

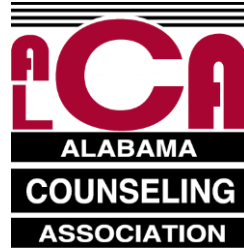
ALABAMA COUNSELING ASSOCIATION



**54th Annual Conference
November 18 – 20, 2020**



Virtual Conference



ALABAMA COUNSELING ASSOCIATION

54th Annual Conference
November 18 – 20, 2020
Virtual

“A Bridge in the Journey to Awareness, Healing & Hope”

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“A Bridge in the Journey to Awareness, Healing & Hope”

Founded in 1954

(1966 became a part of the American Counseling Association)

ALCA has enjoyed remarkable growth
and success in its long history.

Today it has a membership of approximately 2,200 members
comprised of nine Chapters, eleven Divisions, and two Affiliates.

Let’s celebrate the dedication of our members statewide
in our schools, colleges, agencies, institutions, and communities.

Our members are among the finest counselors in Alabama.

They are School Counselors... College Counselors...
Marriage and Family Counselors....
Educators and Supervisors.... Career Counselors...
Mental Health Counselors... Groupwork Specialists...
Rehabilitation Counselors...
Addictions and Offenders Counselors...
and Counselors in Private Practice.

They share one Vision of caregiving regardless of the specific nature
of their work, location or specialty ~ they are all Counselors!

MESSAGE FROM THE ALCA PRESIDENT

Jacques L. Austin, LPC-S, NCC



Welcome to the 54th annual conference of the Alabama Counseling Association. At first glance you may notice something different this year. That's right, it's virtual! It is a true honor to serve as your President and to preside over the first ever ALCA Virtual Conference. However, I am even more humbled by the events that have led us to have a conference in this format.

2020 has proven to be a year we will not soon forget. There are so many individuals, families, and communities that are impacted by our shared medical, social, and economic crisis. This year is truly challenging for us all.

Our theme this year was conceived during the 2019 conference. I imagined crossing that famed bridge on Interstate 65 traversing the Mobile River. I began to contemplate our role as practitioners, educators, and supervisors. I thought of the emotional journey of the clients entering our offices, the trepidation of new or returning students entering their counselor's office, and the supervisees with hopeful anticipation of embarking on a journey to a career in counseling. However, as we entered 2020, the theme has taken on an additional meaning.

Our theme: Counselors, A Bridge in the Journey of Awareness, Healing, and Hope. During this time of increased awareness in our nation the need for healing is apparent. An aspect of our job as Professional Counselors is to be a bridge to hope. Recognizing we are not the only bridge, just one of many. 2020 brings a shared journey. One we would rather not travel but must. That is why we will Florida offer content sessions that will strengthen the skills necessary for those vital conversations about 2020 and beyond. I have selected a cadre of keynote speakers that will enlighten, edify, and enrich us with knowledge that is both useful and profound. T. Marie King, a dynamic speaker, activist, and trainer will address the key component of the journey. **Awareness:** The key that opens the door to self-awareness, bias and the importance of empathy. Dr. Nekeisha Hammond CEO and Founder of Hammond Psychology & Associates and former President of the Psychological Association will speak on: **Healing** a Traumatized Nation. Dr. Jason Branch whose roots in counseling spring from The Alabama Counseling Association will share his message of **Hope:** The expectation of a healthy and balanced outcome.

It is with sincere gratitude that I recognize our Executive Director for her commitment and dedication to ALCA. The support and mentorship of the members of the ALCA Executive Board over the years is unparalleled. I am sincerely appreciative of your guidance, your leadership, and for your encouragement throughout my journey as a Professional Counselor. I am grateful to the ALCA members. Thank you for allowing me to serve, thank you for attending the conference, and thank you for being a member. I hope you enjoy the conference. This experience will be different. Although we will not be in the same building or dancing together on the same floor. We will be gathered together in purpose, lifting a spirit of hope for our nation, our state, and our profession.

Mr. Austin is a Licensed Professional Counselor-Supervisor and a Nationally Certified Counselor. He completed graduate work at the University of Alabama at Birmingham, receiving honors as Most Outstanding Student in Rehabilitation. Mr. Austin is Past-President of the Alabama Association for Specialists in Group-Work. He has served several years in multiple positions as an Executive Board member in the Alabama Counseling Association. He is Executive Director of the nonprofit Brother Let's Talk. Mr. Austin is in private practice in Tuscaloosa and Birmingham, AL. He is an Author, Speaker, Veteran, Husband and Father. He is dedicated to the self-improvement and emotional growth of others.

ALABAMA COUNSELING ASSOCIATION

History and Overview



The Alabama Counseling Association had its inception in 1954 as the Alabama Guidance Association, a locally organized, autonomous group. For years this group held state conventions and generally promoted professional development for counselors.

In 1964, during the Guidance Association's state convention at the Dinkler-Tutwiler Hotel in Birmingham, the question of national affiliation was discussed. With that question as impetus, then President Wilbur Tincher appointed a committee of seven to study the possibility of affiliating with the American Personnel and Guidance Association (APGA). Following discussions with and visits from American Personnel and Guidance Association representatives Willie Dugan, Kenneth Hoyt, and C. Winfield Scott, the committee proposed affiliation on February 14, 1966.

A proposed new constitution aligning the state organization with the American Personnel and Guidance Association constitution was presented at the 1966 state meeting in Montgomery. The membership approved the new constitution and endorsed the alignment. The Alabama Guidance Association then petitioned for national affiliation with APGA. Application for formal recognition was made in the Fall of 1966. Acceptance by the Senate of the American Personnel and Guidance Association was soon forthcoming. The charter for affiliation of the Alabama group was presented at the national convention of the American Personnel and Guidance Association in Dallas, Texas, in 1967.

On November 18, 1983, the General Session of the Alabama Personnel and Guidance Association voted to change its name to the Alabama Association for Counseling and Development in compliance with the national association's change to the American Association for Counseling and Development.

In the business session at its twenty-fifth Annual Conference in Huntsville in 1992, the state organization changed its name to the Alabama Counseling Association (ALCA) following the lead of the national organization once again.

ALCA has enjoyed remarkable growth and success in its long history. Today it has a membership of approximately 2200 members comprised of nine chapters, eleven divisions, and two affiliates. Each year the annual conference includes nationally known keynote speakers and a variety of professional opportunities. As the Association has grown, it has continued to add services for its members.

ALABAMA COUNSELING ASSOCIATION

Roster of Presidents

1965 - 1966	Wilbur Tincher*	1994 - 1995	Thelma Robinson
1966 - 1968	Clay Sheffield*	1995 - 1996	Margaret (Meg) Smith
1968 - 1969	Frances Davis*	1996 - 1997	Cheri Smith Fitzhugh
1969 - 1970	John Seymour*	1997 - 1998	Marcheta Evans
1970 - 1971	Reba Clark	1998 - 1999	Sherry Quan
1971 - 1972	Richard Ward	1999 - 2000	Ingie Burke Givens
1972 - 1973	Ethel Hall	2000 - 2001	Carol Turner*
1973 - 1974	Hugh Donnan	2001 - 2002	Nancy W. Cole
1974 - 1975	Leeman Joslin*	2002 - 2003	Annette P. Bohannon
1975 - 1976	Nell Oden	2003 - 2004	P. Irene McIntosh
1976 - 1977	Fannie Cooley*	2004 - 2005	Michael Lebeau
1977 - 1978	Sanford Colley	2005 - 2006	Paul F. Hard
1978 - 1979	Don Schmitz*	2006 - 2007	Shirley L. Barnes
1979 - 1980	Barbara Echols Jackson*	2007 - 2008	Jerri Lynn Morrow
1980 - 1981	Mary McKinnon Ledford*	2008 - 2009	Katharine Nichols
1981 - 1982	Jean Cecil*	2009 - 2010	Judy Childress
1982 - 1983	Don Belcher	2010 - 2011	Nancy Fox
1983 - 1984	Richard Canada	2011 - 2012	Melanie Drake Wallace
1984 - 1985	Susan Parker	2012 - 2013	Necoal Driver
1985 - 1986	Nancy Fortner	2013 - 2014	Nancy Wolfe
1986 - 1987	Linda Mahan	2014 - 2015	Donna Clark
1987 - 1988	Anne Hartline	2015 - 2016	Vincent D. Hinton
1988 - 1989	Bob Comas*	2016 - 2017	Margaret Fox
1989 - 1990	Ervin (Chip) Wood	2017 - 2018	Tomeka W. McGhee
1990 - 1991	Helen McAlpine	2018 - 2019	Monica P. Mack
1991 - 1992	Paulette Pearson	2019 - 2020	Leslie Weaver-Martin
1992 - 1993	Karole Ohme		
1993 - 1994	Joe Creel		

* DECEASED

ALABAMA COUNSELING ASSOCIATION

Upcoming Conferences

2021	Birmingham
2022	Mobile

ALCA ANNUAL CONFERENCE



Pre-Conference Activities Tuesday, November 17, 2020

6:00-8:00 pm
ALCA Executive Council Meeting

ALCA ANNUAL CONFERENCE

General Information

Awards Ceremony

The Awards will be given out on Thursday during lunch from 12:10pm-1:10 pm. Come see ALCA Award winners.

Colleagues with Disabilities

ALCA and its leaders and members are committed to ensuring you enjoy, benefit, and totally participate in the ALCA conference. Please let the members of our Conference Team know if you have special needs or if someone you know needs special assistance during the conference. ALCA is committed to your full participation in our conference, and we will respond to your needs as fully as possible. Contact Laventrice Ridgeway (251-635-5021) or Dr. Nancy Fox (205-423-5989).

Professional Development Hours Available



The Alabama Counseling Association has been approved by NBCC as an Approved Continuing Education Provider ACEP No. 2001. Programs that do not qualify for NBCC credit are clearly identified. The Alabama Counseling Association is solely responsible for all aspects of this program.

