Art for Health

Presenter: Millie Dawson-Hardy

Location: Medical Forum D

Does it make you feel calm to color or do you crave a creative outlet in your life? In this presentation we will talk about art therapy, what it is and how it can be used in therapy as well as do a few exercises ourselves!

69. Suicide and Me: How I Coped When Life Imitated Work

Presenter: Leslie Phillips

Location: Medical Forum G

Counselors see suicidality in practice. What happens when it occurs in your own family? How do you address your own mental health and also practice ethically? Leslie will share her story as she navigated this and discuss the ethical implications.

70. Let's Talk College: Involving Students and Parents in the Process

Presenters: Nancy Wolfe and Lacey Guthrie

Location: East Meeting Room M

Easy and innovative tools to enhance college planning programs at the high school level. Enhance your program with outreach ideas and materials designed to educate parents and students about the college planning process.

71. Addressing the Stigma of Mental Health Care in the Black Community

Presenter: Nieshia Brown

Location: East Meeting Room G

The presentation will define most common types of mental illness. It will also explore misconceptions learned and spread about mental health in the Black Community. It will also explore ways to better understand this stigma and ways to help clients to overcome.

72. Treating Substance Use Disorders and Eating Disorders

Presenter: Leslie Plaia

Location: East Meeting Room C

Through lecture and group discussion, this presentation aims to provide education on the relationship between substance use disorders and eating disorders while also giving tangible ways to address the two issues together.

73. Tension Rising-Tension Falling: The Rhythm of Addiction

Presenter: James Prince

Location: Medical Forum E

Treating addiction can feel like a constant game of whack-a-mole. Come learn why it is not about one substance or process, but how we use them to manipulate our neuropathways for comfort.

74. What is the Bravest Thing You Ever Said?

Presenter: Poppy Moon

Location: Medical Forum I

Counselors will learn how to use the life lessons from the delightful book *The Boy, The Mole, the Fox and the Horse* by Charlie Mackesy in their counseling practice.

75. Overcoming Fears Related to Group Therapy

Presenters: Briana Leavigne and Belinda Kock

Location: East Meeting Room D

This session will discuss methods to overcome fears related to facilitating group therapy in addition to the role of self-awareness and facilitation skills in the therapeutic environment.

Content Sessions
Thursday, November 16, 2023
4:30 pm - 5:45 pm

76. Legal and Ethical Considerations When Counseling Children

Presenters: Robyn Simmons, Shannon Treadwell,
and Lauren Majesty-Randall

Location: East Meeting Room B

In counseling children, it is critical for the clinician to be aware of specific ethical considerations and legal issues in working with minor clients. The focus of this workshop will be working with children and families in an ethically responsible manner.

77. Understanding Problematic Sexual Behavior in Youth

Presenter: Sekeria Bossie

Location: East Meeting Room C

Problematic sexual behaviors impact the lives of children and families. It is important that clinicians understand the characteristics of PSB, the impact of PSB on families and current evidenced based practices used to treat PSB in youth.

78. Trauma-Informed Family-School Engagement

Presenters: Shannon McCarthy and Dayna Watson

Location: Medical Forum B (Virtual)

This presentation will focus on helping school-based personnel understand childhood trauma through a family systems lens. Attendees will learn specific interventions to use to understand and partner with families whose children have experienced trauma.

79. Facility Dogs in a School Setting

Presenter: Stefanie Cook

Location: East Meeting Room A

Learning how to successfully implement licensed facility dogs into a school setting. Understanding the roles, responsibilities, legality concerns.

80. Trauma + School = An Equation for School Counselor Action

Presenters: Stephanie Allen and Sadie Sturdivant

Location: East Meeting Room M

What happens at home doesn't stay at home. This session addresses how trauma impacts student learning. School Counselors will gain practical tools to implement research-based strategies and advocate for trauma-informed practices.

81. Playing With Purpose: Therapeutic Gaming as a Tool for Self-Discovery

Presenters: Stephen Killen, Paul Tumer,
and Millie Dawson-Hardy

Location: Medical Forum H

This presentation will teach you how to use games to stir imaginations, build teamwork, and give a creative outlet to solving problems both in individual and group settings.

