



Rise and Inspire

ALABAMA COUNSELING ASSOCIATION

59th Annual Conference

**Renaissance Montgomery Hotel and Spa at
the Convention Center**

Montgomery, Alabama

November 20-22, 2024



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Message from the ALCA President

Dr. Debbie Grant



Welcome to the 2024 Alabama Counseling Association's Annual Conference. This year's theme is "Rise and Inspire." The past four years we have seen an increase in individuals struggling with mental health issues, school refusal, and family discord. Our community needs counselors more than ever! It is my wish that during this conference, we will all come together to inspire each other as well as the communities we serve.

Let us all come to the conference with an enthusiasm that is contagious and reach out to our colleagues and counseling counterparts with newfound goals! It is critical as counselors, that we have a group of mentors, cheerleaders, and an open heart for meeting others in our field.

Professional relationships are critical to our work as counselors, and we must always have a hunger for meeting and connecting in new ways with new practitioners. Conference 2024 is a wonderful place for this to occur!

We have great keynote speakers this year. Lacey Gunnoe, the Director of Wellbeing for Veteran's Programs at Zac Brown's Camp Southern Ground is our speaker on Wednesday morning! He will share exciting information about great programs serving our veterans and their families. Lacey is an energetic speaker who will be a great kick-off for our conference! We have an amazing speaker scheduled for Thursday morning. Jeremiah Castille, founder of the Jeremiah Castille Foundation, will share with us his journey as a college and NFL football player, and all the amazing work his foundation does within the community. Friday we will welcome Jared Hood, owner of Thrive Therapeutic Services LLC, in central Alabama. Jared is intentional in blending physical and mental health with his clients- and will share with us his unique view of counselor self-care.

As in previous years, the conference will include Graduate Poster Sessions, a New Member/First Time Attendee Reception, and we welcome students at our Graduate Student Reception. Please plan to attend the ALCA Awards Breakfast on Wednesday morning, sponsored by the Alabama Home Builders Association. We will also have great session breaks and yummy snacks from great chapters/divisions/organizations who support ALCA.

We hope to see you in our photo stations set up during the conference and hope to see your great pictures with friends and colleagues! Plan to get dressed up and attend the dance on Thursday night--- our theme is "Saturday Night Fever" ---- we are going to disco and wear some "bling"! It should be a fun evening with our counseling family. Come dressed in your favorite disco outfit and get ready to boogie!

Thank you for choosing ALCA! There are many conferences in great locations that you may attend- so we are honored that you choose our fall conference to obtain your CE hours. Look for me at the conference and introduce yourself- I want to meet you at the conference! I cannot wait!

About Dr. Grant

Dr. Debbie Grant is a Counseling Clinical Faculty member at the University of Louisiana, Monroe. She just retired in August 2024 as the School Counseling Program Coordinator at the University of West Alabama. After serving as a school counselor at Hoover High School from 2007-2020, she opened her private practice, Rise Counseling and Wellness, LLC, serving adolescents and young adults in Pelham, Alabama. Debbie served as the Coordinator of the Community Agency Mental Health Track from 2000-2007 at the University of Montevallo. She is an active Licensed Professional Counselor Supervisor and always maintains counselors in supervision. She is a proud 33-year Air Force wife and is married to Colonel (ret) Scott Grant. She has two sons, a beautiful daughter in love and her 4-year-old grandson Hayden.

Debbie has previously served as President of Alabama School Counseling Association, President of Alabama Career Development Association, ALCA Secretary, ALCA NBCC Coordinator, ALCA Awards Chair, ALCA Professional Standards Committee, and currently the President-Elect of the Alabama Association of Counselor Educators and Supervisors. She has been on the ALCA Executive Council for 26 years.

Keynote Speakers



**Lacy Gunnoe, Director of Wellbeing,
Zac Brown's Camp Southern Ground**

Lacy Gunnoe is a retired Lieutenant Colonel of the United States Air Force, where he excelled as an Instructor Pilot and Wing Inspector General. With over 4,000 flight hours, including 1,000 combat hours, Lacey's experience spans aircrafts such as the KC-135R, T-37, and T-6. A proud native of West Virginia, he graduated from West Virginia University through its AFROTC program. Currently, Lacy serves as the Director of Wellbeing at Zac Brown's Camp Southern Ground, dedicating his efforts to supporting veterans. He is also a wellness coach and speaker, committed to inspiring others to lead and make a positive impact. Outside of his professional achievements, Lacy's most cherished roles are as a husband to his wife Kay and as the father of their young son, Rowan.



**Jeremiah Castille, Founder,
Jeremiah Castille Foundation**

Jeremiah Castille Foundation focuses on mentoring. Growing up in a dysfunctional home filled with abuse, domestic violence and alcoholism, mentors were the direct results of Jeremiah Castille's successes in life. Most notably, the legendary Coach Paul "Bear" Bryant instilled discipline and leadership into Jeremiah's life. Coach Bryant taught him that with a positive attitude, a strong work ethic and integrity; he could do great things. Coach Bryant's guidance and Jeremiah's resolve led Jeremiah to numerous successes including being selected the MVP in Coach Bryant's last Liberty Bowl game. For six years, Jeremiah played professional football with Tampa Bay and Denver. As a member of the Denver Broncos, he played in Super Bowl XXII between the Denver Broncos and Washington Redskins. Throughout his professional career, Jeremiah's purpose in life became clearer. His experiences led him to mentor, coach and encourage at-risk youth. In 1999, he and his wife Jean founded Jeremiah Castille Foundation, a non-profit 501(c)(3) organization. The foundation's mission based on Isaiah 61:1-4 is to preach good tidings to the poor, heal the broken hearted, proclaim liberty to the captives, open prison doors to those who are bound and glorify the Lord through preaching. The foundation's vision is to invest, influence, impact and inspire lives so they will rebuild and restore generations. "Hope Revealed" to the hopeless is the focus of the programs of Jeremiah Castille Foundation.

Keynote Speakers



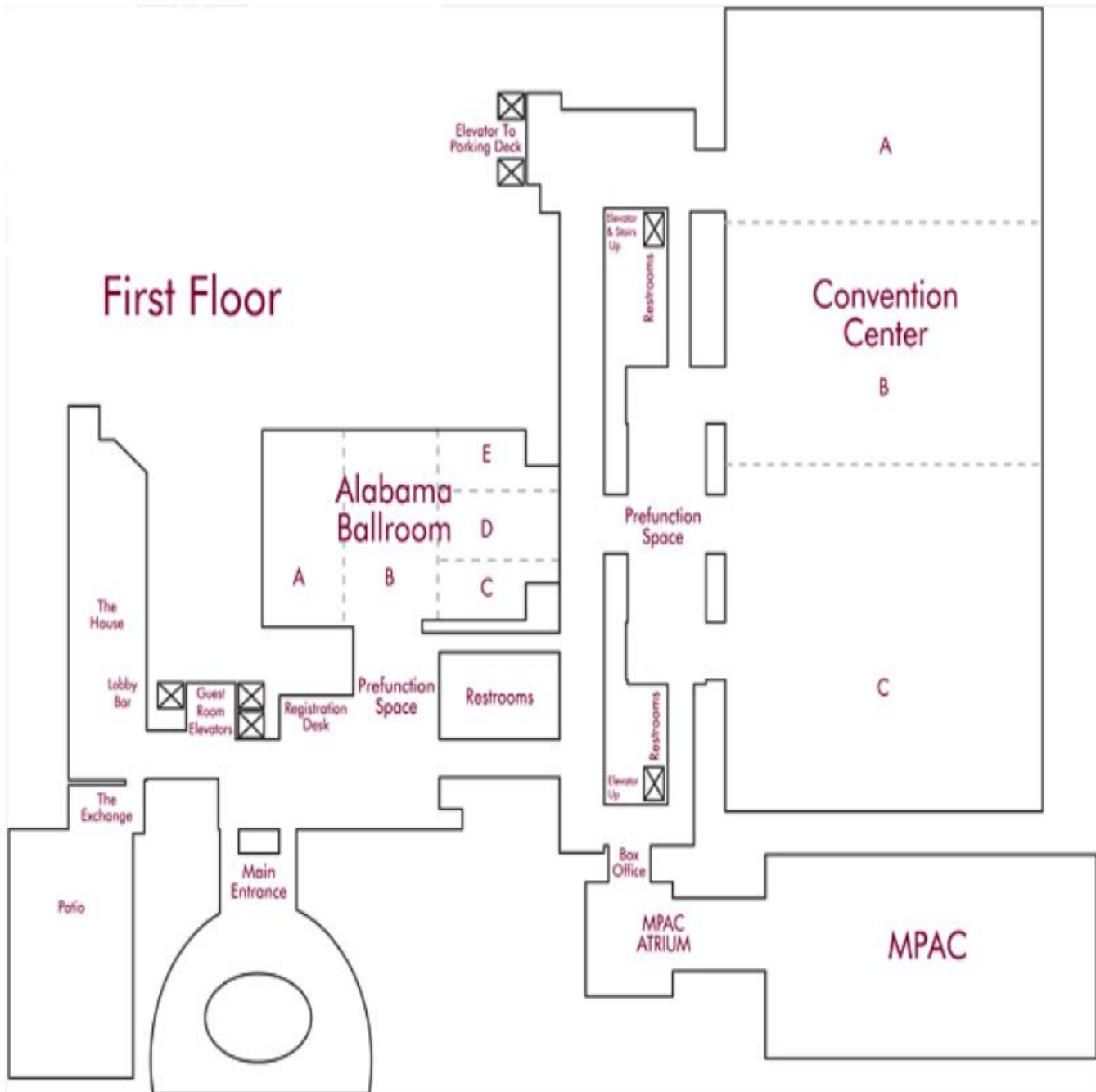
Jared Hood, Thrive Therapeutic Services, LLC

Jared Hood attended The University of North Alabama for his undergraduate degree in Psychology. He received his Masters in Education from The University of Montevallo in Marriage and Family Therapy. He also holds a Masters of Theological Studies from Southwestern Baptist Theological Seminary. He was awarded the Outstanding Alumnus award from The University of Montevallo. He has a variety of experience in the mental field working at Children's of Alabama with children and families within Pediatric Cardiology. He also has worked in the private practice setting and as a school counselor. He currently works as a school counselor at Maplesville High School and owns his own private practice, Thrive Therapeutic Services, LLC in Central Alabama. His passion for others comes through in Thrive's motto: "Don't Just Live. Thrive." He is also an NASM certified personal trainer. Jared is intentional about blending physical and mental health with his clients and speaks frequently on this topic. He is a husband, a father of four children and loves staying healthy himself. He is a triathlete who has completed 7 triathlons.