The procedure for requesting NBCC hours for the 2020 ALCA Annual Conference has been simplified with the adaptation of the live interactive virtual format. The Professional Development Clock Hours Request Form will NOT be required for the 2020 ALCA Annual Conference due to the virtual nature of the conference. All hours for CEs will be included in the cost of the 2020 Conference. The host television production company will track each attendee during the conference depicting rooms attended and time in the session. ALL 2020 Conference Attendees will be issued a tracking record of the sessions attended with the certificate issued at the end of the conference. Select your sessions and stay in the room to earn the CE total designated for that presentation. Moving in and out of sessions can negatively affect CE tallies. For 2020, the certificate will be emailed at no cost to ALL attendees after the conference has completed. Replacement certificates requested after the conference and before January 31, 2021 will cost \$10.00 for ALCA members and \$20.00 for non-members. Requests for replacement certificates submitted after January 31, 2021, will cost \$20.00 for ALCA members and \$30.00 for non-members.

You must be registered for and attend the conference to claim NBCC hours credit. NBCC hours are subject to be given for the presentations attended for the full time of the presentation. You may earn as many as 13 clock hours for the total conference. Presenters may not receive NBCC hours credit for their own presentations.

NOTE: This conference is also approved to provide credit for social worker hours. Please check statement on the form indicating intent to submit certificate to the Alabama State Board of Social Work Examiners.

Dr. Debbie Grant - ACEP Program Coordinator | 2705 Royal Lane | Pelham, AL 35124

Certificate of Attendance

Certificates for Annual Conference attendance (not NBCC-related) will also be generated and sent out via email after the conference.

Colleagues with Disabilities

ALCA and its leaders and members are committed to ensuring you enjoy, benefit, and totally participate in the ALCA conference. Please let the members of our Conference Team know if you have special needs or if someone you know needs special assistance during the conference. ALCA is committed to your full participation in our conference, and we will respond to your needs as fully as possible. Contact Laventrice Ridgeway (251-635-5021) or Dr. Nancy Fox (205-423-5989).

School Counselor Roundup

The School Counselor Round-Up is scheduled for Thursday, November 19, 2020 from 1:15pm.-3:15pm. This special session is open for all school counselors from novice to experienced. Counselors from across the curriculum will share their programs and ideas.

New School Counselor Academy

This session has been designated as one of the professional development opportunities to meet state certificate requirements as a new Alabama School Counselor (less than three years of experience). Experienced school counselors and state department personnel will review the most recent state standards, ethics for school counselors, and provide new counselors with resources which will assist them in providing a quality school-based counseling program. If you are a new counselor, this session is for you. This session is scheduled for Wednesday, November 18, 2020 from 2:50pm – 3:50pm.

LPC Roundup

An LPC Roundup is back again this year for Licensed Professional Counselors (LPCs) on Wednesday, November 18, 2020 from 1:45pm – 2:45 pm. Welcome LPCs!

Exhibits and Sponsors

The exhibits will offer materials to fill many counseling needs including audio visual aids, printed and other resource materials, college selection aids, books and career information. The 2020 Exhibits are housed in the Exhibits Library in the Virtual Conference portal and will be available the first day of the conference beginning at 8:00am and will remain open for 24 hours per day throughout the conference. Although exhibits will be open for viewing during late hours, exhibitors may not be available. After the conference ends, official conference registrants will be able to revisit the exhibitor in the recorded exhibits library to see what each offers and communicate via email. Please remember that our exhibitors and sponsors spend a great deal of money (often thousands). They and their organizations do not owe us this generosity; rather they do it to support Alabama counselors. Please thank them for being a part of the ALCA conference.

Consent to Use of Photographic Images

The registration and attendance at or participation in ALCA meetings and other activities constitutes an agreement by the registrant to ALCA's use and potential distribution of the registrant or attendee's image in photographs, videos, social media formats, and electronic reproductions of such events and activities.

Tax Deduction of Expenses

An income tax deduction may be allowed for expenses of education (including registration fee) undertaken to maintain and improve professional skills and paid personally. Keep your records and consult your tax professional.

The Good Neighbor Plan - A Word to Our Out-of-State Colleagues

The Alabama Counseling Association has a reciprocal agreement with the other state branches of ACA, AMHCA, and ASCA in the Southern Region. If you are from Florida, Georgia, Tennessee, Mississippi, or Louisiana, you may take advantage of our discounted member's rate for the conference if you send proof of your current membership in your own state's professional counseling association. Proof of membership may be current membership card with date, a letter of confirmation from your state's association, or some other form of verification. We are glad to extend this courtesy to our colleagues from other states in the Southern Region of ACA!

Legal Liability Issues for Counselors in Alabama -- \$25.00

To Order, Submit Written Request and Check to:

Dr. Nancy Fox
ALCA Executive Director
P. O. Box 131425
Birmingham, AL 35213-1425



YOU ARE INVITED TO THE

Alabama Counseling Association's
Virtual Celebration Entertainment/Dance

Thursday, November 19, 2020

6:00 pm - 8:30 pm

Entertainment by Rob Ferre

STUDENT PRESENTATION LIBRARY

The 2020 ALCA Annual Conference portal also boasts a Student Presentation Library. Visit these recorded presentations and learn about current research presented by students from a variety of universities.

Available 24 hours/day from 8:00AM November 18, 2020 and throughout the conference. These will remain available for official conference registrants until March 31, 2021. Please visit and email students with your questions/feedback.



SPONSOR: BRADFORD HEALTH SERVICES

THANK YOU TO BRADFORD HEALTH SERVICES FOR SUPPORTING THE GRADUATE
STUDENT PRESENTATION LIBRARY

For questions about the student presentations, contact:
Latonya Graham at dr.Imgraham@gmail.com or Vincent D. Hinton at vincentdhinton@yahoo.com

2020 ALCA ANNUAL CONFERENCE

Conference in Brief

Tuesday, November 17, 2020

6:00 am-8:00 pm

ALCA Executive Council Meeting

Wednesday, November 18, 2020

8:00 am - 24 hours

EXHIBITS LIBRARY

8:00 am - 24 hours

GRADUATE STUDENT POSTER LIBRARY

9:00 am - 10:30 am

OPENING GENERAL SESSION – KEYNOTE SPEAKER – (1 CE)

10:35 am - 11:35 am

CONTENT SESSION (1 CE)

11:40 am - 12:40 pm

CONTENT SESSION (1 CE)

12:45 pm - 1:45 pm

LUNCH ON YOUR OWN

HOME BUILDERS LICENSURE BOARD SPONSOR MESSAGE &
ALABAMA/AUBURN COMRADERIE

1:45 pm - 2:45 pm

LPC ROUNDUP (1 CE)

1:45 pm - 2:45 pm

CONTENT SESSION (1 CE)

2:50 pm - 3:50 pm

NEW SCHOOL COUNSELOR ACADEMY (1 CE)

2:50 pm - 3:50 pm

CONTENT SESSION (1 CE)

3:55 pm - 4:20 pm

ALCA MEMBERSHIP BUSINESS MEETING

4:20 pm - 5:20 pm

CLOSING GENERAL SESSION KEYNOTE SPEAKER – (1 CE)

Thursday, November 19, 2020

Available 24 hours

EXHIBITS LIBRARY

Available 24 hours

GRADUATE STUDENT PRESENTATION LIBRARY

9:00 am - 10:00 am

GENERAL SESSION – KEYNOTE SPEAKER – (1 CE)

10:05 am - 11:05 am

CONTENT SESSION (1 CE)

11:10 am - 12:10 pm

CONTENT SESSION (1 CE)

12:10 pm - 1:10 pm

AWARDS CEREMONY & LUNCH ON YOUR OWN

1:15 pm - 3:15 pm

SCHOOL COUNSELOR ROUNDUP (2 CEs)

1:15 pm - 2:15 pm

CONTENT SESSION (1 CE)

2:20 pm - 3:20 pm

CONTENT SESSION (1 CE)

3:25 pm - 4:25 pm

CONTENT SESSION (1 CE)

4:30 pm - 5:30 pm

CONTENT SESSION (1 CE)

5:30 pm - 6:00 pm

RETIRED COUNSELORS CHATTER

5:30 pm - 6:00 pm

GET ON YOUR DANCING SHOES!

6:00 pm - 8:30 pm

ENTERTAINMENT/DANCE!!!!

Theme: The Hat Parade: Putting a Lid on 2020

Wear your best hat!

Friday, November 20, 2020

8:15 am - 8:45 am

PAST PRESIDENTS COFFEE

8:50 am - 9:35 am

CHAPTER MEETINGS

9:40 am - 10:25 am

DIVISION/AFFILIATE MEETINGS

KEYNOTE SPEAKER

T. Marie King



T. Marie King is an activist, speaker, trainer, and community consultant with nearly 20 years of service, education, and community experience. She travels to cities across the nation serving as an authentic voice for progression. In her hometown, Birmingham, Alabama, she has the opportunity to share her passion about creating pathways to healing, teaching nonviolence, and building a better global community.

In her travels, King has spoken at various seminars, conferences and presented to more than 250 groups and organizations touching youth, college students and adults. She consults with community and national organizations on diversity and inclusion challenges, grassroots efforts, and community healing and conversations. She joined Cortico, a non-profit 501(c)(3) in cooperation with MIT's Laboratory for Social Machines, as Head of Alabama Local Voices Network seeking to foster constructive public conversation in communities and in the media to improve our understanding of one another.

King is a trained facilitator on Truth, Racial Healing and Transformation through the W.K. Kellogg Foundation and a faculty member with the Satyagraha Institute. She holds a B.A. in Urban and Global Economic Development from Beulah Heights University; and M.A. in Leadership and Divinity from Luther Rice University.

In addition to serving the larger community, T. Marie serves on a number of boards and advisory committees in the Birmingham area. She also curates her own community events that involve using the arts to help participants think about how they treat others. She recently published her first book; *Six Simple Keys to Living a Lifestyle of Forgiveness*.

KEYNOTE SPEAKER

Dr. Nekeshia Hammond



Dr. Nekeshia Hammond is the host of BWE Mental Health Moment with Dr. Hammond, Amazon international best-selling author, speaker, and psychologist. She is the Founder and CEO of Hammond Psychology & Associates and former President of the Florida Psychological Association and currently serves on the Board of Directors for the Ryan Nece Foundation.

Dr. Nekeshia Hammond is a licensed psychologist and owner of Hammond Psychology & Associates, P.A., a private practice serving children, teens, families, and adults. Her current focus is on completing psychological evaluations (Gifted, learning disorders, ADHD, depression, anxiety, etc.). She was one of 25 psychologists in the country to receive the Early Career Achievement Award from the American Psychological Association, as well as one of 30 individuals selected out of hundreds of applicants to receive an Up and Comers Award from the Tampa Bay Business Journal for the Under 40 years old category.