82. Unpack: The Impact of Colorism Among Young Black Girls

Presenter: Linda Holloway

Location: Medical Forum C

This presentation is designed to speak about colorism and the psychological impact it has Among young Black Girls. The presenter will demonstrate how she uses her children's book- " Little Miss Speaks About Diversity" to address this topic.

83. We're All in This Together: Sharing Responsibility for Students' Development

Presenter: Logan Garner

Location: Medical Forum D

Building student social and emotional skills isn't a one-person job. Join us as we share ways to increase school-wide collaboration to support implementation at the classroom level and throughout the school.

84. Private Practice: Making Money the Ethical Way

Presenters: Tammy Montgomery and Michelle Crumbly

Location: Medical Forum A (Virtual)

Building a private practice can seem quite challenging and taxing. But with the right ethical guidelines and business procedures it can be very rewarding.

85. Betrayal/Infidelity: It's Impact on the Family

Presenter: Teresa Prince

Location: Medical Forum I

We will explore the impact of problematic sexual behavior on the family system, learn the difference between betrayal trauma and codependency, and discuss what the children do with the information or lack thereof.

86. A 20 Year Review of School Counselor Roles in Alabama

Presenters: Michelle O'Campo, Heather Fye
and Joy Burnham

Location: East Meeting Room I

This presentation will review findings from a study aimed at examining shifts in roles of school counselors in Alabama during a 20-year period and how the roles relate to the ASCA National Model

87. Aspiring Cultural Humility: Crashing Barriers with Cross-Cultural Supervision

Presenters: Yulanda Tyre and Jennifer Guffin

Location: Medical Forum E

This session will explore cross cultural supervision pairing in multicultural competence training. Supervisors will gain skills and techniques to support challenging cultural assumptions, communication styles, attitude, and value conflicts in their practice.

88. Career Exploration for Persons with Intellectual Disabilities

Presenter: Yvette Getch

Location: Medical Forum F

Many counselors have limited experience providing career counseling for persons with intellectual disabilities. Appropriate use of career assessments, counseling techniques, and strategies for career exploration will be presented.

89. Distress in the Relationship: Personality Disorders and Attachment Styles

Presenters: Madeline LaPolla and Claire Hebert

Location: East Meeting Room D

The presentation explores the relationship between Personality Disorders, attachment styles, and interpersonal relationships from a counseling practitioner perspective. Information on clinical interventions will be provided.

90. Composed in the Midst of Chaos

Presenter: Reggie Parker

Location: East Meeting Room G

Interactive session on the proper use of de-escalation skills amid chaos. Review of reactions, leadership, and interagency collaboration will be included, along with strategies to better empower counselors to work methodically amid chaos.

Content Sessions
Friday, November 17, 2023
10:30 am - 11:45 am

91. Now Trending: Teenagers and Mental Health

Presenter: Lauren Packer

Location: Medical Forum B

The teen mental health crisis has gotten increasingly worse. This presentation will explore trends in teen mental health and solutions for caregivers to assist in promoting their mental health.

92. (In)Tolerating Uncertainty and Anxiety in College with Spirituality

Presenter: Madeline Lapolla

Location: Medical Forum C

The presentation examines the relationship between intolerance of uncertainty, anxiety, and spirituality, specifically within an undergraduate population, and provides clinical implications for such.

93. Right Brain Supervision: Creative and Reflective Strategies for Supervisors

Presenters: Robyn Simmons, Kate Johnson,
and Brooke Murphy

Location: Medical Forum D

Expressive arts in supervision encourages growth and insight for supervisor/supervisee. This experiential session is focused on creative and reflective supervisory interventions to assist with conceptualization, self-care, and professional identity.

94. Navigating Neurodivergence

Presenter: Stephen Killen

Location: Medical Forum E

A presentation explaining the basic principles of neurodivergence and our relationship to it as clinicians. We will discuss evidence for neurodivergence as well as some best practices related to it.

95. Building a Resilient Individual in the Aftermath of Trauma and ACE

Presenter: Wesam Shash

Location: Medical Forum F

This proposal presents a brief description and explanation of how trauma and ACE affects the brain, the appropriate training and levels of therapy to calm the anxious brain, and how to build resilience back after trauma to increase hope.