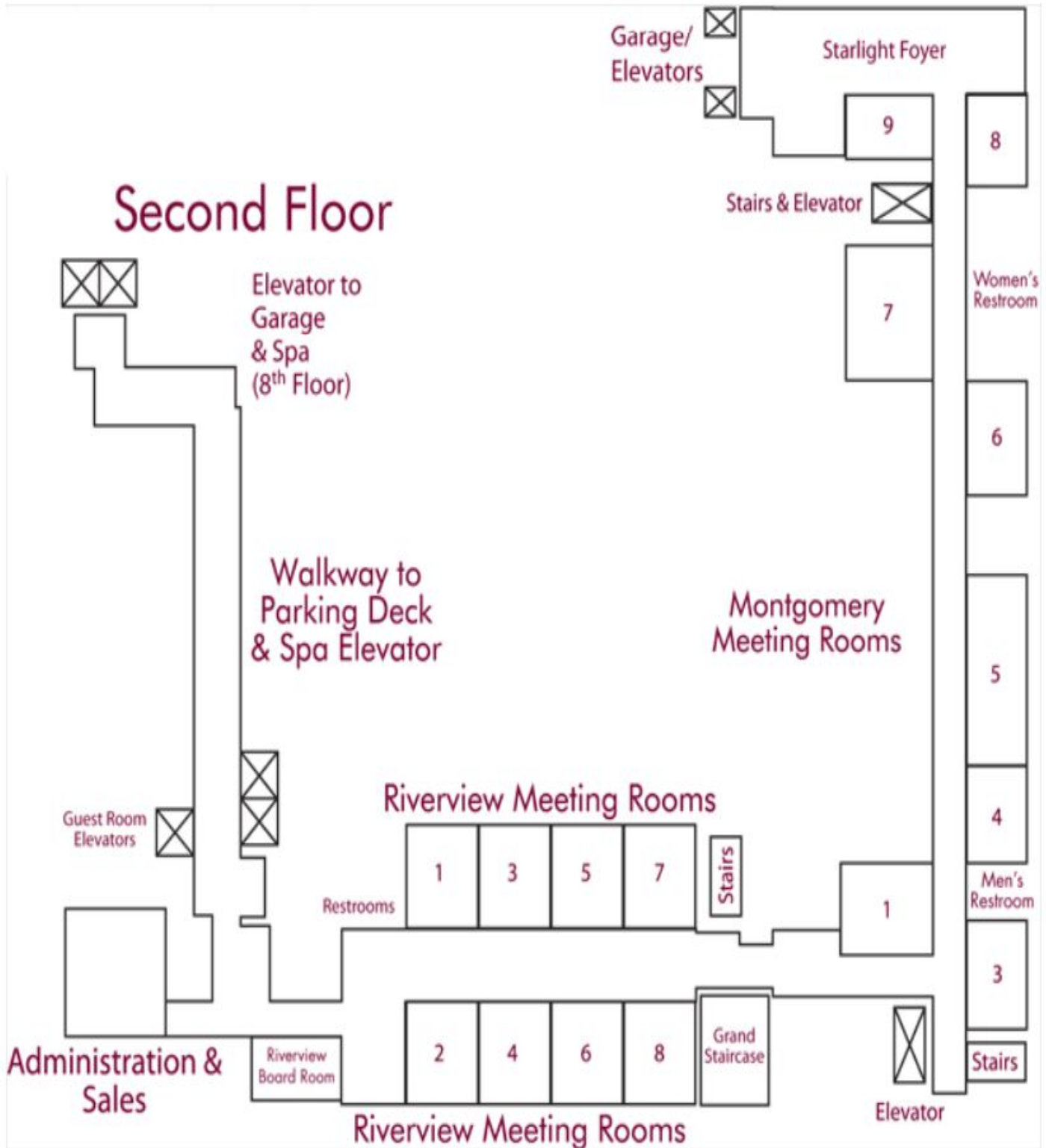
Conference Site Map and Plans

First Floor - Renaissance/Convention Center

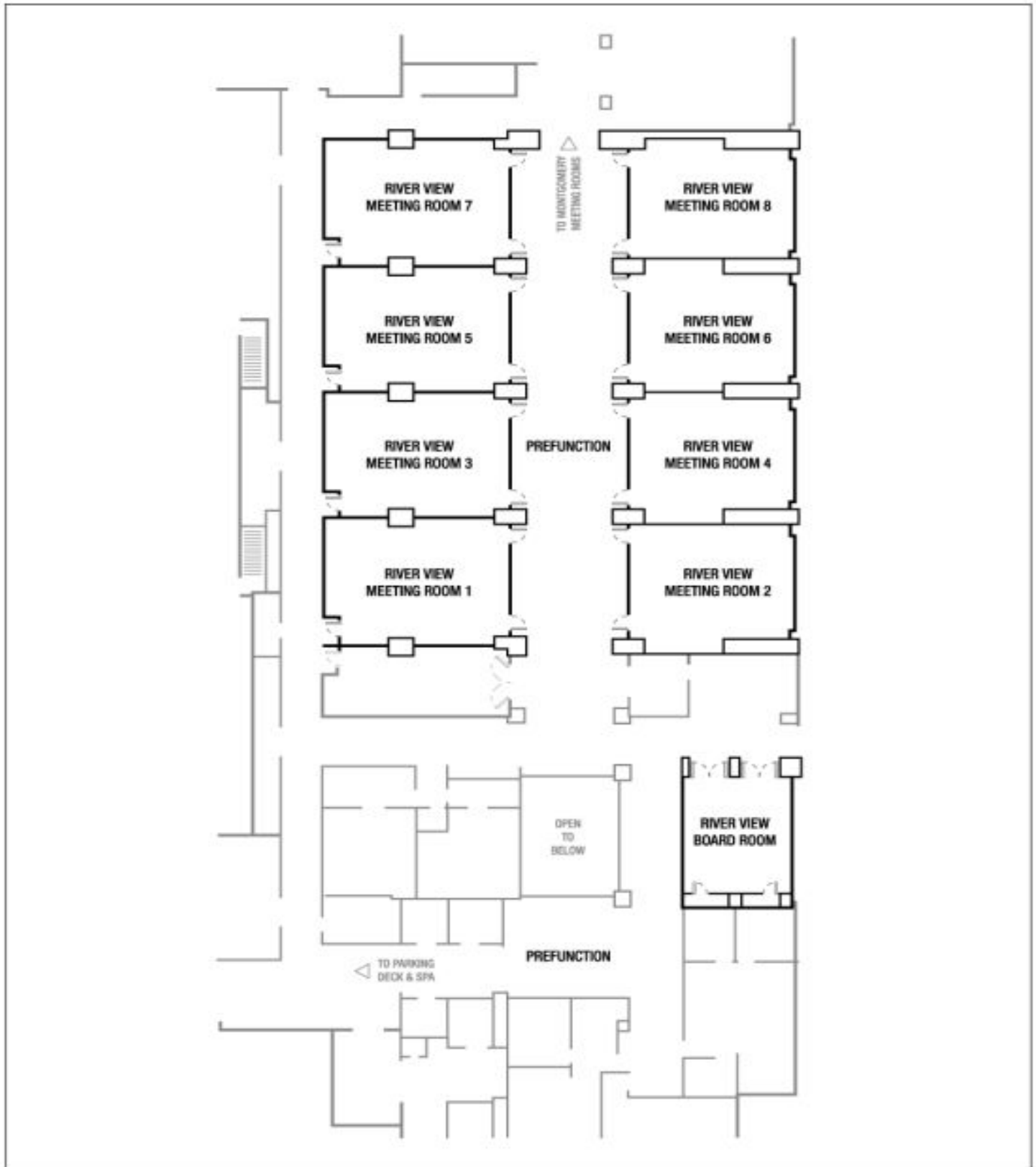
Locations of Alabama Ballrooms A, B, C, D, E, MPAC, Convention Center and Prefunction Space