Dr. Hammond often consults with the media to increase public education about mental health issues, and she has been featured in Life Improvement Radio, CBS Boston, Essence, Tampa Bay Times, Deseret News, Tampa Bay Parenting, AM 1150 WTMP, Ebony, 105.5 WDUV, News 4 San Antonio, and more.

Involved heavily in the community, Dr. Hammond has been active with numerous associations, where she is a key psychologist at the state and federal levels. She advocates for patients' mental health and mental health professionals. She also serves on the Board of Directors for the Ryan Nece Foundation, where the mission is to “be a beacon to teens by empowering them to impact giving in their communities. In 2016 and 2017, she served on the Executive Committee of the Ryan Nece Foundation.

KEYNOTE SPEAKER

Dr. Jason Branch



A Licensed Professional Counselor (LPC) for the State of New Jersey and Approved Clinical Supervisor (ACS), Dr. Branch has more than fifteen years of experience in the mental health and counseling profession. Dr. Branch has worked in community agency and mental health centers, city government, and substance abuse treatment facilities.

Dr. Branch has maintained a clinical private practice since 2010 that focuses on adults, adolescents, couples and families. Dr. Branch currently engages in professional and scholarly work focused on African American male experiences, mentoring, multicultural issues, and increasing the practice of self-care for helping professionals.

ALCA COUNSELOR LOCATOR SERVICE

The Counselor Locator Service is designed to match clients who need services with qualified counselors by location and areas of practice through the use of a simple database search system.

The Alabama Counselor Locator Service is a client-focused service. The service is contained in a database located on the ALCA website. It allows anyone to go into the database and locate the counseling service needed and then to determine the Alabama counselor who can provide this service. The program helps clients find the services needed and helps our counselors identify clients. It has been well received statewide.

The target audience is the prospective client. It is a service designed solely to help the person in need to identify someone reasonably close who is qualified to help with the perceived problem. A byproduct is that LPCs and others have a mechanism from ALCA which helps them identify prospective clients.

Evaluation has been made primarily with feedback from participants. Counselors are steadily requesting to be added to the Service. Feedback comes in the form of comments from these people stating how pleased they are with the service and what a wonderful concept it is. There are several obvious benefits. Probably the greatest is the ability for a client to locate the service needed easily and quickly. From the counselor standpoint it is an opportunity to promote awareness. The professionalism of delivery has also enhanced the counseling image.

To view the Counselor Locator Service, go to www.alabamacounseling.org and click on “Counselor Locator Service.”

ALCA members who hold LPC credentials may be added to the Counselor Locator Service as a provider, just email your information to Dr. Nancy Fox at alca@alabamacounseling.org

ALCA Activities Calendar

ALCA maintains a comprehensive schedule of its activities and professional development opportunities on its website. Go to www.alabamacounseling.org and click on “Activities Calendar” to see what is happening in Alabama counseling.

ALCA Endowment Fund

If you want to honor someone, send memoriam, or just make a contribution, the ALCA Endowment Fund is perfect for you.

Through your contribution, you contribute to activities that support counseling.

As a service to our Endowment Fund contributors, we will send the appropriate acknowledgements.

Contact Dr. Ingie Burke Givens at (205) 533-1633 or given008@bama.ua.edu

ALCA Professional Liability Insurance

In today's professional setting, perhaps nothing is more important than making sure you are protected in the event a client sues you. You need professional liability insurance.

ALCA and the Healthcare Providers Service Organization (HPSO) offer an excellent national insurance policy to our ALCA members.

Contact
Dr. Nancy Fox
(205) 423-5989
alca@alabamacounseling.org

Program/Content Session Selection Procedures

Each year comments like these are made: “Why don’t we have more content sessions for _____ division?” or “Why do school counselors have so many sessions?” By learning the selection process for session proposals, those who wonder “Why?” will have their questions answered.

20% of the available content session slots are assigned to ALCA. By recognizing that the membership of ALCA share common interests in addition to the specifics of their division memberships, the opportunity exists for developing ALCA membership identity.

80% of the available content session slots are assigned to divisions/affiliates as determined by the following formula: the total number of slots assigned to divisions/affiliates multiplied by the percent of the total ALCA membership for that division/affiliate equals the number of programs selected for that division/affiliate. Any program slots not used by a division are reassigned to the ALCA allotment.

The Program Committee selects content sessions at a meeting convened by the ALCA Program Chair (President-Elect). A quorum is comprised of members present at the meeting. The Program Committee is composed of the ALCA Program Chair, the ALCA Fall Conference Chair and a representative from each division/affiliate. Each division/affiliate representative is appointed by the division/affiliate president. Look at the percentages below and you will understand how this works.

Percentages and Number of Slots for Selecting Annual Conference Content Sessions (2020)

Total # of slots is 76 (based on rooms available)

ALCA (General Interest) gets 20% = 15 slots

This leaves 66 slots to be assigned based on division/affiliate membership percentages.

ALCCA	7%	4 slots
ALACES	6%	4 slots
ALAMCD	6%	4 slots
ALCDA	4%	2 slots
ALGBTICAL	6%	4 slots
ALASGW	2%	1 slots
ALASERVIC	5%	3 slots
ALDARCA	2%	1 slots
ALAMFC	5%	3 slots
ALAAOC	6%	4 slots
ALAADA	4%	2 slots
ALMHCA (Affiliate)	16%	10 slots
ALSCA (Affiliate)	31%	19 slots
		61 slots

$$61 + 15 = 76$$

Content Sessions

Wednesday, November 18, 2020 - 10:35 am – 11:35 am

- 1. Telemental Health Counseling: Ethical, Legal and Practical Issues**
- 2. For Training Purposes: Helping Clients Reframe Their Problems as Solutions**
- 3. Developmental Disorders: Parent Education, Treatment & Advocacy**
- 4. You want me to do what? Career Development for High School Counselors**
- 5. Questions and Ethical Dilemmas from School Practicum and Internship Settings**
- 6. Addressing Approaches and Stigmas around Mental Health and Minorities**
- 7. Panic in a Pandemic (Part 1): Responses to Crises & Therapy Implications**
- 8. Virtual School Counseling: Practical Tools Used by ALCA School Counselors**

1. Telemental Health Counseling: Ethical, Legal and Practical Issues

Presenter: Celeste Neil, Ph.D., LPC-S, NCC, NCSC, ACS celestecneil@gmail.com

Location: Virtual Conference Room #1

Sponsors: **ALAADA ALACES ALMHCA ALASERVIC ALCCA**

The coronavirus pandemic forced many counselors to offer telemental health services to their clients. Legal, ethical, and practical issues of telemental health in counseling will be explored. Risks, benefits, and adjustments will also be discussed.

2. For Training Purposes: Helping Clients Reframe Their Problems as Solutions

Presenter: Beatrice Marshall, LPC, NCC blmarshall7@gmail.com

Location: Virtual Conference Room #2

Sponsors: **ALCA ALASERVIC ALCCA ALMHCA ALSCA**

Interactive, lecture presentation that provides overview of therapeutic concepts in helping clients to identify practical life skills to improve their relationships and overall quality of living.

3. Developmental Disorders: Parent Education, Treatment, & Advocacy

Presenters: Monica Peak, MS monica@peakfamilyservices.com

Robyn Trippany Simmons, LPC-S, NCC, RPT/S

Location: Virtual Conference Room #3

Sponsors: **ALCA ALMHCA ALAMFC**

Effective treatment of ADHD & other developmental disorders requires a multi-dimensional approach including knowledge of the Americans with Disabilities Act, parent education, & advocacy. A discussion on how to properly assist our clients.

4. You want me to do what? Career Development for High School Counselors

Presenter: Amy Smith MS, Ed.S amy.smith@pellcityschools.net

Location: Virtual Conference Room #4

Sponsors: **ALSCA** ALCDA

Use of technology in implementing a comprehensive career development program. Participants will be shown how to develop a program that links the academic interests of their students to career fields. Little or no cost involved.

5. Questions and Ethical Dilemmas from School Practicum and Internship Settings

Presenter: Poppy Moon, Ph.D. pmoon@uwa.edu

Location: Virtual Conference Room #5

Sponsors: **ALACES**, ALASCA

School counseling interns, site supervisors, and new counselors are faced with a variety of ethical issues. Join Dr. Moon as she reveals how to handle difficult situations.

6. Addressing Approaches and Stigmas around Mental Health with Minorities

Presenters: Brittany Powe Inge, MS, NCC bcp1102@jagmail.southalabama.edu

Demetrius Smith, MS, ALC drsmith.icumentalhealth@gmail.com

Location: Virtual Conference Room #6

Sponsors: **ALCA** ALASGW ALMHCA ALASERVIC ALAMFC ALSCA

We will look at ways we can alter our various approaches to mental health with minority families and students by addressing myths and reviewing approaches to be more considerate of stigmas.

7. Panic in a Pandemic (Part 1): Responses to Crises & Therapy Implication

Presenters: Jessica Tyler, Ph.D., LPC-S, BC-TMH, NCC jim0001@auburn.edu

Madeline LaPolla, M.Ed., NCC mzl0113@auburn.edu

Location: Virtual Conference Room #7

Sponsors: **ALMHCA ALAMFC**

This program has two parts- Part 1 will explore emotional and behavioral responses of fear, avoidance, numbing, ruminating, uncertainty, depression, and denial during a global crisis and what that means for counselors in practice.

8. Virtual School Counseling: Practical Tools Used by ALCA School Counselors

Presenters: Nafiyah Kirkland, MS nkirkland@alca.connectionsacademy.org

Dr. Jessica Quaipe, Ed.D. jessicaquaipe@gmail.com

Amanda Findlay, M.A., M.Ed., NCC amandaagfindlay@gmail.com

Becca Poe, M.A., NCC rebeccapoe@gmail.com

Location: Virtual Conference Room #8

Sponsors: **ALSCA ALCDA**

This session takes a transparent look at the nature of grief and the plethora of common life losses. Special attention will be given to more subtle losses, often overlooked, that elicit a grief response. Elements of the recovery path will be reviewed.