96. Nurturing Wellness: Enhancing Counselor Well-Being Through Supervision

Presenters: Yulanda Tyre and Kaitlin McIntosh

Location: Medical Forum G

Counselors experience a wide range of traumas through the counseling relationship and often report feelings of burnout. Supervisors can help promote counselor wellness using specific assessments and techniques from the wellness wheel during supervision.

97. Tickled or Tik Tok'd: Body-Esteem Challenges in the Tik Tok Era

Presenters: Rachael Estes and Emma Shaw

Location: Medical Forum H

This presentation will increase awareness and understanding of how social media consumption (i.e., Tik Tok) by college-aged females influences their self-esteem and body image.

98. Meaningful Play: School-Based Play Therapy

Presenters: Susan Lamb Walker and Millie Dawson-Hardy

Location: Medical Forum I

Introduction to Child-Centered Play Therapy for school counselors and school-based therapists. A description of themes to assess children's activity during counseling sessions. Presenters share their experience as school counselors & school-based therapist.

99. What Medications Are You Taking? Psychopharmacology Basics for Counselors

Presenter: Patrick Norton

Location: East Meeting Room D

The purpose of this presentation is to provide a basic overview of common medications and psychopharmacological interventions utilized in modern mental health care that counselors may find helpful to be aware of when operating within their scope of care.

100. Supervising the Next Generation: Building the Best and the Brightest

Presenters: Jeremy Smith and Jared Hood

Location: East Meeting Room E

Wondered if you were making a difference as a Supervisor? Come join us to learn more about skills to continued to build a new generation of great counselors.