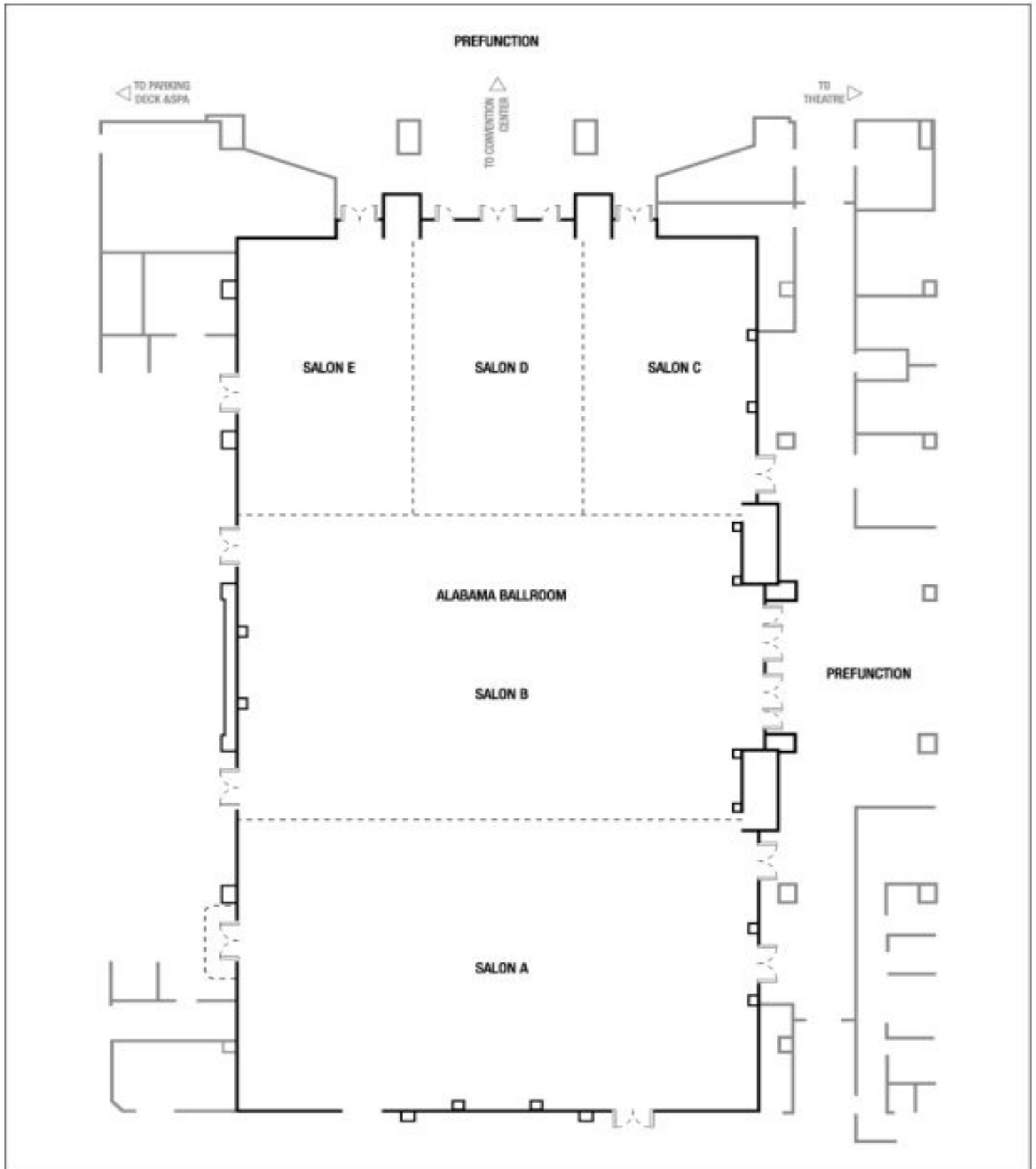
Conference Site Map and Plans
Second Floor Renaissance/Convention Center
 Locations of Riverview and Montgomery Meeting Rooms



Conference Site Map and Plans
Renaissance Hotel
Closer View of all Riverview Meeting Rooms



Conference Site Map and Plans
Renaissance Hotel
Closer view of Alabama Ballrooms



2024 ALCA Annual Conference

Conference Times and Locations

Tuesday, November 19, 2024

<u>Time</u>	<u>Event</u>	<u>Location</u>
1:00 pm	Exhibit Setup Begins	MCC B
8:00 am-4:00 pm	Pre-Conference	
3:00 pm-5:00 pm	Conference Registration	MPAC Atrium
6:00 pm-8:00 pm	ALCA Executive Council Meeting	Montgomery 7
8:15 pm-9:00 pm	President's Reception for Executive Council - Sponsored by ACT	President's Suite

Wednesday, November 20, 2024

<u>Time</u>	<u>Event</u>	<u>Location</u>
8:00 am-9:30 am	Awards Breakfast Sponsored by: Home Builders Association of Alabama Kory Boling, Representative Dr. Juanita Barnett and Regina Jones Awards Co-Chairs	Alabama Ballroom A
8:00 am-4:00 pm	Conference Registration	MPAC Atrium
8:45 am - 5:00 pm	Exhibits	MCC B
10:00 am - Noon	Opening General Session Introduction of ALCA President: Mr. Jacques Austin Presiding: Dr. Debbie Grant, ALCA President Pledge of Allegiance: Scott Grant, Colonel, USAF, Retired National Anthem: Johnson Abernathy Graetz (JAG) High School's Musical Ensemble Introduction of 2024-2025 Officers: Dr. Debbie Grant, ALCA President Recognition of Sponsors: Dr. Debbie Grant, ALCA President Recognition of Chapters: Dr. Debbie Grant, ALCA President Introduction of Keynote Speaker: Dr. Brad Willis Keynote Speaker: Lacy Gunnoe, Director of Wellbeing, Zac Brown's Camp Southern Ground	MPAC Theater
1:30 pm-4:30 pm	School Counselor Roundup Presenters: Sean Stevens, Cathy Lankford, Dr. Monica Mack,	Alabama Ballroom A
1:45 pm-3:00 pm	Content Sessions	Ballrooms/Riverview/Montgomery Rooms
3:00 pm-3:15 pm	Break Sponsored by: Montgomery Renaissance	MCC B
3:15 pm -4:30 pm	Content Sessions	Ballrooms/Riverview/Montgomery Rooms
4:30 pm-4:45 pm	Break Sponsored by: ALCA	MCC B

Wednesday, November 20, 2024

<u>Time</u>	<u>Event</u>	<u>Location</u>
4:45 pm-5:30 pm	ALCA Division/Affiliate Meetings ALAADA ALAAOC ALACES ALAMCD ALAMFC ALASERVIC ALASGW ALCCA ALCDA ALDARCA ALSAIGE ALMHCA ALSCA	Riverview 1 Montgomery 1 Riverview 2 Riverview 3 Riverview 4 Riverview 5 Montgomery 6 Riverview 6 Montgomery 4 Riverview 7 Riverview 8 Montgomery 5 Alabama Ballroom B
5:45 pm-6:30 pm	Chapter/Division/Affiliate Presidents and Presidents-Elect Meeting	Alabama Ballroom A
5:45 pm-6:30 pm	New Members and First Time Attendees Celebration	Alabama Ballroom A
6:30 pm - until	Dinner on your own	

Thursday, November 21, 2024

<u>Time</u>	<u>Event</u>	<u>Location</u>
7:00 am-8:15 am	Breakfast Sponsored by: Amridge University	Alabama Ballroom A
8:00 am - 3:00 pm	Conference Registration	MPAC Atrium
8:00 am - 4:00 pm	Exhibits	MCC B
8:30 am-10:15 am	General Session Presiding: Dr. Debbie Grant, ALCA President Recognition of Division/Affiliates: Dr. Debbie Grant, ALCA President Recognition of ALCA Past Presidents: Dr. Debbie Grant, ALCA President Introduction of Keynote Speaker: Dr. Chris DaSambaggio-Moore Keynote Speaker: Jeremiah Castille, Founder, Jeremiah Castille Foundation	MPAC Theater
10:15 am-10:30 am	Break Sponsored By: ALCA Chapters, Divisions, and Affiliates	MCC B
10:30 am-11:30 am	ALCA Retired Counselors Reception	President's Suite Room
10:30 am-11:45 am	Content Sessions	Ballrooms/Riverview/Montgomery Rooms
10:30 am-11:45 am	New School Counselor Academy	Alabama Ballroom B

Thursday, November 21, 2024

<u>Time</u>	<u>Event</u>	<u>Location</u>
11:45 am - 1:00 pm	Graduate Student Reception	Alabama Ballroom C
11:45 am - 1:15 pm	ALSCA Awards Luncheon	Alabama Ballroom A
1:30 pm-3:30 pm	Graduate Student Poster Session Sponsored by: Isaac McPherson and Rise Counseling and Wellness	MCC B
1:30 pm -2:45 pm	Content Sessions	Ballrooms/Riverview/Montgomery Rooms
2:45 pm-3:00 pm	Break Sponsored by: ALCA Chapters, Divisions, and Affiliates	MCC B
3:00 pm-4:15 pm	Content Sessions	Ballrooms/Riverview/Montgomery Rooms
3:00 pm-4:15 pm	ALC/LPC Roundup Sponsored by: ALMHCA	MPAC Theater
4:15 pm-4:30 pm	Break Sponsored by Greater Birmingham Convention and Visitors Bureau	MCC B
4:30 pm-5:45 pm	Content Sessions	Ballrooms/Riverview/Montgomery Rooms
4:30 pm-5:45 pm	ALCA Past Presidents Reception	President's Suite Room
4:30 pm-5:45 pm	ABEC Meeting	Alabama Ballroom A
5:45 pm-6:30 pm	Chapter Meetings/Receptions/Socials Chapter I Chapter II Chapter III Chapter IV Chapter V Chapter VI Chapter VII Chapter VIII Chapter IX	Dreamland Barbeque Montgomery 1 Riverview 2 Riverview 1 Montgomery 5 Riverview 3 Montgomery 7 Riverview 4 Riverview 5
7:00 pm - Until	Dinner on your Own	
8:30 pm-11:00 pm	"Saturday Night Fever" Dance Music by: "JAMM" Door Prizes donated by ALCA Chapters/Divisions/Affiliates and Exhibitors	Alabama Ballroom A