Content Sessions

Wednesday, November 18, 2020 - 11:40 am– 12:40 pm

- 9. Post-Crisis Planning in Schools: The What, the How, and the Why**
- 10. My Child the Sex Offender? Helping Sexually Reactive Children**
- 11. An Organized Approach: Reporting Child Abuse**
- 12. Victory in the Courtroom: Preparing School Counselors for Court Testimony**
- 13. So, I'm a School Counselor, where do I go from here?**
- 14. Duty to Warn and Protect: Ethical & Legal Responsibilities w/Non-Clients**
- 15. Utilizing the DC: 0-5 in Current and Future Practice**
- 16. Courageous Conversations in Counseling about Race**

9. Post-Crisis Planning in Schools: The What, the How, and the Why

Presenter: Dr. Amy P. Davis, PhD. NCC apdavis@una.edu

Location: Virtual Conference Room #6

Sponsors: **ALACES** **ALSCA**

Crises (death, tornadoes, suicide, etc.) are unavoidable. Are you prepared? This session will present research-based information on how to deal with crises. Counselors will leave better prepared to write a crisis plan for their schools.

10. My Child the Sex Offender? Helping Sexually Reactive Children

Presenter: LaShawn Turner, LPC jacksonlashawn@gmail.com

Location: Virtual Conference Room #2

Sponsors: **ALAAOC** **ALMHCA**

Offender treatment offers a holistic approach to sexual abuse prevention. Many children who commit sexually offensive acts are often adjudicated due to a limited understanding of treatment options. Many of these children can be helped.

11. An Organized Approach: Reporting Child Abuse or Neglect

Presenter: Laura Hodges lhodges154803@troy.edu

Location: Virtual Conference Room #1

Sponsors: **ALSCA** **ALACES** **ALASERVIC** **ALASGW** **ALMHCA** **ALAMFC**

Posttraumatic growth is described as positive adjustment that follows trauma characterized by improvements in personal strength and renewed meaning in life. This session will introduce basic concepts and best practice approaches to use in counseling.

12. Victory in the Courtroom: Preparing School Counselors for Court Testimony

Presenter: Dr. Margaret Taylor, PhD, LPC-S, NCC. barnema@auburn.edu

Location: Virtual Conference Room #4

Sponsors: **ALSCA ALACES ALASGW**

School counselors will be provided knowledge on testifying in court. Ethical documentation, court documents such as subpoenas and motions to quash, tips for providing testimony and role plays of expert testimony will be discussed.

13. So, I'm a School Counselor. Where do I go from here?

Presenters: Malti S. Tuttle, PhD, LPC, NCC, NCSC mst0022@auburn.edu

Amy Upton, Ph.D, NCC amyupton@me.com

Jan Gay, LICSW, NCC jannua@hotmail.com

Location: Virtual Conference Room #5

Sponsors: **ALSCA ALCDA ALAADA**

Where do I go from here? School Counselor Educators and a current doctoral student discuss career growth enhancement for school counselors. Come seek answers through an interactive discussion exploring matching career goals with academic pathways.

14. Duty to Warn and Protect: Ethical & Legal Responsibilities w/ Non-Client

Presenters: Jama Davis, Ph.D, LMHC, LPC, NCC jldavis3@liberty.edu

David Brown, PhD, LPCC-S, LCDC-III, NCC, ACS. davidlmco@gmail.com

Deborah Braboy, PhD, LPC-TA-S, NCC dabraboy@liberty.edu

Yulanda Tyre, Ph.D, LPC-S, NCC ytyre@liberty.edu

Location: Virtual Conference Room #6

Sponsors: **ALSCA ALACES ALMHCA ALASERVIC**

Procedures for mandatory reporting of abuse is only clear when working with a client and having direct knowledge of the situation. This session explores professional responsibilities without direct knowledge of the situation or identifiable information.

15. Utilizing the DC: 0-5 in Current and Future Practice

Presenters: Dr. Samantha Booker, PhD, LPC, NCC sbooker@troy.edu
Dr. Keith Cates, PhD, LPC-S, NCC, ACS, BC-TMH 3RAVNAR@gmail.com
Dr. Stacey Snead, PhD, LPC-S, IMH-E drstaceysnead@yahoo.com

Location: Virtual Conference Room #7

Sponsors: **ALMHCA ALACES ALAMFC**

Incorporating the DC:0-5 for childhood disorder identification, intervention, and diagnostic classification for clinicians.

16. Courageous Conversations in Counseling about Race

Presenters: Robyn Simmons LPC-S, NCC, RPT/S rsimmons30@liberty.edu
Nivischi Edwards, Ph.D., LPC nedwards10@liberty.edu
Brandi Chamberlin, Ph.D. bjpowell@liberty.edu
Arleezah Marrah, Ph. D amarrah@liberty.edu

Location: Virtual Conference Room #8

Sponsors: **ALAMCD ALASGW ALACES ALASERVIC ALGBTICAL ALCCA ALMHCA ALAMFC**

How can we be comfortable having uncomfortable conversations about race and culture with clients? This content session explores the topic of cultural humility in the counseling relationship, including an introduction to the courageous conversations protocol.

Content Sessions

Wednesday, November 18, 2020 - 1:45 pm– 2:45 pm

- 17. Superheroes and Character Education**
- 18. An Introduction to Telecounseling: Lessons Learned from COVID-19 and Beyond**
- 19. Supporting Students with Trauma: It's not as Easy as Learning your ABC's**
- 20. Play Therapy, Trauma and ASD: One Year Journey of Three Clients**
- 21. Beyond ACE's: Reducing the Psychological Effects of Trauma**
- 22. Adapting Play Therapy Techniques to Respond to Covid-19 Challenges**
- 23. Addressing Role Confusion in School Counselors**
- 24. LPC Roundup**

17. Superheroes and Character Education

Presenter: Jerrod Hood M.Ed, MTS, LPC-S Jared.hoodlpc@gmail.com

Location: Virtual Conference Room #1

Sponsors: **ALSCA ALASGW ALMHCA ALAMFC**

Every struggle to find common ground with child clients? Come find a way to connect with clients in a fun-filled way and teach solid character skills too

18. An Introduction to Telecounseling: Lessons Learned from COVID-19 and Beyond

Presenter: Zach Ludwig, LPC ziludwig21@gmail.com

Location: Virtual Conference Room #2

Sponsors: **ALAADA ALCDA ALASERVIC ALCCA ALMHCA ALAMFC**

COVID-19 expedited the adoption of Telecounseling by counselors. This session will explore the changes that occurred because of the pandemic and best practices including considerations for efficacy, safety, informed consent, and platform selection.

19. Supporting students with Trauma: It's not as Easy as Learning your ABCs

Presenter: Stephan Berry, Ph.D, LPC sberry143@sbcglobal.net

Location: Virtual Conference Room #3

Sponsors: **ALSCA ALMHCA ALCDA**

Students come to school with trauma experiences, both known and unknown. This session will describe how trauma manifests itself in school settings and strategies school counselors can use to support students and promote healing.

20. Play Therapy, Trauma and ASD: One Year Journey of Three Clients

Presenter: Cadara Parks, LPC, RPT cadaraparks@gmail.com

Location: Virtual Conference Room #4

Sponsor: **ALMHCA**

Utilizing 3 cases of Autism Spectrum Disorder, this presentation will help the audience understand that Play Therapy has a positive impact on behavior after a traumatic event

21. Beyond ACEs: Reducing the Psychobiological Effects of Trauma

Presenters: Sarah Cabler, LPC-S sarahcabler@unalomecc.com

Taneshia Hannon, ALC taneshiaro@gmail.com

Danielle McGee, MSW dmcgee@unalomecc.com

Location: Virtual Conference Room #5

Sponsors: **ALCA ALAADA ALAMCD ALCCA ALMHCA**

This engaging presentation will examine how trauma affects the developing brain, how to mitigate the impact of these experiences, and how to insulate the psychobiological system from future adversity through resilience.

22. Adapting Play Therapy Techniques to Respond to Covid-19 Challenges

Presenters: Dr. Amy Davis, PhD, NCC apdavis@una.edu

Dr. Korinne Babel, PhD, LPC, RPT khbabelphd@gmail.com

Location: Virtual Conference Room #3

Sponsors: **ALCA ALCCA ALMHCA ALSCA**

Many play therapy interventions can easily be modified to help children cope with the Covid-19 pandemic. Join us to learn how to modify what you already use and learn some new techniques as well.

Wednesday, November 18, 2020 - 1:45 pm-2:45 pm

23. Addressing Role Confusion in School Counselors

Presenters: Margaret Taylor, PhD, LPC-D, NCC barnema@auburn.edu
Melissa Mecadon-Mann, M.Ed, APC, NCC mecadonmann.counselor@gmail.com
Heather Windham, M. Ed., NCC had0005@auburn.edu

Location: Virtual Conference Room #7

Sponsor: **ALSCA**

School counselors often experience role confusion due to conflict between ideal professional identity and the actual professional identity as a school counselor. Supervision can address this confusion and increase professional development in school counselors.

Wednesday, November 18, 2020 - 1:45 pm – 2:45 pm

LPC Roundup

Location: Virtual Conference Room #8

Sponsor: **ALSCA**

Moderator: Shawndrika Cook, LPC shawndrikalcook@gmail.com

Wellness Checkup: The Importance of Examining Your Practice

Just as your yearly physical exam is important to your well-being, so is an exam of the health of your practice. Learn how procedures, tests, and examination of findings are not just for your yearly physical exam but useful tools to keep your practice healthy. You'll leave with practical discharge instructions guaranteed to lower your stress, keep your blood pressure low, and receive recommendations to ensure the health of your practice for years to come.

Content Sessions

Wednesday, November 18, 2020 - 2:50 pm – 3:50 pm

- 25. Elder Substance Abuse and Treatment: Unique Considerations**
- 26. The CBD Craze: Implications for Clinicians and Their Clients**
- 27. Use of Creative Journaling to be a Reflective Practitioner**
- 28. Ten ALCA Icons = Ten Valuable Lessons**
- 29. We See You: Giving Recognition to Black Students, Supervisors, and Counselors**
- 30. A Tale of Two Pandemics: Covid-19 and The Black Pandemic**
- 31. Neuroscience in Counseling: The Polyvagal Theory & Trauma**
- 32. New School Counselor Academy**

25. Elder Substance Abuse and Treatment: Unique Considerations

Presenter: Lindy Lewis, Ph.D, LCSW-C

lindylewisphd@hotmail.com

Location: Virtual Conference Room #1

Sponsors: **ALAAOC ALAADA**

This presentation will discuss current trends in medication misuse, and substance use disorders among the elderly. Developmental factors that contribute to the complexities of understanding and addressing geriatric substance use will be highlighted.