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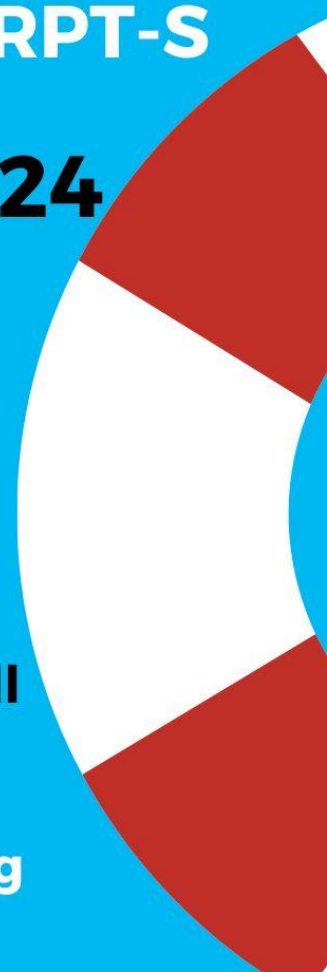
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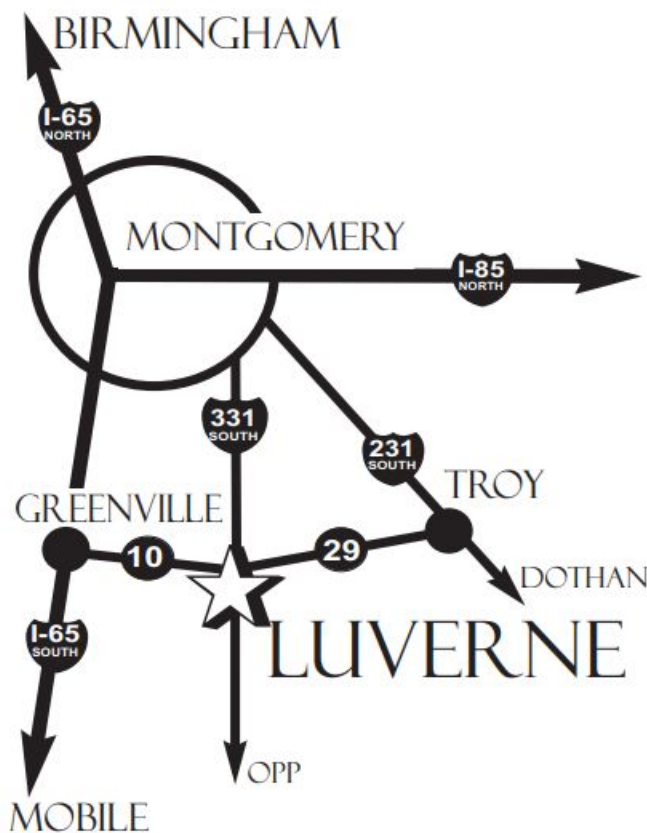
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Anger	When I Feel Angry	Managing Frequent Anger
Grief	Working Through Grief and Loss	Coping With Grief and Loss
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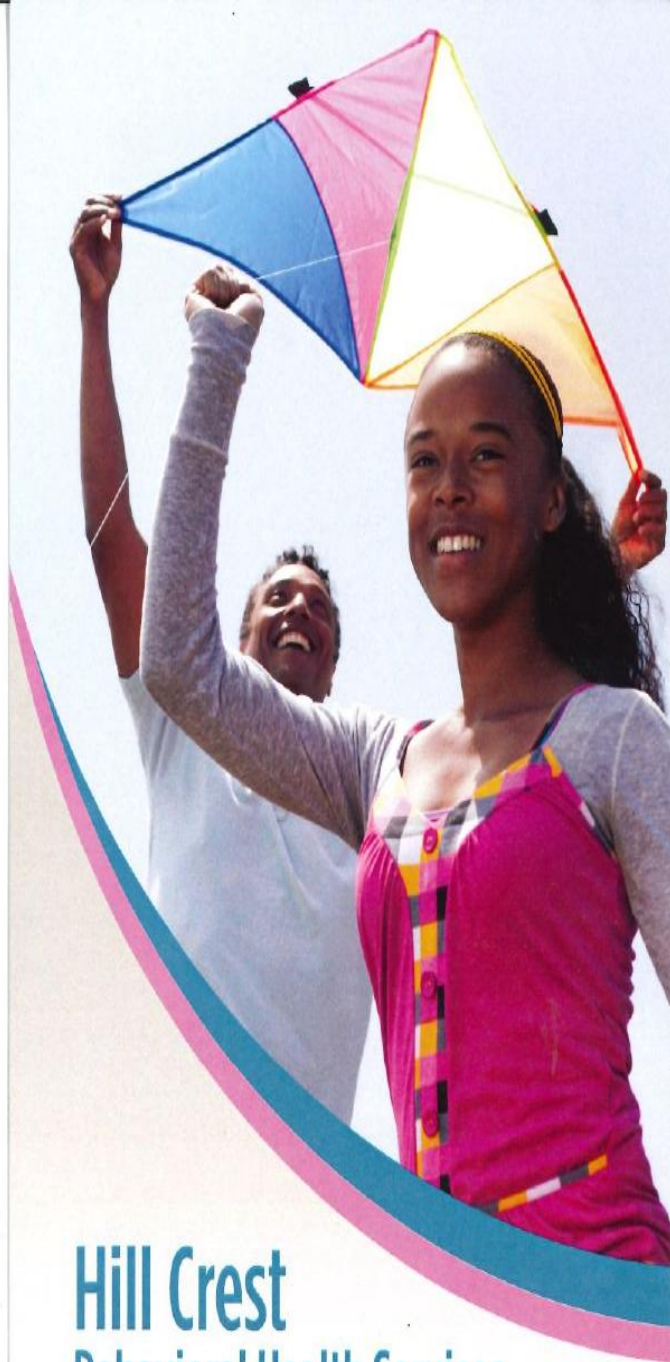
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Alabama Head Injury Foundation	Hill Crest Behavioral Health Services	Veritas Collaborative
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Auburn University Vocational Evaluation Forensic Certificate Program	National Center for Youth Issues	QuaverEd
Connect Alabama	SanaVita Therapy	
		51

EVALUATION

Please tell us your opinion of this conference for the days you were here. Rate the appropriate category for each item with 1 being the lowest and 5 being the highest. Leave blank any item that does not apply to you. Answer both sides and return the completed form to the evaluation table. Thank you.