Friday, November 22, 2024

<u>Time</u>	<u>Event</u>	<u>Location</u>
7:30 am- 8:15 am	Biscuit Breakfast	Alabama Ballroom B
8:30 am- 10:15 am	Business and General Session Presiding: Dr. Debbie Grant, ALCA President Introduction of Speaker: Dr. Carmela Drake Keynote Speaker: Jared Hood What's Coming in 2024: Dr. Chris DaSambiagio-Moore, ALCA President-Elect Closing Comments: Dr. Debbie Grant, ALCA President	Alabama Ballroom A&B
10:30 am- 11:45 am	Content Sessions	Ballrooms/Riverview/Montgomery Rooms
Noon - 1:00 pm	ALCA Conference Committee Meeting	

Content Sessions

Wednesday, November 20, 2024

1:45 pm - 3:00 pm

1. Treating Sexual Addiction and Compulsivity

Presenter: James Prince

Location: Alabama Ballroom B

Level: Intermediate

Can people really be addicted to sex or porn, or is it just a lack of self-control? Come explore the proper assessment and treatment of this growing problem.

2. The Strong Black Woman is Dead

Presenters: Adezza DuBose-Williams

Location: Alabama Ballroom C

Level: Beginning

Discuss the statistics and history of the connotation of being "Strong" associated with Black women and how it affects the overall wellbeing and work life balance.

3. The Whole Body

Presenter: Amy Moor

Location: Alabama Ballroom D

Level: Beginning

This presentation is to help clinicians gain a better understanding of other aspects of our body that impact our mental health.

4. Improving Black Maternal Mental Health

Presenter: Anjanette Robinson

Location: Alabama Ballroom E

Level: Intermediate

This session explores best practice approaches to addressing black maternal mental health crisis in Alabama.

5. You Aren't Weird, You're an Introvert!

Presenter: Brad Willis

Location: Riverview 1

Level: Intermediate

In this presentation, attendees will learn the true nature of introversion and how to leverage introverted strengths to maximize self-care strategies and create long-term success in counseling work.

6. Embracing Diversity: Navigating Inclusivity with the LGBTGEQIAP+ Community

Presenter: Celia Hodnett

Location: Riverview 2

Level: Beginning

"Embracing Diversity: Navigating Inclusivity with the LGBTGEQIAP+ Community" explores understanding and fostering inclusivity, offering practical strategies to support and celebrate diverse identities in a respectful and empowering manner.

7. Mindfulness, Meditation, and the Labyrinth - A contemplative practice

Presenters: Keith Cates, Tim Birt

Location: Riverview 3

Level: Beginning

An introduction to contemplative practice (mindfulness, meditation, and Labyrinth) that can be integrated into client work.

8. How Can Positive Ethics Improve Our Wellbeing – A Brief Presentation

Presenter: Patrick Faircloth

Location: Riverview 4

Level: Intermediate

Ethics can be taught from a Fear/Punitive-based framework or a Positive/Wellness-based framework. Positive ethics will be addressed in relationship to Mandatory, and other ethical models. This will be a brief treatment of the topic.

9. LGBTQ+: Who, What, Where and Why We Should Care

Presenter: Amanda Ezell

Location: Riverview 5

Level: Intermediate

Members for the LGBTQ+ community are under assault from legal, social, and cultural changes that are adversely impacting their lives. We will explore the population with an intention to better understand their needs in mental health services.

10. Ethical Implications and Implementation of Self Care when Counseling Trauma

Presenter: Keli Brothers

Location: Riverview 6

Level: Intermediate

The proposed session will review ABEC, ACA, & NBCC ethical standards of self-care and discuss importance of engagement as heightened when working with clients with trauma. It will also discuss healthy interventions.

11. C-PTSD: Next Steps in Treatment

Presenter: Laura Anderson

Location: Riverview 7

Level: Intermediate

Building on last year's presentation, I will discuss the diagnosis of C-PTSD, with greater emphasis placed on treatment strategies and working with this population.

12. Elevate Your Impact: Essential Steps for New High School Counselors

Presenter: Stephen Watts, Heather Byrd

Location: Riverview 8

Level: Beginning

This presentation highlights steps for new high school counselors to stay organized, communicate effectively, assist with college and scholarship applications, understand CCRI's, and deliver comprehensive school counseling services.

School Counselor Roundup

Wednesday, November 20, 2024
1:30 pm - 4:30 pm

Location: Alabama Ballroom A

Sponsor: ALSCA

1:30 - 2:15 pm

All Levels

Sean J. Stevens, M.Ed., Program Coordinator
Monica Mack, Ph.D., LPC, NCC, CCSP, Education Specialist
Instructional Services, Alabama State Department of Education

2:15 - 3:00 pm

Elementary School

Carissa Davis, M.Ed., School Counselor
Midtown Elementary School,
Stefanie S. Cook, Ed.S., School Counselor
Madison Elementary School
Madison City Schools

3:00 - 3:45 pm

Middle/Junior High School

Krista DeMent, MSCE, NBCT, School Counselor
Hewitt-Trussville Middle School
Trussville City Schools

3:45 - 4:30 pm

High School

Stephen Watts, Jr., Ed.S., School Counselor
Citronelle High School
Mobile County Public Schools

13. The Benefit of Play Therapy for Adults

Presenters: Teresa Powers

Location: Montgomery 1

Level: Beginning

We will explore the application of play therapy with adults to build communication, establish rapport, and process trauma.

14. Securing the Buy-In: Gaining Administrator Support for School Counselors

Presenters: Nikita Patrick- Thomas, Jasmine Reynolds

Location: Montgomery 4

Level: Intermediate

This presentation provides school counselors with strategies to secure administrative support, ensuring effective implementation of data-driven counseling programs that improve student success and enhance school culture.

15. The Culture of Domestic Violence: Recognizing the Hidden Trauma

Presenter: Sarah Cabler

Location: Montgomery 5

Level: Beginning

Domestic Violence is often a hidden issue experienced by clients, leaving counselors without the full picture of client needs. Recognizing the subtle dynamics of domestic violence can bring this issue to the forefront of the therapeutic process.

16. Mothers Matter: Combating Maternal Mortality & Promoting Mental Well-Being

Presenter: Madalyn Caldwell, Tamela Hughes

Location: Montgomery 6

Level: Intermediate

This will provide an understanding of the maternal mortality crisis, awareness of the risk factors of maternal mortality, methods to reduce maternal mortality, & promote advocacy to encourage social change to improve the healthcare of birthing people.

17. From Problems to Progress: SFBT for Client Success in Special Populations

Presenter: Traci McGee, Michelle Ocampo, Jasmine Boykin

Location: Montgomery 7

Level: Beginning

The session will examine the history of the SFBT approach and introduce SFBT strategies that can be utilized with students as well as cancer patients.

Content Sessions

Wednesday, November 20, 2024

3:15 pm - 4:30 pm

18. Executive Functioning Skills & Motivational Interviewing

Presenters: Casey Lancaster Location: Alabama Ballroom C Level: Intermediate

Description of executive functioning skills and how deficits in these skills impact student academic performance and behavior. Explanation of how Motivational Interviewing can help increase student engagement and improve executive functioning skills.

19. The 3 Ethical C's when working with Children and Teens using Play Therapy

Presenter: Amy Davis Location: Alabama Ballroom D Level: Beginning

This session will playfully present and apply the 3 ethical C's: Competence, Consent, and Confidentiality for working with children and teens using play therapy.

20. Innovated Activities When Working with At-Risk Teen Girls

Presenter: Anjanette Robinson Location: Alabama Ballroom E Level: Beginning

Working with at-risk teen girls is difficult. Many have experienced sexual trauma, violence and may exhibit criminal behaviors. The key to helping them succeed is to give them space to be a teen. Participants learn creative ways to show up.

21. Sensory Rooms in the Elementary School

Presenter: Brandie Green, Amanda Atchley Location: Riverview 1 Level: Beginning

How two elementary school counselors have successfully executed a sensory room at school for 2 years!

22. Unpacking the Alabama School Counseling Program of Distinction

Presenter: Daniel Birdsong Location: Riverview 2 Level: Beginning

The Alabama School Counseling Program of Distinction recognizes exemplary comprehensive school counseling programs in Alabama. In this session, attendees will learn how to maximize their program success by applying for program recognition.

23. Narrative and Strengths-Based Approaches for Clients that Play Video Games

Presenters: Chris DaSambiagio-Moore, Maximillian Hamke Location: Riverview 3 Level: Intermediate

This session explores narrative and strengths-based approaches for counseling clients who play video games. Practical interventions and roleplaying techniques that leverage gaming experiences to enhance therapeutic outcomes and engage clients will be shared.

