

2020 ALCA Conference Suggestions for Future Conferences

- More trauma informed learning, character Ed, Small Group Classroom guidance Intervention
- Play therapy & ways to ace the NCE
- Duty to Warn and Protect: Ethical & Legal Responsibilities w/Non-Client
- Neuroscience
- Borderline personality disorder information and treatment
- Diversity incarceration trauma
- DBT Motivational Interviewing trauma
- Ethical Dilemmas
- Preparing school counselors for court testimony
- Ethics of internet-based counseling
- Conflict resolution
- Suicidal ideation
- Adolescent substance abuse
- Domestic Violence
- Mindfulness & Self Care
- Introduction to Telecounseling: Lessons learned from Covid-19 & beyond
- Reducing the Psychobiological effects of trauma
- Ethics
- Anxiety
- Social Media Ethics
- Covid related topics
- The role of the counselor in Special Education services
- Community/agency counseling
- Entering private practice, treating personality disorders, self-care, weight stigma/eating disorder, identification and treatment, prevention programs for addiction and ED
- Transitioning from School Counselor to LPC
- Mindfulness, Substance Use, CBT
- Clinical side of counseling – ethics, techniques, case studies, tricks of the trade especially with topics such as bipolar, borderline, substance abuse. neurobiology & counseling, Marriage & family counseling, couples counseling, relationships
- If a session is advanced or intermediate, spend more time on developing counseling methods, less on history & introduction.
- Neuropsychology
- Career Development Technology uses in counseling
- New to School Counseling
- Private practitioner subjects
- Hands-on techniques
- Attachment Therapy. More on Polyvagal & IFS
- Human Trafficking, How to manage your practice, what to do when past burn out, helping 1st responders
- Telemental Health
- Application of theory and latest counseling techniques
- Ethical & legal issues

- Session addressing practicum & internship settings for typical and atypical (such as ADHD) counseling students in agency settings.
- How to deal with counselor involvement with the courts, including getting referrals and being asked to testify in court
- More sessions on family issues
- Working with military concerns
- Suicide ideation
- Ethical Counseling tools to use with clients in session
- Kink & BDSM
- Spirituality, More on therapy - person-centered CBT, Gestalt, solution-focused brief, reality
- Advanced EMDR topics, IFS Therapy, Mind-Body Therapies, Trauma informed Approaches
- Suicide Awareness, prevention & treatment. Counselor as leader in the community. The effective process of change and it's meaning for clients & practitioners.
- Mentorship in the field of counseling, the power of colleague collaboration outside
- Adult Play Therapy Skills
- Private practice - Writing psychotherapy notes, progress notes, & treatment plans
- More mental health sessions
- Helping adults with extreme anxiety that is not trauma-based – more situational challenges
- PTSD, Trauma, trauma-informed care, conflict resolution
- Elementary, Middle & High School counseling
- Intervention & prevention guest speakers aimed at particular school aged clients
- Bi Polar, Cluster B, Borderline, Character Disorders in Recovering Individuals
- Personality Disorders
- Case Conceptualization, ACT, Healthy Routines, & alternative therapy techniques
- Sessions with actual practical strategies for use with clients EX: rather than giving a general overview of trauma (every counselor is familiar) spend the entire presentation giving strategies for how to respond to trauma
- Parent engagement
- Treating comorbid disorders, client resistance
- Mental health treatment techniques, cultural humility, family systems, anxiety & depression, grief & loss
- Trauma & social justice
- Ethics on telemental health, private practice for LPC
- Grief, School counseling program of distinction
- Community mental health work with adolescents
- PowerSchool
- Ethics
- How to respond to students with developmental disorders. How to use story-telling in goal setting/career development, techniques for coping skills training
- Developing a private practice Character Therapeutic intentions/ techniques
- Ethical issues related to practicum & internship in school settings
- Anxiety in Adolescents
- Techniques for working with children
- Implementation of the New ASCA Model

- Virtual School Counseling
- Tips & notes in supervision of practicum and internship students at the practicum/internship site
- Boundaries, tools to use
- EMDR, AUT play therapy & CBT
- Building your own private practice
- Working in Corrections
- Cutting-Edge Therapeutic Interventions for Different Populations
- CBT skills
- Telemental Health
- Exposure and Response Prevention (ERP) Therapy
- Autism and Aspergers, Helping non-technical and older people survive the age of devices
- More School Counselors Round-ups, Teacher morale ideas, career counseling for school counselors
- Telemental Health Counseling – Ethics, legal, & Practical Issues, Courtroom Preparation for Counselors
- Legal issues for school counselors. More sessions on the Jason Flatt Act
- Addressing role confusion for school counselors & courageous conversations about race.
- Sessions specifically addressing culturally diverse issues in the African-American & LGBTQ Communities
- NBCT for school counselors
- Supervision of ALCs, trauma-informed care, appropriately hiring for clinics and in-patient units, a review of Alabama residential treatment facilities – strengths of each
- EDMR
- Telehealth, LPC Preparations (Resources) Disability Services (Documentation)
- Neurobiology & clinical practice, psycho-pharmacology
- Telehealth counseling ethical, legal & practical issues, Prenatal Mood & anxiety
- Neurobiology & clinical practice, Psycho-pharmacology
- CBD oil, complex trauma in LGBTQ suicide, staying socially connected; a new normal, unrealized free will; a black LGBTQ experience of social stigma, internal family systems in family work, trauma informed, & culturally sensitive care for LGBTQ clients
- Comprehensive guidance program delivery: small & large group practical ideas
- Practical information for High School Counselors re: CRI's, College Application Week, FAFSA, scholarships, goal setting/planning, attendance issues
- Telecounseling, Building your own practice, more sessions on minority counseling professionals, pursuing higher education (doctorate) programs.
- Transcripts Monitoring – list of related things needed each year for counseling coordinators, FAFSA.ache website, Alabama Goes 2 College Power school Schoology for counseling, Moving to a more digital counseling program, Advisory committee – how to plan and what topics to bring up
- More on Social Media Ethics and Responsible Professionalism
- Ethics, Clinical Therapy interventions, latest research from neuroscience, microbiome psychology/clinical counseling
- Legal prep for counseling called to the stand, Private practice business tips

- CBD Craze, Virtual School counseling, Practical tools for AL school counselors, Building a consulting business for counselors who are no longer employed.
- Anxiety & Depression – coping techniques, grief counseling techniques,
- The Polyvagal Theory, CEs that satisfy the BC-TMH
- When possible no more social distancing more LIVE interactive sessions on mindfulness techniques