26. The CBD Craze: Implications for Clinicians and Their Clients

Presenter: Holly Walker, LPC-S, NCC

holly@thebalancedlifellc.com

Location: Virtual Conference Room #2

Sponsors: **ALCA ALMHCA ALSCA**

Is CBD oil a modern-day snake oil or a natural alternative for many ailments? We will define CBD and how it differs from THC, learn how the body processes it, and show many products with samples.

27. Use of Creative Journaling to be a reflective practitioner

Presenter: Millie Dawson-Hardy, Ph.D, LCSW-C madawsonhardy@ua.edu

Location: Virtual Conference Room #3

Sponsor: **ALAADA**

This presentation will introduce counselors to Creative Journaling. This is a process that you can enjoy yourself or use with clients. In the presentation you will get to complete 1-2 journaling ideas.

28. Ten ALCA Icons = Ten Valuable Lessons

Presenter: Dr. Joy Burnham jburnham@ua.edu

Location: Virtual Conference Room #4

Sponsors: **ALASGW ALMHCA**

ALCA Icons are visionary leaders who taught us, mentored us, and steered us to new heights in the state. With historical insight from ten ALCA Icon interviews, this presentation offers valuable lessons for current counselors.

29. We See You: Giving Recognition to Black Students, Supervises, and Counselors

Presenter: Janelle Jones, MS, NCC jljones30@crimson.ua.edu

Location: Virtual Conference Room #5

Sponsors: **ALACES ALCCA ALMHCA ALCDA**

Going unrecognized impacts confidence, negatively counselor identity development. Failure to acknowledge Black students, supervisees, and counselors, is a microinsult. This session addresses the importance and implications of acknowledgement.

30. A Tale of Two Pandemics: Covid19 and The Black Pandemic

Presenters: Michelle Crumbly, NCC, LPC michelle@michellecrumblylpc.com

Shawndrika Cook, LPC shawndrikalcook@gmail.com

Tammy Montgomery, APC, NCC twm0027@auburn.edu

Location: Virtual Conference Room #6

Sponsors: **ALAMCD ALASGW ALACES ALCDA ALMHCA ALAMFC**

The Black community, while continuing to face racism, discrimination, and economic disparities, leads in deaths from the impact of Covid19. What role does Mental Health counselors play in helping to close these disparities?

Wednesday, November 18, 2020 - 2:50 pm –3:50 pm

31. Neuroscience in Counseling: The Polyvagal Theory & Trauma

Presenters: Celeste Neil, Ph.D. celestecneil@gmail.com

Location: Virtual Conference Room #7

Sponsors: **ALMHCA**

Dr. Stephen Porges' Polyvagal Theory changed the way we view trauma. Neuroception explains how our nervous system functions to keep us safe. Interventions including participant involvement for trauma therapy will be explored.

Wednesday, November 18, 2020 - 2:50 -3:50 pm

New School Counselor Academy

Location: Virtual Conference Room #8

Sponsor: **ALSCA and the Alabama State Department of Education**

Moderators:

Sean Stevens

Cathy Lankford

Dr. Monica Mack, Ph.D, LPC, NCC mpmack23@gmail.com

Professional School Counselors new to the profession often question what they need to know during their first few years on the job. Every new school counselor should feel confident they understand their roles and are equipped with best practices regarding full implementation of the comprehensive school counseling and guidance program. This session has been designed as one of the professional development opportunities to meet state certification requirements for new Alabama School Counselors (less than three years of experience).

Content Sessions

Thursday, November 19, 2020 - 10:05 am– 11:05 am

- 33. Ethics in Counseling Survivors of Sexual Violence**
- 34. Young Black Girls and Mental Illness**
- 35. School Counseling Program of Distinction: What is Involved?**
- 36. Client Centered Therapy-It's More Than Helping Skills**
- 37. The Role of Faith in Human Growth & Development**
- 38. Supporting the Black Community through Counseling**
- 39. Linking Complex Trauma to LGBTQ + Suicide: A Framework for Practice**
- 40. In Our Own Voice**

33. Ethics in Counseling Survivors of Sexual Violence

Presenter: Dr. Darleen Dempster, Ph.D, LPC-S, NCC d.dempster@snhu.edu

Location: Virtual Conference Room #1

Sponsors: **ALMHCA ALASERVIC ALAADA ALASGW ALAMCD ALCCA ALMHCA ALAMFC**

This presentation will integrate considerations of ethical practice when working with survivors of sexualized violence. It will review of relevant ethical codes and fundamental principles of ethical behavior, as well as the ACA Ethical Decision-Making Model

34. Young Black Girls and Mental Wellness

Presenter: Dr. Linda Holloway Ph.D, NCC lindahollowayspeak@gmail.com

Location: Virtual Conference Room #2

Sponsors: **ALMHCA ALAMCD ALAMFC**

This session is designed to demonstrate how counselors can use the book “Little Miss Linda Goes to Counseling” “to initiate healthy dialogue concerning young black girls and therapy.

35. School Counseling Program of Distinction: What is Involved?

Presenter: Cindy Davis, MS, NBCT cindy.davis@knology.net

Location: Virtual Conference Room #3

Sponsor: **ALSCA**

Participants will review the application process for the Alabama School Counseling Program of Distinction (PoD). The PoD recognizes school counseling programs that demonstrate an exemplary level of implementation of a comprehensive, data-driven program.

36. Client Centered Therapy-It's More Than Helping Skills

Presenters: Hillary P. Ellerman, MS, NBCC Ellerman.hillary@gmail.com

Location: Virtual Conference Room #4

Sponsors: **ALMHCA**

Unfortunately, many students and practitioners have a misconception of client-centered therapy and its legitimacy as a theory of practice. This presentation aims to educate and bring awareness to the practice and purpose of client-centered therapy.

37. The Role of Faith in Human Growth & Development

Presenters: Charles Holley, M.BC speakerholley@gmail.com

Cedric Stanton, MS, LPC-S, NCC cstanrock@aol.com

Location: Virtual Conference Room #5

Sponsors: **ALASERVIC ALCCA ALMHCA ALAADA ALGBTICAL**

Can a counselee's faith play a significant role in successful counseling? Can a counselor tap into a patient's existing faith system to instill hope and combat depression and despair? Based on Research & personal experience.

38. Supporting the Black Community through Counseling

Presenters: Dr. Melanie Wallace, PhD. NCC, LPC-S mwallace@jsu.edu

Shannon Treadwell, ALC, NCC shanntreadwell@gmail.com

Location: Virtual Conference Room #4

Sponsors: **ALHMCD ALASGW ALASERVIC ALAADA ALAMFC ALSCA**

This presentation will discuss the negative stigma surrounding mental health in the black community and explore ways in which counselors of all races can assist this community in seeking professional help.

39. Linking Complex Trauma to LGBTQ+ Suicide: A Framework for Practice

Presenters: Kevin White, MS, APC, NCC klw0070@auburn.edu
Katherine Barker, MA, ALC, NCC keb0118@auburn.edu

Location: Virtual Conference Room #7

Sponsors: **ALGBTICAL ALCCA ALMHCA ALSCA**

The program will outline disparities in LGBTQ+ suicidal ideation and behavior, prevalence of complex trauma (CT), and the interpersonal theory of suicide (ITS) while establishing links between CT, ITS, and providing effective treatment approaches.

40. In Our Own Voice

Presenters: Candice Dunston, MA cdunston@csumb.edu
Ida Lockette, LPC, NCC, CRC idadlochette@yahoo.com

Location: Virtual Conference Room #8

Sponsors: **ALCA ALAMCD ALCCA ALMHCA ALAMFC**

In Our Own Voice (IIOV) is an education presentation developed by the National Alliance on Mental Illness (NAMI), in which trained individuals share their compelling stories about living with mental illness and achieving recovery.

Content Sessions

Thursday, November 20, 2020 -11:10 am – 12:10 pm

- 41. Tag.... You're "In It" Social Media Ethics and The Responsible Professional**
- 42. Inner Wealth: The Nurtured Heart Approach-Parents, Educators & Therapist**
- 43. Rapport Matters! Increasing Connection Between Professors and Students**
- 44. Experience the Labyrinth - Mindfulness and Contemplative Practice**
- 45. Treating Trauma to Address Substance Abuse and Mental Health**
- 46. Panic in Pandemic (Part 2): Responses to Crises & Therapy Implications for Counselors**
- 47. Experiencing Experiential Counseling in the Classroom**
- 48. New to School Counseling? A Smorgasbord of Activities to Get You Started!**

41. Tag.... You're "In It" Social Media Ethics and The Responsible Professional

Presenter: Brent Cosby, MS counselor1012003@yahoo.com
Location: Virtual Conference Room #1
Sponsor: ALAAOC

Participants will review two models of supervision and identify how they contribute to ethical practice according to the ACA Code of Ethics. Participants will review and engage in three creative art techniques to use in supervision

42. Inner Wealth: The Nurtured Heart Approach-Parents, Educators & Therapist

Presenter: Dr. Celeste Neil, Ph. D, LPC-S, NCC, NCSC-ACS, BC-TMH celestecneil@gmail.com
Location: Virtual Conference Room #2
Sponsors: ALCA ALMHCA ALAMFC ALSCA ALASERVIC

The Nurtured Heart Approach (NHA) promotes positive relationships, capturing everyday moments truthfully and reflecting them back to celebrate great decisions, judgement and wisdom while never failing to enforce rules in a simple, powerfully effective way.

43. Rapport Matters! Increasing connection between Professors and Students

Presenter: Brad Willis, Ph.D, LPC-S drbradwillis@gmail.com
Location: Virtual Conference Room #3
Sponsor: ALACES

This presentation focuses on helping students and professors increase connection through rapport-building behavior. Greater connection leads to higher satisfaction among both professors and students and leads to greater completion rates for students.