24. The State of the Counseling Profession: A SWOT analysis

Presenters: Paul Hard, Susan Walker, Yuh-Jen Guo Location: Riverview 4 Level: Intermediate

This session will look at the array of current challenges, opportunities and threats facing the counseling profession: nationally and locally, internally and externally.

25. Tension Rising-Tension Falling: The Rhythm of Addiction

Presenter: James Prince Location: Riverview 5 Level: Beginning

Treating addiction can feel like a constant game of whack-a-mole. Come learn why it is not about one substance or process, but how we use them to manipulate our neuropathways for comfort.

26. Laughter: The Best Medicine and Therapy

Presenter: Kezziah McDaniel Location: Riverview 6 Level: Intermediate

An exploration of the physiological, mental, and emotional benefits of laughter and incorporation into clinical and therapeutic settings.

27. Logged In: Teenagers, Mental health, and social media

Presenters: Lauren Packer Location: Riverview 7 Level: Advanced

This presentation will explore the impact of social media on teenagers and their mental health.

28. Hypnotherapy: The Neuroscience Behind Rapid & Lasting Change

Presenters: Maggie Minsk Location: Riverview 8 Level: Beginning

HYPNOSIS is a powerful treatment modality to help people heal and make rapid and lasting change. This session looks at HOW and WHY it works from research in the field of NEUROSCIENCE.

29. Act for Impact: Making a Difference with Programming

Presenter: Monica Motley, Kimberly Walker, Stephanie Bradford, Heather Byrd, Alicia Clevenger, Kendra Cook, Summer Davis, Malinda Gray, Latoya Williams, Kimberly Jones
Location: Montgomery 1 Level: Intermediate

This session will feature school counselors who are data driven leaders and the award-winning programs they have implemented to positively impact their students.

30. "What Medications Are You Taking?" Psychopharmacology Basics for Counselors

Presenter: Patrick Norton

Location: Montgomery 4

Level: Intermediate

The purpose of this presentation is to provide a basic overview of common medications and psychopharmacological interventions utilized in modern mental health care that counselors may find helpful to be aware of when operating within their scope of care.

31. African American Youth: Quality Mental & Behavioral Health Services

Presenters: Sekeria Bossie

Location: Montgomery 5

Level: Intermediate

African American youth experience mental and behavioral health crisis but services are punitive instead of therapeutic. As professionals we are not only charged with providing quality services but also with advocating for marginalized populations.

32. Balancing Act: A Glimpse into the Working Parent's Mental Health

Presenters: Tamela Hughes

Location: Montgomery 6

Level: Intermediate

Embark on a journey through the exhilarating highs and challenging lows of being a working parent. Discover practical insights and empowering strategies for navigating the beautiful chaos of parenthood while nurturing your mental well-being.

33. Counselors in Training Knowledge and Readiness in Child Maltreatment

Presenters: Tori Young, Briana Leavigne, Lyndsay Deal, Jinhee Park

Location: Montgomery 7

Level: Intermediate

Presenters will discuss their research concerning Counselors in Training (CITs) knowledge and readiness in treating children with trauma specifically including aspects of child maltreatment (abuse, neglect, witness to crime, exploitation, trafficking).

Content Sessions
Thursday, November 21, 2024
10:30 am - 11:45 am

34. History of Paraphilic Disorders in the DSM

Presenters: Andrea Echols

Location: Alabama Ballroom C

Level: Beginning

This presentation will highlight the history of paraphilic disorders, including the differences between 5 editions of the DSM. The presenter will also highlight the effects of Sigmund Freud and Richard von Krafft-Ebing's influence on paraphilic disorders.

35. What Now? Neuro-Divergence-late diagnosis: Education and Acceptance

Presenters: Ashley Adams

Location: Alabama Ballroom E

Level: Beginning

Presentation will outline the challenges middle age adults face as they learn more about autism and neuro-divergence in later years. This presentation will explore education while working towards acceptance

36. King, Warrior, Magician, & Lover: Treating Males with Masculine Archetypes

Presenter: Brandon Snipes

Location: Riverview 1

Level: Intermediate

Learn how to harness the symbolic power of the Hero's Journey and Masculine Archetypes for your clients. We will take a fascinating dive into the many clinical applications of this symbolic/narrative approach and its utility on treatment-resistant clients.

37. Suicide and Religion: A Look at History, Society, and Theology

Presenter: Christian "Oliver" Smith

Location: Riverview 2

Level: Intermediate

Join Oliver as he discusses the historical and complex origins of the relationship between suicide and religion, how this issue may arise in our work, and how we can address this issue in our communities.

38. Behavioral Strategies for School Counselors in the School Setting

Presenters: Eric Darch

Location: Riverview 3

Level: Intermediate

This presentation will provide school counselors with informative behavioral interventions and de-escalation strategies as well as discuss and share behavioral management strategies among each other.

39. Navigating Religious Trauma

Presenters: Paul Hard, Ashley Brown

Location: Riverview 4

Level: Intermediate

Religion & spirituality can have a positive impact on a client's well-being, but regrettably they can also be harmful, damaging or traumatic. This session explores the roots, assessment & treatment considerations for those impacted in this way.

40. Psychopharmacology 101

Presenters: Jo Lauren Weaver

Location: Riverview 5

Level: Intermediate

Neurotransmitters play an integral role in mental health. The presenter will provide an in-depth look at neurotransmitters' role in DSM diagnoses and psychotropic medications.

41. Just Like Music: The Use of Various Musical Genres in Counseling

Presenters: Kezziah McDaniel

Location: Riverview 6

Level: Intermediate

Music is a universal language that can calm the most intense emotions. This workshop will review various musical genres and how they can be used in the therapeutic setting.

42. Sista to Sista : A conversation about the conversations between Black women

Presenter: Lauren Packer

Location: Riverview 7

Level: Advanced

This presentation will focus on examining the language and interactions among Black women in both their personal and professional environments.

43. Supporting English Learners in Your School Counseling Program

Presenters: Magon McAnelly

Location: Riverview 8

Level: Intermediate

English Learners are one of the fastest growing populations in the educational setting in Alabama. Counselors need to consider this group of students when creating their counseling program each year. They can be a vital support for this special population.

44. The Fundamental Ethics of Counseling

Presenter: Michelle Crumbly, Tammy Montgomery

Location: Montgomery 1

Level: Intermediate

Workshop will summarize and review the importance of certain ethical guidelines in the counseling field.

45. Applications of Solution Focused Brief Therapy in Couples Counseling

Presenter: Patrick Norton

Location: Montgomery 4

Level: Intermediate

This presentation will help you discover practical strategies for applying Solution Focused Brief Therapy in couples counseling. Explore theory and techniques to empower couples, strengthen communication, and achieve positive outcomes.

46. Ethical Issues in Multicultural Counseling for Clients with Disabilities

Presenter: Sharon Weaver, Elizabeth Dennis

Location: Montgomery 5

Level: Beginning

Explore ethical considerations in multicultural counseling for persons with disabilities, focusing on non-discrimination, empowerment, and advocacy through culturally competent practices and case studies.

47. A new means to address Relationship Violence

Presenter: Shelly Peed

Location: Montgomery 6

Level: Intermediate

This program will create awareness of the magnitude of dating & relationship violence and how leaders and counselors can address it to prevent it before it escalates to violence.

48. Building Bridges, Not Walls: Learning How To “Fight Right”

Presenter: Teresa Prince, James Prince

Location: Montgomery 7

Level: Intermediate

The Gottman's teach that understanding and navigating conflict is essential for relationship health. Recognizing our physiological & emotional responses is key. Healthy relationships embrace conflict & view it as an opportunity for growth & deeper connection.



ALCA GRADUATE STUDENT RECEPTION & GRADUATE STUDENT POSTER SESSION

Reception: Thursday, November 21, 2024,
11:45 am - 1:00 pm

Location: Alabama Ballroom D

Poster Session: Thursday, November 21, 2024,
1:30 pm - 3:30 pm

Location: MCC B



Thank you to our Sponsors:

Isaac McPherson

&

Rise Counseling & Wellness

★ For questions about the poster session, contact Vincent D. Hinton at vincentdhinton@yahoo.com or Dr. Latonya Graham at drimgraham@gmail.com

Content Sessions
Thursday, November 21, 2024:
1:30 pm - 2:45 pm

49. Let's Talk Theraplay®

Presenters: Angela Mains Location: Alabama Ballroom C Level: Beginning

This presentation will introduce the basic principles of Theraplay, a type of play therapy deemed historically significant by the Association for Play Therapy. Theraplay is a playful, right-brained, experiential therapy that promotes healthy connection.

50. LGBTQ+ Considerations for Clinical and School Counselors

Presenter: Ashley Redondo Location: Alabama Ballroom E Level: Intermediate

Educational information about LGBTQ+ terminology, mental health concerns, ethical best practices, and interventions/resources for the clinical and school settings.

51. Invisible Scars: Trauma's Impact on Communication and Connection in Adults

Presenters: Bre Carr, Angel Perry Location: Riverview 1 Level: Beginning

This presentation explores the hidden effects of trauma on adult communication and connection, offering counseling professionals insights and strategies to better support clients in healing and strengthening their interpersonal relationships.