I attended (Check all that apply): Wednesday_____ Thursday_____ Friday_____

Lowest

Highest

Overall Program	1	2	3	4	5
Setting a theme for the conference					
Organization of presentations					
Overall effectiveness of presenters					
Awards presentations					
Activities on first day					
Activities on second day					
Activities on third day					
Speaker/opening session on Wednesday					
Speaker/general session on Thursday					
Speaker/closing session on Friday					

Ancillary Services	1	2	3	4	5
Pre-conference publicity					
Registration					
Conference program booklet as guide					
Exhibits					
Hospitality at sponsored breaks, receptions					
Quality of chapters, division/affiliate social functions					
Quality of luncheons, dinner, other socials					
Quality of services for new attendees					
Quality of services for student attendees					
Usefulness of other conference services					

Conference Facilities	1	2	3	4	5
Accommodations for disabilities					
Layout of conference at site					
Size and comfort of meeting rooms					
Housing accommodations at site					
Site – city and facilities					
Food availability					
Food quality					
Overall rating of location					

Most valuable Keynote speaker: _____

Favorite Content Session: _____

3 Topics you would like to see next year:

Comments: _____

Thank you so much for providing meaningful feedback. We use these evaluations in planning for our upcoming conferences. We will see you next year in Montgomery!

Please place this evaluation in the marked tub on the Registration table, scan and email to alca@alabamacounseling.org, or mail to the ALCA office 5184 Caldwell Mill Road Ste. 204 #137 Hoover, AL 35244.



**Alabama Counseling Association
GENERAL CONFERENCE SESSIONS REPORT
Professional Development (NBCC) Contact Hours**

The Alabama Counseling Association has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 2001. Programs that do not qualify for NBCC credit are clearly identified. The Alabama Counseling Association is solely responsible for all aspects of this program.



Full Name: _____
 Address: _____
 Telephone: _____ E-Mail: _____

YOU MUST BE REGISTERED FOR THE CONFERENCE TO CLAIM NBCC CONTACT HOURS.

You may report any of the following: Wednesday Morning Workshop Session (Keynote Speaker), Opening General Session (Keynote Speaker), Friday General Session (Keynote Speaker), or Content Sessions. Indicate below which programs you attended. Insert title and number of Content Sessions. You should request credit only for programs you attended in their entirety. Credit cannot be granted for ancillary programs, business meetings, committee meetings, luncheons, or receptions. Credit cannot be granted for a program one presents. Do not record programs with overlapping times. Presenter's signature not required.

Wednesday, November 15, 2023

10:00 AM - 12:00 PM	Opening General Session	Attended: Yes _____ No _____	2.00
1:00 PM - 2:15 PM	(Session # / Title) _____		1.25
2:30 PM - 3:45 PM	(Session # / Title) _____		1.25

Thursday, November 16, 2023

8:30 AM - 10:15 AM	General Session	Attended: Yes _____ No _____	1.75
10:30 AM - 11:45 AM	(Session # / Title) _____		1.25
1:30 PM - 2:45 PM	(Session # / Title) _____		1.25
3:00 PM - 4:15 PM	(Session # / Title) _____		1.25
4:30 PM - 5:45 PM	(Session # / Title) _____		1.25

Friday, November 17, 2023

8:30 AM - 10:00 AM	Business & General Session	Attended: Yes _____ No _____	1.50
10:30 AM - 11:45 AM	(Session # / Title) _____		1.25

I certify that the information on this report form is complete and accurate. Total NBCC Contact Hours: _____

Signature: _____ Date: _____

Please email your form to ceu.alca@gmail.com by January 31, 2024. Certificate will be emailed as soon as possible but no later than March 31, 2024. There is a \$5.00 processing fee (\$20 for non-members). If you did not pre-pay, you may either pay your fee online at <https://alca.memberclicks.net/chapterdivisionaffiliatecercerequest> and email your completed form OR you may mail a check and completed form to the ALCA office at 5184 Caldwell Mill Rd. Ste. 204 #137 Hoover, AL 35244. Checks made payable to ALCA.

\$20.00 charge for duplicate certificate requests and for requests submitted after January 31, 2024.

_____ Check if you plan to submit certificate to the Alabama State Board of Social Work Examiners.

Persons who need to verify attendance at certain workshops (e.g., ethics) should attach a copy of this report form to the certificate when submitting papers to a licensing board.