44. Experience the Labyrinth - Mindfulness and Contemplative Practice Workshop

Presenters: Timothy Birt, MS, LPC, LMFT 4tim.birt@gmail.com

Dr. Keith Cates, PhD, LPC-S, NCC, ACS, BC-TMH
3RAVNAR@gmail.com

Location: Virtual Conference Room #4

Sponsors: **ALASERVIC ALAADA ALCCA ALAMCD ALMHCA**

Experience mindfulness, contemplative, & meditative practices including walking a labyrinth and other experiential practices for use in clinical & spiritual contexts. In this workshop participants will be guided thru contemplative techniques.

45. Treating Trauma to Address Substance Abuse and Mental Health

Presenter: Kelly Mautz, Ph.D, MPA, CRC, ALC ekm0031@auburn.edu

Location: Virtual Conference Room #5

Sponsor: **ALAAOC ALMHCA**

This presentation highlights a study that examined results for incarcerated women in a southern-US women's prison system who participated in a trauma-focused treatment curriculum to address substance abuse and mental health issues.

46. Panic in a Pandemic (Part 2): Responses to Crises & Therapy Implications for Counselors

Presenters: Madeline LaPolla, M. Ed, NCC mzl0113@auburn.edu

Dr. Jessica Tyler, PhD, LPC-S, BC-TMH, NCC jim0001@auburn.edu

Location: Virtual Conference Room #6

Sponsors: **ALMHCA ALAMCD ALAMFC**

This program is Part 2 and will discuss trauma-informed care and the intersection of observed leadership styles during the pandemic and introduce prosocial and altruistic counseling interventions.

47. Experiencing Experiential Counseling in the Classroom

Presenters: Lisa Butler, Ed.S, LPCS, NCC, SAP lisakaybutler@gmail.com

Billie Miller, M.Ed bmiller@blountboe.net

Location: Virtual Conference Room #7

Sponsors: **ALSCA ALASGW**

A look from both elementary and high school counselor perspectives. Will define experiential learning, describe steps involved in designing learning activities in classroom counseling lessons, and will provide sample lessons to use in your own program.

48. New to School Counseling? A Smorgasbord of Activities to Get You Started!

Presenters: Dr. Malti Tuttle, PhD, NCC, LPC, NCSC mst0022@auburn.edu

Heather Windham, NCC had0005@auburn.edu

Melissa Mecadon-Mann, M.Ed, ALC, NCC mecadonmann.counselor@gmail.com

Location: Virtual Conference Room #8

Sponsors: **ALSCA ALASGW**

The presenters will supply new school counselors with interventions and techniques for classroom, small group, or individual counseling settings. Walk away with new ideas to implement in your comprehensive school counseling program today!

Content Sessions

Thursday, November 20, 2020 -1:15 pm – 2:15 pm

- 49. Leading People to do Great Things: Leadership in Counseling**
- 50. Involvement vs. Engagement: Evolving Family – School Partnerships**
- 51. When the Sci-Fi Movie Turns into a Horror Film**
- 52. Personal Story in Career College: Developing the Narrative**
- 53. Perinatal Mood and Anxiety Disorders: What Clinicians Should Know**
- 54. Unrealized Free Will: Black LGBTQ + People Experiences of Social Stigma**
- 55. The Power of Resilience: Strengths Among African American Professors**
- 56. School Counselor - Roundup I**

49. Leading People to Do Great Things: Leadership in Counseling

Presenter: Jarod Hood, M.Ed, MTS, LPC-S Jared.hoodlpc@gmail.com

Location: Virtual Conference Room #1

Sponsors: **ALCDA ALACES ALAMCD ALCCA ALSCA**

Come learn how to develop and deepen your skills to lead. You will learn in a lively setting through stories and creative illustrations the power of leading. Learn to be your best!

50. Involvement vs. Engagement: Evolving Family – School Partnerships

Presenter: Dr. Shannon McCarthy, PhD smcc@uab.edu

Location: Virtual Conference Room #2

Sponsors: **ALAMFC, ALSCA**

How can counselors help schools work more effectively with families? The presenter will discuss different models of family – school partnerships and strategies and roles for counselors in enabling a shift from the involvement to the engagement paradigm.

51. When the Sci-Fi movie Turns into a Horror Film

Presenters: Tanesha Hannon, ALC Taneshiaro@gmail.com

Danielle McGee, MSW dmcgee@unalomecc.com

Sarah Cabler, LPC-S sarahcabler@unalomecc.com

Location: Virtual Conference Room #3

Sponsors: **ALAMFC ALMHCA ALGBTICAL ALSCA**

A virus infiltrates, quarantine begins, the world's sent home...but, home is the real danger zone. Let our common lockdown experiences be the lens to view what happens when violence starts at home.

52. Personal Story in Career College: Developing the Narrative

Presenters: Dr. Kevin Stolz kbstoltz59@gmail.com
Dr. R. Susan Barclay, PhD, LPC, NCC susanrbarclay@gmail.com

Location: Virtual Conference Room #4

Sponsors: **ALCCA ALDARCA**

Use of personal narrative is still an emerging, important construct in career counseling. Attendees will learn and practice techniques for assisting clients in constructing and modifying their life stories for career and life design counseling.

53. Perinatal Mood and Anxiety Disorders: What Clinicians Should Know

Presenter: Alica Schuster-Couch alicia.newleaf@gmail.com

Location: Virtual Conference Room #5

Sponsors: **ALMHCA ALAMFC**

This presentation will introduce clinicians on the prevalence of PMADs (Perinatal Mood and Anxiety Disorders), screening and assessment tools used during pregnancy and postpartum, the spectrum and causes of PMADs, and resources for treatment.

54. Unrealized Free Will: Black LGBTQ+ People Experiences of Social Stigma

Presenter: Dwayne White, MS, LPC, NCC, CSSMHC dmw0050@auburn.edu

Location: Virtual Conference Room #6

Sponsors: **ALGBTICAL ALACDA ALASERVIC ALAMCD ALAGW ALMHCA ALSCA**

This presentation will critically examine how Black LGBTQ+ people are exposed to interlocking forms of social stigma and it can potentially impact their internal sense of free will. Next, therapeutic interventions will be presented for addressing these issues.

Thursday, November 20, 2020 -1:15 pm – 2:15 pm

55. The Power of Resilience: Strengths Among African American Professors

Presenters: Shatoi Scott, Ph.D, LCM, HC, CRC shatoi.scott@aamu.edu
Dr. Tonya Davis, PhD, LPC-S, NCSP, CFMHE tonyadavisLPC@gmail.com
Dr. Adrienne Vaughn Parham, Ed.D adrienne.parham@gmail.com
Dr. Rhonda Thompson, PhD rhondat95@gmail.com

Location: Virtual Conference Room #7

Sponsors: **ALACES ALACDA ALGBTICAL ALAMCD ALCCA ALMHCA ALSCA**

Academics contend with challenges relative to work-life balance and levels of wellness. This presentation will discuss shared strengths of African American professors that serve as intermediating factors of resiliency during the Covid-19 Pandemic.

Thursday, November 20, 2020 - 1:15-2:15pm

School Counselor-Roundup Part I

Location: Virtual Conference Room #8

The roles of elementary counselors and strategies for implementing comprehensive school counseling programs will be discussed.

Speakers:

Shelly Johnson, LPC, NCC shellyjohnson1997@gmail.com

Shelly Mitchell, LPC smitchell@shelbyed.org

Moderator:

Amy Upton, PhD, NCC, NCSC

Content Sessions

Thursday, November 20, 2020 - 2:20 pm – 3:20 pm

- 57. Therapy and Disability Services: Ethical Considerations for Documentation**
- 58. Calming the Storm – Understanding Anxiety in Adolescents**
- 59. Fragile: Exploring the African American Male Ego**
- 60. Launching Your Practice; Understanding the Options**
- 61. Making Peace in Parts: Internal Family Systems (IFS) in Trauma Work**
- 62. Implementation of and Support for Comprehensive School Counseling Program**
- 63. Breaking Down Walls of Suicide Ideation in Adolescents**
- 64. School Counselor - Roundup II**

57. Therapy and Disability Services: Ethical Considerations for documentation

Presenter: Laventrice Ridgeway, MS laventrice@gmail.com

Location: Virtual Conference Room #1

Sponsors: **ALDARCA ALMHCA ALSCA**

This session will offer participants an introduction to the application of Section 504 and Title II of the ADA to the higher education setting along with considerations for counselors in developing documentation for disability services offices.

58. Calming the Storm- Understanding Anxiety in Adolescents

Presenter: Deborah Grant, Ph.D, LPCS, CRC, NCC drdebgrant@gmail.com

Location: Virtual Conference Room #2

Sponsor: **ALAMFC ALMHCA ALGBTICAL ALSCA**

Adolescent anxiety is on rise and practitioners are always seeking new tools and tips to assist their adolescent clients with "calming the storm" that is anxiety.

59. Fragile: Exploring the African American Male Ego

Presenter: Kezziah McDaniel, Ed.D, LPC-S kmcdaniel3377@gmail.com

Location: Virtual Conference Room #3

Sponsors: **ALMHCA ALASERVIC ALAMCD ALSCA**

An exploration of the fragility of the African American male ego and the implications associated with their engagement in the therapeutic counseling relationship.

60. Launching Your Practice; Understanding the Options

Presenter: Brenda Fore, Ph.D, LPC-S, NCC bfore713@gmail.com

Location: Virtual Conference Room #4

Sponsors: **ALMHCA ALAMCD**

Providing a clearer understanding of the issues and requirements of starting a private practice. Organizing and finding focus among the chaos and innumerable questions that arise during the process.

61. Making Peace in Parts: Internal Family Systems (IFS) in Trauma Work

Presenter: Elizabeth Dennis ebd0004@auburn.edu

J.C. Ausmus, MS, MA jza0079@auburn.edu

Location: Virtual Conference Room #5

Sponsors: **ALCA ALASGW AMHCA ALAADA ALAMFC**

Have you heard of Internal Family Systems (IFS)? This session presents a new approach to trauma and identity formation work with the college population through IFS.

62. Implementation of and Support for Comprehensive School Counseling Program

Presenter: Dr. Daniel Birdsong, EdD, LPC, NCC, NCSC daniel.birdsong@acsboe.org

Location: Virtual Conference Room #6

Sponsor: **ALSCA**

This session describes the results of a research study examining the 2018-2019 Alabama School Counseling Program of Distinction recipients. The perceptions and experiences of school counselors and principals were examined and will be discussed.