52. "This Is a Safe Space! "Confessions of An LPC & How to Stay Empowered

Presenter: Dana Woodruff Location: Riverview 2 Level: Advanced

This interactive presentation will address issues that counselors face working in private practice and in agency settings while navigating their mental health, day to day life, and the world we live in!

53. Hold, Fold, or Run: Job satisfaction determinants and effects on well-being

Presenter: Latonya Graham Location: Riverview 3 Level: Intermediate

This presentation introduces participants to job satisfaction determinants, the most common reasons for exiting employment, and how specific work conditions affect overall well-being.

54. The School Counselor Role on MTSS Teams in Supporting Student Well-being

Presenters: Stephanie Howard, Starrah Huffman Location: Riverview 4 Level: Beginning

Utilizing a collaborative approach in P-12, school counselors can support students' needs to feel valued, supported, and hopeful. Attendees will leave with knowledge, awareness, and resources to navigate the role.

55. Polyvagal Theory in Therapy

Presenter: Jo Lauren Weaver

Location: Riverview 5

Level: Intermediate

The vagus nerve plays a key role in healing trauma on a somatic level. The presenter will explore the polyvagal theory and how this can be utilized to treat trauma as well as provide exercises that activate the ventral vagal system.

56. Introduction of Mental Health for Men

Presenter: Krishula Edwards

Location: Riverview 6

Level: Intermediate

Men's mental health is a critical but often overlooked aspect of overall wellbeing. This presentation explores the unique challenges men face, the importance of addressing stigma, and strategies for cultivating emotional resilience and support.

57. NOT What I Was Expecting: Perinatal Mood & Anxiety Disorder Update

Presenter: Liane Freels

Location: Riverview 7

Level: Beginning

An update of Perinatal Mood & Anxiety Disorders and how we can help Alabama mothers seeking help.

58. Get the 411 on Counselor Education Doctoral Programs

Presenter: Margaret Taylor, Lindsay Portela, Sarah Flint

Location: Riverview 8

Level: Beginning

This panel presentation of current doctoral students and faculty will provide information on making decisions to enter a doctoral program, successfully navigating a doctoral program, and making decisions about mentoring and professional development.

59. Why QEEG? How seeing what's going on in the brain impacts client care

Presenter: Michelle Essary

Location: Montgomery 1

Level: Intermediate

Come to learn about how qEEG assessments are helping clinicians, physicians and others better see what is happening in a person's brain, and therefore better plan and implement individualized care.

60. Likes, Laughs, & Longevity: Social Media's Impact on Mental Health

Presenter: Rachael Estes

Location: Montgomery 4

Level: Beginning

Explore how social media influences mental health and resiliency, balancing the benefits and challenges. Learn strategies to maintain well-being and build resilience in a digitally connected world.

61. Playfully Engaging Children & Adolescents in the Assessment Process

Presenter: Sydney Walker, Amy Davis

Location: Montgomery 5

Level: Beginning

An engaging presentation discussing how to modify assessments when working with children and adolescents. Age appropriate techniques, modifications, and interventions will be discussed

62. "I wanna paint!" Expressive Arts in the Play Room

Presenter: Susan Walker, Millie Dawson-Hardy

Location: Montgomery 6

Level: Intermediate

Presenters will provide hands-on activities, techniques and play therapy theoretical approaches for counseling children and adolescents, in school and clinical mental health settings.

63. Supporting Neurodivergent Teens w/ Anxiety and Identity Issues: A 3-Step Therapy Method

Presenter: Michael Bush

Location: Montgomery 7

Level: Intermediate

Learn a three-step method integrating expressive therapies, existential therapy, and CBT to effectively support high schoolers with anxiety and identity issues, fostering trust, self-awareness, and practical coping skills for their future.

Thursday, November 21, 2024

10:30 am - 11:45 am

New School Counselor Academy

Presenters

Sean Stevens, Program Coordinator
Tracy Goreed, Instructional Services
Dr. Monica Mack, Instructional Services
Alabama Department of Education

Location: Alabama Ballroom B

Sponsor: ALSCA

Thursday, November 21, 2024

1:30 pm - 2:45 pm

ALC/LPC Roundup

Presenters:

Dr. Jane Coleman, Dr. Debbie Grant, Dr. Paul Hard, Dr. Tarmen Siaway

Location: MPAC Theater

Sponsor: ALMHCA

“During this moderated session, LPC’s and ALC’s will gather to discuss important issues in counselor licensing, supervision, and practice. A panel of counselor educators, supervisors, and practitioners will be present to discuss their thoughts and recommended best practices on a host of counseling topics, and will be open to questions from participants.”

Thursday, November 21, 2024

3:00 pm - 4:15 pm

ABEC: Changes and Ethics Update

Presenters:

Keith Warren, Executive Director and ABEC Board Members.

Location: Alabama Ballroom A

The ABEC's Executive Director and Board members will discuss the status of ABEC, to include future changes and ethical issues and concerns that need to be addressed that continue to confront licensed counselors. Q & A will be allowed from members.

Content Sessions
Thursday, November 21, 2024
3:00 pm - 4:15 pm

64. Tik Tok: Screen time or Scream Time?

Presenters: Angelene Kendall-Henderson

Location: Alabama Ballroom D

Level: Advanced

Exploring the intersection of TikTok influencers and mental health diagnosis, analyzing its impact on clinical practice. Gain insights into trends, challenges, and considerations for mental health professionals in the digital age.

65. Recognizing Undiagnosed Autism

Presenters: Barbie Leigh

Location: Alabama Ballroom E

Level: Intermediate

Because autism research tends to outpace updates to diagnostic & measurement tools, autism is frequently under- or misdiagnosed. This session is an opportunity for participants to improve clinical and neuroaffirmative competence in recognizing autism.

66. Let's Ponder the Concept of Suicide in Children Under the Age of 9

Presenter: Cadara Parks

Location: Riverview 1

Level: Intermediate

Many adults and professionals believe that young children do not/cannot understand the concept of suicide; or do they. This presentation will give you a different way of understanding how children as young as 4 yrs. old can be suicidal.

67. What If They Find Out I'm a Fraud?? Coping with Imposter Syndrome

Presenter: Dana Hampson

Location: Riverview 2

Level: Beginning

Feeling like a fraud as a therapist can really hinder your ability to show up authentically in session. Join Dana to learn strategies to feel more secure and effective in your role as a helper!

68. Courtroom Preparation: Clinical Diagnosing and Treatment

Presenter: Kelsey Wilson

Location: Riverview 3

Level: Advanced

Courtroom Preparation importance in client advocacy ensures counselors elicit information in the precipitating events upon the incident for client's testifying in court and impacting asymptomatic objectives in the courtroom.

69. Caring for the Caregiver: Issues encountered by those in a Caregiving Role

Presenters: Frannie Horn

Location: Riverview 4

Level: Beginning

Millions of Americans engage in non-paid caregiving. This session will explore the range of issues encountered by those in a caregiving role.

70. Invisible Bonds: Ghosts and Angels in Parent-Child-Provider Connections

Presenters: Johnece Smith

Location: Riverview 5

Level: Intermediate

Explore the subtle yet powerful dynamics in parent-child-provider relationships. Unveil the 'ghosts' of unresolved traumas hindering attachment, and the 'angels' nurturing secure bonds.

71. Practice What you Teach

Presenter: Krystin Cuthrell

Location: Riverview 6

Level: Beginning

Implementing mindful self-renewal strategies into the Counselor's everyday lifestyle to model self-love for clients.

72. Social Justice Through the lens of a Children's Book

Presenter: Linda Holloway

Location: Riverview 7

Level: Beginning

This workshop is designed to teach participants the power of social justice and advocacy. Which will be conducted through the use of a children's book written by the presenter, B.A.D. Girls of Montgomery.

73. Finding Your Other Pieces to Complete the High School Puzzle

Presenters: Amanda Combs, Tina Evans, Adam Blevins

Location: Riverview 8

Level: Beginning

Share innovative ideas on how to utilize your available resources to help your students achieve their future goals.

74. 2024 Ethics Committee Updates

Presenters: Latonya Graham

Location: Montgomery 1

Level: Beginning

75. The History of the Alabama Professionals Health Program

Presenter: Robert Hunt

Location: Montgomery 4

Level: Intermediate

To introduce the Alabama Professional's Health Program (APHP) to ALCA members as the new Wellness Program for LPC, ALC and graduate counseling students to provide a confidential first-line resource for possible impairment issues.

76. Supervisor Competency: Perception of Students of Practicum and Internship

Presenter: Shu-Ching Wang, Yuh-Jen

Location: Montgomery 5

Level: Intermediate

A regression analysis study on supervisor competency finds SC and CMHC students perceived supervisor competency similarly, and direct contact hours are associated with counseling self efficacy. Outcomes may help counselor educators promote supervisor training.

77. Stress to Strength: Preventing Suicide in High-Pressure Professions

Presenter: Tamela Hughes

Location: Montgomery 6

Level: Intermediate

Discover strategies to prevent suicide, build resilience, and create a supportive culture for high-pressure professionals. Learn to turn stress into strength and support mental well-being.

78. Ethical considerations and strategies for counseling autistic children.

Presenter: William Vincent

Location: Montgomery 7

Level: Intermediate

We will discuss particular ethical issues, as well as practical information and strategies that are related to providing services to individuals who are ASD; particularly children and their families.

Content Sessions
Thursday, November 21, 2024
4:30 pm - 5:45 pm

79. Addressing the Invisible Wounds: Men's Mental Health Challenges

Presenters: Angelene Kendall-Henderson Location: Alabama Ballroom D Level: Advanced

Explore the hidden struggles of men's mental health, addressing societal expectations and stigma. Gain insights into challenges and strategies for fostering well-being in men.

80. Group Therapy: Back to Basics

Presenter: Belinda Kock, Briana Leavigne Location: Alabama Ballroom E Level: Beginning

This session will cover ethical and legal considerations of group therapy, group facilitation skills, and effective leadership.

81. A Collaborative Approach to Increasing Mental Wellness in Athletes

Presenters: Calli Campbell, Margaret Taylor, Steven Wright Location: Riverview 1
Level: Intermediate

Research indicates athlete burnout creates significant problems for high school athletes. This presentation will address interventions used to mitigate burnout in high school athletes as well as resources for coaches, counselors and caregivers.

82. My Heart is Broken, Please help! - Guide to helping children process grief

Presenter: Christa Stephens Location: Riverview 2 Level: Intermediate

Grief comes in many different forms. Grief creates BIG emotions that children struggle to process. This session will provide helpful coping skills for children to have the space to process their loss, grief, anger, fear, and uncertainties.

83. Supervision Techniques and Models for Supervising School Counseling Interns

Presenters: Malti Tuttle, Amy Upton, Daniel Birdsong, John McCall, Mallory Redmond
Location: Riverview 3 Level: Beginning

This session will inform school counselors who are current site supervisors or interested in supervising school counseling master's students during the internship experience. Techniques, supervision models, and ethical implications will be discussed.

84. TBRI Interventions for the Trauma-Informed School Counselor

Presenters: Heather Windham, Kelly Arant

Location: Riverview 4

Level: Intermediate

Trust-Based Relational Intervention (TBRI) is a trauma-informed, attachment-driven theory that provides a different perspective to working with children. This theory will be reviewed and practical interventions for school counselors will be provided.

85. Diet Culture and Fatphobia: Addressing Society's Body Image Ideal

Presenter: Katherine Barker, Sara Mischler, Angela Danais

Location: Riverview 5

Level: Beginning

This presentation addresses the impact of diet culture on clients' mental health and seeks to educate on ethical counseling practices in an inherently fatphobic society.

86. Culture Matters

Presenter: Latasha Morss

Location: Riverview 6

Level: Beginning

This presentation explores how counselors can navigate diverse cultural perspectives into their practice.

87. Engaging in Ethical Supervision Strategies with Novice Counselors

Presenter: Lindsay Stokes

Location: Riverview 7

Level: Intermediate

This presentation will review the ACA and ABEC ethical codes related to supervision. Supervision strategies for engaging novice counselors in ethical practice will be discussed. Other engaging strategies for supervision will also be provided.

88. Jungian Basics for Counselors: Symbols, Shadow, Psyche, Dreams, Archetypes

Presenter: Melissa Werner, Kathy Avsar

Location: Riverview 8

Level: Intermediate

Curious how to think about symbols, dreams, shadow in your practice? This session introduces beginners to Jungian concepts and allows seasoned counselors to deepen their understanding of these concepts and how they influence client behavior.

89. Business 200: Streamlining Your Private Practice

Presenters: Michelle Crumbly

Location: Montgomery 1

Level: Intermediate

This workshop is for clinicians who want to make their private practice a more efficient and effective business.

90. One room for all: Inclusive Excellence in Pedagogy

Presenters: Sahana Sen

Location: Montgomery 4

Level: Intermediate

In today's tech-driven world with shorter attention spans, creating engaging, inclusive classrooms is crucial. Integrating cultural competence and advocacy into strength-based practice in classrooms can be considered as an antidote to ethnocentric practices.

91. Spiritual Story-Telling

Presenter: Stephen Killen

Location: Montgomery 5

Level: Intermediate

This presentation will seek to explore ways to use Spirituality to conceptualize problems, shift perspectives, and provide relief to clients.

92. Finding Your Way in ALCA

Presenters: Veronica Davis, Monica Motley

Location: Montgomery 6

Level: Beginning

The 2023 ALCA Emerging Leader will share her journey to leadership in ALCA and ways others can experience the benefits of professional growth with involvement in ALCA.

93. The Use of Parent-Child Playful Time to Improve Children's Behavior

Presenter: Yuh-Jen Guo, Shu-Ching Wang

Location: Montgomery 7

Level: Beginning

Children spend more time on digital media than before. This research explored the use of parent-child playful time to study the influences of parent-child interaction without digital media. Outcomes provide insights for child psychotherapy.

Content Sessions
Friday, November 22, 2024
10:30 am - 11:45 am

94. A Review of Alabama’s School Counselor’s Use of Time

Presenters: Michelle Ocampo, Joy Burnham

Location: Alabama Ballroom C

Level: Advanced

This presentation will compare and contrast school counselor’s use of time across grade level and school community settings.

95. Boiling Over: A Grounded Theory on Counselors and Overcoming Burnout

Presenters: Andrea Whitten, Junfei Lu

Location: Riverview 2

Level: Beginning

This presentation will introduce a new framework developed through ground theory explaining how counselors experience and recover from burnout.

96. CACREP 2024 Standards Round Table

Presenter: Nisha Warbington, Brad Willis, Daniel Birdsong

Location: Riverview 3

Level: Intermediate

This session is intended to allow Counselor Educators involved with CACREP to review and discuss the new 2024 Standards.

97. Introduction to the Enneagram Personality Types

Presenter: Holly Walker

Location: Riverview 4

Level: Beginning

Introduction to the nine Enneagram types! It's a fun way to learn about us and our loved ones, and gain awareness into our strengths and challenges. To take test before content session:

<https://www.enneagraminstitute.com/get-started-with-enneagram-tests/>

98. The Ethics of Cultural Humility in Counseling and Supervision

Presenters: Ashley Garrett

Location: Riverview 5

Level: Intermediate

Participants will discuss the ETHICS of cultural humility and how it impacts the counseling and supervision relationship. This workshop is interactive.

99. Increasing Cross-Cultural Interpersonal Communications through AI

Presenters: Latasha Morss, Korinne Babel

Location: Riverview 6

Level: Intermediate

Incorporating AI in cross-cultural interpersonal communication holds promise for fostering mutual understanding and respect in a globalized world. Ethical considerations, cultural nuances, and core values must be considered.

100. Ethical considerations in small town schools

Presenters: Lisa Butler

Location: Riverview 7

Level: Intermediate

We will explore specific ethical considerations from a small town/small school perspective.

101. Fostering Hope through Foster Care

Presenter: Melissa Brooks

Location: Riverview 8

Level: Beginning

This presentation will focus on working as clinicians with children experiencing foster care. The number of children in foster care continues to rise. Clinicians need trauma-informed in treating and working with this population.

102. Mental Health Counseling in a School Counseling World

Presenters: Nicole Jones

Location: Montgomery 1

Level: Intermediate

This counseling presentation will equip school counselors with the mental health techniques to use in school as well as ways to incorporate mental health into the school culture.

103. The 10 Principles of Intuitive Eating

Presenter: Sara Nielson

Location: Montgomery 4

Level: Intermediate

I would present general information about Intuitive Eating (evidence based approach to disordered eating). I would explain each principle so they would have a basic understanding. I would offer practical applications to practice & points to explore

104. Neurotypes: Using qEEG Analysis to Better Understand Clients

Presenters: Stephen Killen

Location: Montgomery 5

Level: Advanced

This presentation will focus on using research around qEEG analysis to better understand clients beyond their diagnoses.

105. Gottman's Emotion Coaching: Elevating Emotional Intelligence in Students

Presenters: Teresa Prince

Location: Montgomery 6

Level: Intermediate

Explore the 5-step Emotion Coaching method to enhance children's emotional intelligence, facilitate healthy emotional responses, and foster a nurturing environment for psychological growth and resilience.

106. Spiritual Wellness: Enhancing CIT's Well-being & Practice in Supervision

Presenters: Yulanda Tyre, Kaitlin McIntosh, Jennifer Guffin

Location: Montgomery 7

Level: Intermediate

Research notes enhanced treatment outcomes for clients that integrate religion and spirituality into treatment, however little direction is given during training. Supervision can help CITs with via the use of assessment tools, theory and techniques.