63. Breaking Down Walls of Suicide Ideation in Adolescents

Presenters: Tammy Montgomery, MS, APC, NCC, twm0027@auburn.edu
Leah Kartovicky, M.Ed, CRC, NCC lk0002@auburn.edu
Darlene Lewis, Ed.S darlenelewis2004@yahoo.com
Brittney Barnett, LPC, NCC brittrbarnett@gmail.com

Location: Virtual Conference Room #7

Sponsors: **ALSCA ALASGW ALAMCD ALCCA ALMHCA ALAMFC**

Fill your toolbox by engaging in brainstorming, role play, and discussions to dismantle suicidal ideation in adolescents. Develop confidence in implementing various preventative measures that will enhance your skills in communicating with families.

School Counselor - Roundup II

Location: Virtual Conference Room #8

Sponsor: **ALSCA**

Secondary counseling and the importance of collaboration across stakeholders will be discussed.

Speakers:

Margaret Sharp, M.Ed msharp@bcbe.org

Zack McCraw, M.Ed, LMSW, NCC zmccraw@bcbe.org

Moderator:

Amy Upton, PhD, NCC, NCSC

Content Sessions

Thursday, November 19, 2020 - 3:25 pm – 4:25 pm

- 65. Building a Counseling Program from the Beginning**
- 66. Recognize the Effects of Trauma: Healing from the Start**
- 67. Grief Interventions for School Counselors**
- 68. Implementing the McKinney-Vento Act During These Unprecedented Times**
- 69. The Settle and the Soothe System: A Key to Emotional Control**
- 70. Using Neuroscience to Inform Counseling: An EEG Study of Stereotyping**
- 71. Video Game Addiction and Treatment Across the Lifespan**
- 72. Providing Trauma Informed and Culturally Sensitive Care to LGBTQ**

65. Building a Counseling Program from the Beginning

Presenter: Kelli Parrish Muncher, EdS kellimuncher@me.com

Location: Virtual Conference Room #1

Sponsors: **ALACES ALAMFC ALSCA**

This presentation focuses on building a counseling program from a new counselor's perspective. Where do you begin? How do you find support? How do you sell the idea to your administration?

66. Recognizing the Effects of Trauma: Healing from the Start

Presenter: Angel Jernigan, MS, LPC, NCC jernigan.counseling@gmail.com

Location: Virtual Conference Room #2

Sponsors: **ALCA ALASGW ALAMCD ALCCA ALSCA**

Clients that have experienced trauma present with various symptoms that make diagnosis and treatment challenging. Join me to learn to readily recognize the effects of trauma and conceptualize your cases within a trauma sensitive framework.

67. Grief Interventions for School Counselors

Presenters: Stephan Berry, Ph.D, LPC sberry143@sbcglobal.net

Dr. Laura Hodges, PhD, LPC-S, NCC, ACS lhodges154803@troy.edu

Location: Virtual Conference Room #3

Sponsors: **ALSCA ALMHCA ALCDA**

Solution Focused Brief Therapy is a short-term therapeutic approach that is useful in school and clinical settings. Take your use of SFBT to a new level with the strategies and techniques presented in this session.

68. Implementing the McKinney-Vento Act During These Unprecedented Times

Presenters: Kristen Dial, Ed.S kristen.dial@alsde.edu

Jean Davis, M.Ed, LPC davisjeand@gmail.com

Location: Virtual Conference Room #4

Sponsor: **ALSCA**

The school counselor's role to assist homeless students is needed more than ever before due to COVID-19. We will cover homelessness and their impact on students, and federal law governing school responses to homelessness.

69. The Settle and Soothe System: A Key to Emotional Control

Presenter: Jared Hood, M.Ed, MTS, LPC-S Jared.hoodpc@gmail.com

Location: Virtual Conference Room #5

Sponsors: **ALAMFC ALAADA ALMHCA**

What if a key to curbing your anger, reducing your stress and providing a platform for thriving in life lived within your body? Help clients learn to master their "Settle and Soothe"(PNS) system.

70. Using Neuroscience to Inform Counseling: An EEG Study of Stereotyping

Presenters: Wesley Webber, MA, NCC wwebber@crimson.ua.edu

Dr. Joy J. Burnham, PhD, LPC, NCC jburnham@ua.edu

Location: Virtual Conference Room #6

Sponsors: **ALCA ALACES ALMHCA**

Neuroscience research methods can provide unique information to the counseling field. This presentation will describe results from a study that used EEG to assess possible stereotyping tendencies in graduate students in mental health fields.

71. Video Game Addiction and Treatment Across the Lifespan

Presenter: Torsten Dryden, Ed.S, LPC, NCC drydentherapy@gmail.com

Location: Virtual Conference Room #7

Sponsors: **ALAAOC ALCCA ALMHCA ALAADA ALAMFC ALSCA**

Video game addiction is an emerging trend among children, teens, and adults worldwide. Various concerns have appeared as gaming addiction impacts people of all-ages. Evidence for further research on this topic as well as viable treatment options are reviewed.

72. Providing Trauma Informed and Culturally Sensitive Care to LGBTQ Clients

Presenters: Katie Reese, M.Ed, LPC, NCC katie@mcwc-bao.org

Dyllon Johnson, M.Ed., ALC, NCC dyllonjohnson94@gmail.com

Kasey Coleman, MA, ALC, NCC kaseyie1@uab.edu

Location: Virtual Conference Room #8

Sponsors: **ALGBTICAL ALACES ALAMCD ALCCA ALMHCA ALSCA**

Thoughtful planning and evaluation can maximize treatment outcomes and provide a safe environment for LGBTQ clients with a trauma history. These guidelines may be implemented to provide trauma informed and affirming care to LGBTQ clients.

Content Sessions

Thursday, November 19, 2020 - 4:30 – 5:30 pm

73. Essential Skills for Conflict Resolution Building

74. Mindfulness & Self Care: Tips & Tools for You and Your Students or Clients

75. Trauma-Informed Schools: How Counselors Can Help Schools Make the Shift

76. School & Mental Health Counselors: Ethical Bridge to Social & Emotional Well-Being

77. Meditation Systems for Mental Health: Offerings Congruent with Client Needs

78. Creating Networking, Support, and Resources for Mental Health Professionals

79. Sandtray Therapy and EMDR: A Powerful Combination for Trauma Concerns

80. Professional Advocacy through Service: Leadership Opportunities in ALCA

73. Essential Skills for Conflict Resolution & Relationship Building

Presenter: Timothy Birt, MS, LPC, LMFT 4tim.birt@gmail.com

Location: Virtual Conference Room #1

Sponsors: **ALAMFC ALCCA ALCDA ALASERVIC**

Advanced expression & understanding skills/interventions to help clients communicate emotions, values, and priorities essential to resolving conflict and improving relationships.

74. Mindfulness & Self Care: Tips & Tools for You & Your Students or Clients

Presenter: Andrea Millsap amillsap@baysideacademy.org

Location: Virtual Conference Room #2

Sponsors: **ALCCA ALAMCD ALMHCA ALASERVIC ALAMFC ALSCA**

This presentation will provide information on mindfulness and its evidence-based benefits. Participants will be provided with numerous tools for self-care and to use in their practice with students or clients. Leave feeling refreshed and renewed!

75. Trauma-Informed Schools: How Counselors Can Help Schools Make the Shift

Presenter: Dr. Dayna Watson, Ph.D watsondm@uab.edu

Location: Virtual Conference Room #3

Sponsors: **ALSCA ALMHCA ALAMFC**

Counselors are well-equipped to support schools in shifting towards a trauma-informed model. This presentation will focus on the basics of trauma-informed schools and outline specific ways counselors can collaborate with school personnel.

76. School & Mental Health Counselors: Ethical Bridge to Social & Emotional Well-Being

Presenters: Vincent Hinton, Ed.S, LPC-S, NCC vincentdhinton@yahoo.com

Dr. Monica P. Mack, PhD, LPC, NCC mpmack23@gmail.com

Location: Virtual Conference Room #4

Sponsors: **ALSCA ALMHCA ALSCA**

A school & mental health counselor will explore the needs of students experiencing stress/anxiety, depression & suicide; participants will discuss these topics, interventions, ethical considerations as well as how to build a referral & community resource base.

77. Meditation Systems for Mental Health: Offerings Congruent with Client Needs

Presenter: Albert Thomas, LCP thomaaw@gmail.com

Location: Virtual Conference Room #5

Sponsors: **ALASERVIC ALMHCA ALAADA**

Learn scientific basics of, and briefly experience examples of, types of meditation which you can offer clients, congruent with their cultural backgrounds, needs and capacities. Basic techniques, safety and ethics, contraindications, scientific evidence.

78. Creating Networking, Support, and Resources for Mental Health Professionals

Presenters: Pamela Tippit, MS, LPC-S pltcounseling411@gmail.com

Christina Pannell, LICSW, PIP christinapannelllcs@gmail.com

Location: Virtual Conference Room #6

Sponsor: **ALCA**

This panel discussion will cover how establishing a professional network of mental health professionals in YOUR area can offer resources, referrals, and networking that are vital to providing support for professionals, clients, and the community.

79. Sandtray Therapy and EMDR: A Powerful Combination for Trauma Concerns

Presenters: Celeste Neil, Ph.D., LPCS, NCC, NCSC, ACS, BC-TMH celestecneil@gmail.com

Tamara Oliver-Jackson, E.Ds., LPC, NCC, RPT, CAMS-II

tojackson9@gmail.com

Location: Virtual Conference Room #7

Sponsors: **ALCA ALCCA ALMHCA**

In Sandtray Therapy the therapist provides a safe container where clients nonverbally explore their worldview. During EMDR clients recall distressing images and therapist directs client bilateral sensory input. Alternating both processes can combine benefits.

80. Professional Advocacy through Service: Leadership Opportunities in ALCA

Presenters: Tammy Montgomery, MS, APC, NCC

twm0027@auburn.edu

Monica Motley, Ph.D

drmmotley@gmail.com

Alicia Richardson, MA, LPC, NCC

heartofthemattercounseling@yahoo.com

Location: Virtual Conference Room #8

Sponsors: **ALCA ALACES ALMHCA**

Interested in becoming more involved in ALCA? This session is for you! Participants will discover opportunities for engagement and service within ALCA and how involvement increases collaboration and professional advocacy.