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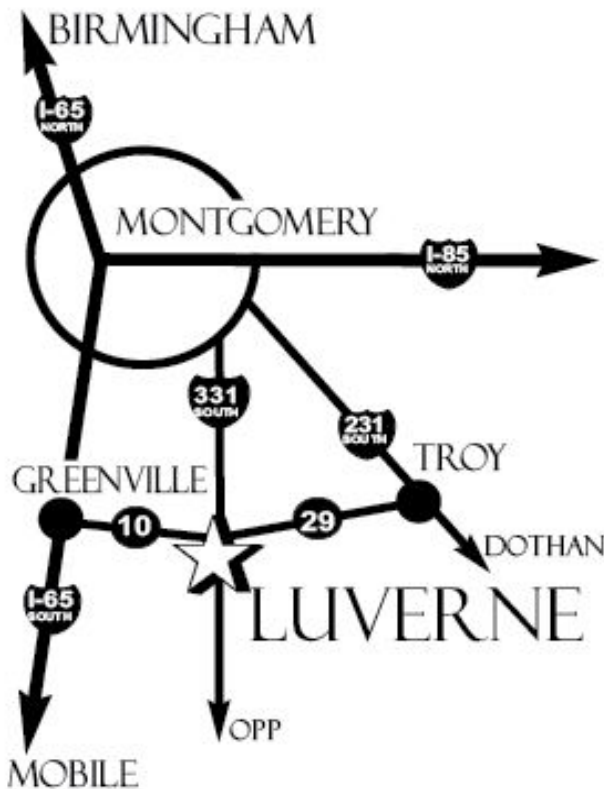
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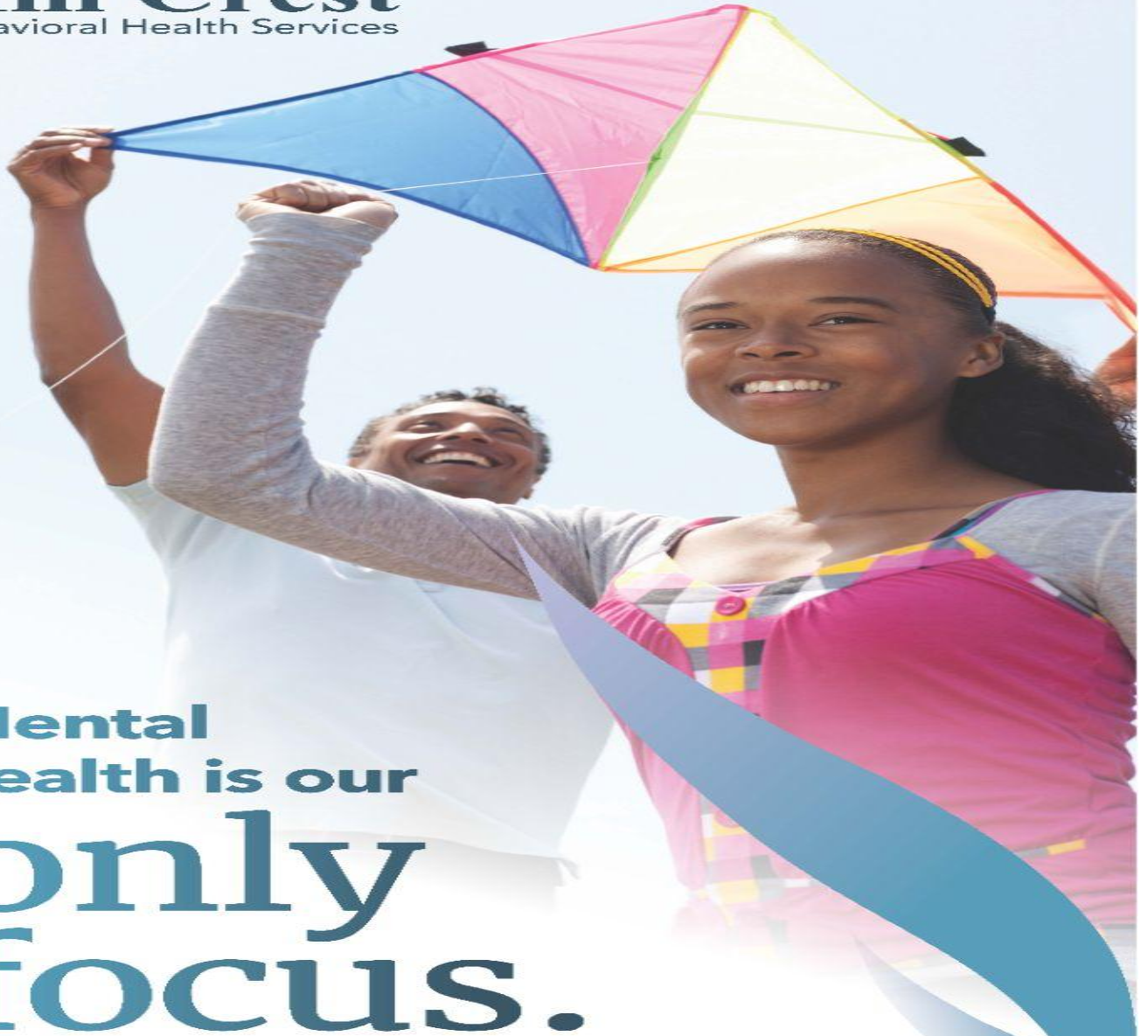
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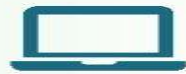
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1973-1974 Hugh Donnan	1985-1986 Nancy Fortner	1997-1998 Marcheta Evans	2009-2010 Judy Childress*	2021-2022 Yulanda Tyre
1974-1975 Leeman Joslin*	1986-1987 Linda Mahan	1998-1999 Sherry Quan	2010-2011 Nancy Fox	2022-2023 Jane Coleman
1975-1976 Nell Oden	1987-1988 Anne Hartline	1999-2000 Ingie Burke Givens	2011-2012 Melanie Drake Wallace	2023-2024 Tarmen Siaway
1976-1977 Fannie Cooley*	1988-1989 Bob Comas	2000-2001 Carol Turner*	2012-2013 Necoal Driver	2024-2025 Debbie Grant
1977-1978 Sanford Colley	1989-1990 Ervin (Chip) Wood *	2001-2002 Nancy W. Cole	2013-2014 Nancy Wolfe	*Deceased

Please visit our Wonderful Exhibitors!

TouShay Boutique	The University of Alabama Online	Alabama Head Injury Foundation
Wink Mobile Boutique	Faulkner University	Amridge University
Alabama Home Builders Foundation	ASVAB Career Exploration Program	Laurel Oaks Behavioral Health Center
Beacon Children's Hospital	Auburn University at Montgomery	Empower Counseling and Consulting, LLC
Alabama Alliance for Recovery Residences	SafetyNet Behavioral Healthcare	Alabama Council on Compulsive Gambling
Youth Villages, Inc	Karen Maury Jewelry	Hill Crest Behavioral Health Services
Bliss Counseling and Consulting	ACCESS/Madison City Schools	Alabama Education Association
Alabama Professionals Health Program	The Horizons School	ACT
Alsana	NAMI Alabama	YouthLight
Auburn University Vocational Evaluation Forensic Certificate Program	Florida Springs Wellness and Recovery Center	Alabama Association for Play Therapy
UWA Online	Alabama Institute for Behavioral Health, PC	Jacksonville State University
Laurel Oaks Behavioral Health Center	SanaVita Therapy	Behavioral Health Group
Rising South Literacy School	Middle Tennessee State	Sista Tu Sista
Med Pro South	IOP Services	Alabama Department of Rehabilitation Services
Ellie Mental Health	Vivant Behavioral Healthcare	Alabama Partnership for Children

EVALUATION

Please tell us your opinion of this conference for the days you were here. Rate the appropriate category for each item with 1 being the lowest and 5 being the highest. Leave blank any item that does not apply to you. Answer both sides and return the completed form to the evaluation table. Thank you.

I attended (Check all that apply): Wednesday_____ Thursday_____ Friday_____

Lowest

Highest

Overall Program	1	2	3	4	5
Setting a theme for the conference					
Organization of presentations					
Overall effectiveness of presenters					
Awards presentations					
Activities on first day					
Activities on second day					
Activities on third day					
Speaker/opening session on Wednesday					
Speaker/general session on Thursday					
Speaker/closing session on Friday					

Ancillary Services	1	2	3	4	5
Pre-conference publicity					
Registration					
Conference program booklet as guide					
Exhibits					
Hospitality at sponsored breaks, receptions					
Quality of chapters, division/affiliate social functions					
Quality of luncheons, dinner, other socials					
Quality of services for new attendees					
Quality of services for student attendees					
Usefulness of other conference services					

Conference Facilities	1	2	3	4	5
Accommodations for disabilities					
Layout of conference at site					
Size and comfort of meeting rooms					
Housing accommodations at site					
Site – city and facilities					
Food availability					
Food quality					
Overall rating of location					

Most valuable Keynote speaker: _____

Favorite Content Session: _____

3 Topics you would like to see next year:

Comments: _____

Thank you so much for providing meaningful feedback. We use these evaluations in planning for our upcoming conferences. We will see you next year in Birmingham!

Please place this evaluation in the marked tub on the Registration table, scan and email to alca@alabamacounseling.org, or mail to the ALCA office 5184 Caldwell Mill Road Ste. 204 #137 Hoover, AL 35244.



The Alabama Counseling Association is an NBCC Approved Continuing Education Provider (ACEP No. 2001). Programs that do not qualify for NBCC credit are clearly identified. The Alabama Counseling Association is solely responsible for all aspects of this program. The procedure for requesting NBCC hours for the 2024 ALCA Annual Conference is as follows:

After the conference, please complete the form at the link provided. There is no paper form for obtaining continuing education. If you need assistance completing the form, please email ALCAnbcc@gmail.com.

The deadline for receipt of continuing education certificate requests is January 31, 2025. Certificates for Annual Conference will be emailed no later than March 31, 2025. Requests submitted after January 31, 2025 will cost \$30.00 for ALCA members and \$40.00 for ALCA non-members.

The cost of CE certificates is INCLUDED in your conference registration!

You must be registered for the conference and have picked up your name badge in order to claim NBCC hours.

Presenters may not receive professional development credit for their own presentation(s).

Link: <https://forms.gle/VVQsW8ixr2sRmFPy6>