ALABAMA COUNSELING ASSOCIATION

2020-2021 Leadership

Officers

President	Jacques L. Austin
President-Elect	Dr. Yulanda Tyre
Past President	Leslie N. Weaver-Martin
Secretary	Dr. Jane Coleman
Treasurer	Lisa M. Patterson
Historian	Chris DaSambiagio-Moore
Parliamentarian	Dr. Sherrionda Crawford
Executive Director	Dr. Nancy Fox

Chapter Presidents

Chapter I	Dr. Jennifer Todd
Chapter II	Lashawn Jackson
Chapter III	Chris DaSambiagio-Moore
Chapter IV	Amber Brewer
Chapter V	Torsten Dryden
Chapter VI	Dr. Alice Jackson
Chapter VII	Dr. Jessica Melendez Taylor
Chapter VIII	Shivani Bhakta
Chapter IX	Blaine Lipford

Division Presidents

ALACES	Dr. Melissa D. Deroche
ALAMCD	Tammy Montgomery
ALASGW	Dr. Christi Jones
ALCCA	Lola Johnston
ALDARCA	Julian Shields
ALMHCA	Dr. Paul Hard
ALSCA	Casey Lancaster
ALAMFC	Dr. Carmela Drake
ALCDA	Dr. Starrah Huffman
ALAAOC	Dr. Elizabeth Kelley Mautz
ALASERVIC	Tim Birt
ALAADA	Dr. Carolyn Thomas
ALGBTICAL	Dr. Paul Hard

Standing Committee Chairs

Awards & Resolutions (State)	Dr. Lynn Boyd
	Dr. Laura Hodges
Budget & Finance	Lisa M. Patterson
Bylaws	Dr. Sherrionda Crawford
Government and	Marjorie Baker
Professional Relations (State)	Janis Braue
Ethics	Dr. Melanie Wallace
Membership	Darlyce Bundy
	Teneshia Sanford
Program	Dr. Yulanda Tyre
Publications	Leslie N. Weaver-Martin
Nominations & Elections	Leslie N. Weaver-Martin
Professional Standards	Dr. Stephanie Howard
	Sheryl Smith
Publicity	Chris DaSambiagio-Moore

Special Committee Chairs

NBCC Conference Coordinator	Dr. Debbie Grant
NBCC Chapter/Division Coordinator	Dr. Debbie Grant
Leadership Chapters & Divisions	Leslie N. Weaver-Martin
	Vincent D. Hinton
Endowment Fund	Dr. Ingie Burke Givens
Graduate Students	Vincent D. Hinton
	Dr. Latonya Graham
Hospitality	Carolyn J. Liggins
Current Issues	Shawndrika Cook
Leadership Development /	Dr. Monica Motley
Emerging Leader Program	Alicia Richardson
Strategic Planning	Leslie N. Weaver-Martin
Research & Evaluation	Dr. Samantha Booker
Professional Development	Nancy Fortner
Annual Conference	Dr. Necoal Driver
	Dr. Starrah G. Huffman
	Dr. Lynn Boyd

Special Functions

Alabama Board of Examiners	Anna Barksdale
in Counseling	
State Dept. of Education Liaison	Sean Stevens
ACA Liaison	Dr. Thelma Robinson
	Doris Vaughans
Journal	Kathryn M. Cox
	Dr. Linda Holloway
Retired Counselors Group	Katharine Nichols
	Judy Childress
Chi Sigma Iota Liaison	Dr. Dayna Watson
Circle of Presidents	Dr. Monica Mack
Ads & Exhibits	Jerri Lynn Morrow
Adaptive Needs Accommodations	Laventrice Ridgeway
Emerging Leader	Tammy Montgomery

ALABAMA COUNSELING ASSOCIATION

CHAPTERS BY COUNTY

Chapter I	Colbert, Cullman, Franklin, Lauderdale, Lawrence, Limestone, Morgan, Winston
Chapter II	Blount, Jackson, Madison, Marshall
Chapter III	Fayette, Green, Hale, Lamar, Marion, Pickens, Sumter, Tuscaloosa, Walker
Chapter IV	Jefferson, Shelby
Chapter V	Calhoun, Cherokee, Cleburne, DeKalb, Etowah, St. Clair, Talladega
Chapter VI	Autauga, Bibb, Butler, Chilton, Choctaw, Dallas, Lowndes, Marengo, Perry, Wilcox
Chapter VII	Bullock, Chambers, Clay, Coosa, Elmore, Lee, Macon, Montgomery, Randolph, Russell, Tallapoosa
Chapter VIII	Baldwin, Clarke, Conecuh, Escambia, Mobile, Monroe, Washington
Chapter IX	Barbour, Coffee, Covington, Dale, Crenshaw, Geneva, Henry, Houston, Pike

DIVISIONS AND AFFILIATES BY SPECIALTY

ALCCA	Alabama College Counseling Association
ALACES	Alabama Association for Counselor Education & Supervision
ALAMCD	Alabama Association for Multicultural Counseling & Development
ALCDA	Alabama Career Development Association
ALASGW	Alabama Association for Specialists in Group Work
ALASERVIC	Alabama Association for Spiritual, Ethical, & Religious Values in Counseling
ALDARCA	Alabama Division of the American Rehabilitation Counseling Association
ALAMFC	Alabama Association for Marriage & Family Counseling
ALAAOC	Alabama Association of Addictions & Offenders Counselors
ALAADA	Alabama Association for Adult Development and Aging
ALGBTICAL	Association for Lesbian, Gay, Bisexual, and Transgender Issues in Counseling in Alabama
ALMHCA (Affiliate)	Alabama Mental Health Counselors Association
ALSCA (Affiliate)	Alabama School Counselor Association

MEMBERSHIP TYPES

Professional Membership is open to all credentialed counselors professionally engaged in counseling, or personnel activities in educational, vocational, religious, rehabilitation, employment agencies, private practice, or other such similar agencies. Minimally hold a Master's degree in counseling.

Regular Membership shall include persons whose interests and activities are consistent with those of the Association, but who are not qualified for Professional Membership (do not hold counseling credentials).

Student Membership is open to any graduate or undergraduate student who is not employed full-time in a counseling-related position and who is actively engaged in a program of study in counseling, guidance, or personnel (Certification by advisor is required).

Retired Membership is open to persons who were members of ALCA at the time of their retirement.

Past President Membership is set for persons who have served as ALCA President; base dues and dues for two divisions are complimentary (final approval required through ALCA office).

Listserv Guidelines

The ALCA listserv is a service for our active ALCA members. All an active ALCA member has to do to join the listserv is contact THE ALCA OFFICE at alca@alabamacounseling.org. You must contact us. You cannot add yourself.

PERFORMANCE DISCLAIMER: The ALCA listserv is intended simply as a service and convenience to our membership. Information is posted on the listserv at the request of members and others who have information that it appears would be of interest to our members. Inclusion on the listserv should not be viewed as an acknowledgement or endorsement of the accuracy of the information being provided. This is simply an information venue. ALCA assumes no liability resulting from the use of this service. Consumers are advised to screen information as they would any other information source. ALCA reserves the right to determine which items will/will not go out on its listserv.

Please note the following hints that should make us all more effective in using the ALCA listserv:

1. Remember that ALCA is a monitored listserv. This means that only the listserv manager (Nancy) may place a message on the listserv. By handling messages this way, we filter so that only items which should be of interest to counselors go out to our 3000 listserv enrollees. If you are not interested in a certain message, simply delete it- if you are Chapter X you may not care about Chapter Y news, but there is no need telling us you are not interested in news from other groups- we are going to continue sending the messages for each Chapter/Division/Affiliate. We cannot separate items this finely on the listserv. Messages go to all or none.
2. Do remember that it is impossible to monitor and send according to each individual taste and philosophy/moral conviction. We do well, but occasionally something may go out that you think is unnecessary or that you disagree with. Such occasions invoke using the “delete” button for its intended purpose. While we certainly value and read your personal responses, getting one does not mean that we can only operate the listserv based on your individual concepts. We are a diverse and multi-opinioned group. We always try to be conscious of that fact.
3. If you hit “reply,” the message only comes back to the listserv manager. If you have been “mean”, I usually ignore it. Ha! Seriously, if you want to respond to a message, you must respond to the address in the message. **DO NOT HIT “REPLY”**. You are not responding to the message. You are only responding to the listserv manager (Nancy). Having to forward these all the time is frustrating.
4. The only way to get a message posted is by sending it to the ALCA office and asking us to post it. We have been empowered to use our best judgment about whether a message is appropriate to send to all counselors; that is, would the message be of interest to a significant cross-section of our members? We try not to distribute advertisements about practices or events that seem to benefit the asker more than the target audience.
5. Listserv messages should be sent in “plain text” (part of body of email message) so that all we have to do is forward it. No attachments. Many, many of our member servers routinely block attachments as SPAM or for security reasons. Even if not blocked, they are often too large for system servers to handle.
6. We do promote events that are not sponsored by ALCA or its chapter/divisions when they appear to carry a possible benefit or interest to our members. We try to avoid promoting events that conflict with planned ALCA events. For example, we promote almost nothing that might affect

attendance at the Annual Conference either in that timeframe (September, October, November, and December) or the conference general location.

Since fall is the time of year for our annual conference and recognizing that the primary purpose of our conference is training and professional development (including offering professional development hours), it is not very logical to be promoting events for other individuals/entities that could be construed/interpreted as being in competition with our conference during this time frame. In particular this will apply during September/October/November/December timeframe. We will obviously continue to promote our chapter and division events, but even those should try to avoid conflicts near the conference timeframe.

7. Effective March 1, 2013, we will no longer publicize office space/real estate as being available to colleagues.
8. Effective March 1, 2013, we will no longer as a matter of course, send out individual requests to help locate a particular kind of counselor or one located in a specific area, etc. The ALCA Counselor Locator Service housed on our website was established for this purpose and should be used.

Remember that the ALCA listserv is for our active ALCA members. We are trying to help them with all the info that we send out. We are not trying to reach all those people who do not think enough of what we do to pay their dues. These people eventually get deleted.

This may be more than you ever wanted to know, but reading and trying to adhere to these concepts will certainly make the listserv more effective.

See you in Birmingham

November 17 - 19, 2021

for our 2021 ALCA Annual Conference!

**Sincerely,
Dr. Yulanda Tyre
ALCA President-Elect**