

Friday 9:00-10:00am

Friday Open 24hrs Exhibits Library, Student Presentations and Chapter, Division and Affiliate Messages

All ANNOUNCEMENTS, DOOR PRIZES, KEYNOTE INTRO **ALCA President Jacques Austin**

All KEYNOTE SPEECH "Awareness: The Key That Opens the Door to..." **T. Marie King**

Friday 10:35-11:35

1 Telemental Health Counseling: Ethical, Legal and Practical Issues **Dr. Celeste Neil, PhD, LPC-S, NCC, NCSC, ACS, BC-TMH, RPT-S** Int

The coronavirus pandemic forced many counselors to offer telemental health services to their clients. Legal, ethical, and practical issues of telemental health in counseling will be explored. Risks, benefits, and adjustments will also be discussed.

4 You want me to do what? Career Development for High School Counselors **Amy Smith, MS, Ed.S** Int

Use of technology in implementing a comprehensive career development program. Participants will be shown how to develop a program that links the academic interests of their students to career fields. Little or no cost involved.

5 Questions and Ethical Dilemmas from School Practicum and Internship Settings **Dr. Poppy Moon, PhD** Beg

School counseling interns, site supervisors, and new counselors are faced with a variety of ethical issues. Join Dr. Moon as she reveals how to handle difficult situations.

6	Developmental Disorders: Parent Education, Treatment, and Advocacy.	Monica Peak, MS	Beg
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Effective treatment of ADHD & other developmental disorders requires a multi-dimensional approach including knowledge of the Americans with Disabilities Act, parent education, & advocacy. A discussion on how to properly assist our clients.

7	Addressing Role Confusion in School Counselors	Dr. Margaret Taylor, PhD, LPC-S, NCC Melissa Mecadon-Mann, M.Ed, LAPC, NCC Heather Windham, M.Ed, NCC	Int
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School counselors often experience role confusion due to conflict between ideal professional identity and the actual professional identity as a school counselor. Supervision can address this confusion and increase professional development in school counselors.

8	Virtual School Counseling: Practical Tools Used by ALCA School Counselors	Nafiyah Kirkland, MS Dr. Jessica Quaife, Ed.D Amanda Findlay, MA, M.Ed, NCC	Beg
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In our roles, we have learned what works (and doesn't) in reaching families and students virtually. Even if you are a counselor in a brick and mortar school, join us to learn progressive tips on telecommunication.

Friday 11:40-12:40

1	INNER WEALTH: THE NURTURED HEART APPROACH-PARENTS, EDUCATORS & THERAPISTS	Dr. Celeste Neil, PhD, LPC-S, NCC, NCSC, ACS, BC- TMH, RPT-S	Int	<input type="checkbox"/>
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The Nurtured Heart Approach (NHA) promotes positive relationships, capturing everyday moments truthfully and reflecting them back to celebrate great decisions, judgement and wisdom while never failing to enforce rules in a simple, powerfully effective way.

3	An Organized Approach: Reporting Child Abuse or Neglect	Dr. Laura Hodges, PhD, LPC-S, NCC, ACS Dr. Kathy McDonald, PhD	Int	<input type="checkbox"/>
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Advocating for children is one of the primary and ethical responsibilities of a school counselor. Join our discussion on the ethics and legalities involved in making this report and also learn how to get organized.

4	Victory in the Courtroom: Preparing School Counselors for Court Testimony	Dr. Margaret Taylor, PhD, LPC-S, NCC Clayton Kim Taylor, JD	Int	<input type="checkbox"/>
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School counselors will be provided knowledge on testifying in court. Ethical documentation, court documents such as subpoenas and motions to quash, tips for providing testimony and role plays of expert testimony will be discussed.

5	An Introduction to Telecounseling: Lessons Learned from COVID-19 and Beyond	Zach Ludwig, LPC	Int	<input type="checkbox"/>
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COVID-19 expedited the adoption of Telecounseling by counselors. This session will explore the changes that occurred because of the pandemic and best practices including considerations for efficacy, safety, informed consent, and platform selection.

6	Play Therapy, Trauma and ASD: One Year Journey of Three Clients	Cadara Parks, LPC, RPT	Int	
Utilizing 3 cases of Autism Spectrum Disorder, this presentation will help the audience understand that Play Therapy has a positive impact on behavior after a traumatic event				
7	My Child the Sex Offender? Helping Sexually Reactive Children	LaShawn Turner, LPC	Int	
Offender treatment offers a holistic approach to sexual abuse prevention. Many children who commit sexually offensive acts are often adjudicated due to a limited understanding of treatment options. Many of these children can be helped.				
8	Post-Crisis Planning in Schools: the What, the How, and the Why	Dr. Amy P. Davis, PhD. NCC	Int	
Crises (death, tornadoes, suicide, etc.) are unavoidable. Are you prepared? This session will present research-based information on how to deal with crises. Counselors will leave better prepared to write a crisis plan for their schools.				
Friday 12:45-1:45				
All	LUNCH, Messages from the Home Builders Licensure Board, and ACT, plus the AU & UA Top Ten	Kory Boling, HBAA Gennine Holley		
Friday 1:45-2:45				
1	Superheroes and Character Education	Jared Hood, M.Ed, MTS, LPC-S	Int	

Every struggle to find common ground with child clients? Come find a way to connect with clients in a fun-filled way and teach solid character skills too!

3	Supporting Students with Trauma: It's not as Easy as Learning your ABCs	Dr. Stephan Berry, PhD, LPC	Beg <input type="checkbox"/>
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Students come to school with trauma experiences, both known and unknown. This session will describe how trauma manifests itself in school settings and strategies school counselors can use to support students and promote healing.

5	Beyond ACEs: Reducing the Psychobiological Effects of Trauma	Sarah Cabler, LPC-S Taneshia Hannon, ALC Danielle McGee, MSW	Beg <input type="checkbox"/>
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This engaging presentation will examine how trauma affects the developing brain, how to mitigate the impact of these experiences, and how to insulate the psychobiological system from future adversity through resilience.

6	Adapting Play Therapy Techniques to Respond to Covid-19 Challenges	Dr. Amy Davis, PhD, NCC Dr. Korinne Babel, PhD, LPC, RPT	Int <input type="checkbox"/>
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Many play therapy interventions can easily be modified to help children cope with the Covid-19 pandemic. Join us to learn how to modify what you already use and learn some new techniques as well.

8	LPC ROUNDUP	Shawndrika Cook, LPC Cindy Hooper	<input type="checkbox"/>
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Just as your yearly physical exam is important to your well-being, so is an exam of the health of your practice. Learn how procedures, tests, and examination of findings are not just for your yearly physical exam but useful tools to keep your practice healthy. You'll leave with practical discharge instructions guaranteed to lower your stress, keep your blood pressure low, and receive recommendations to ensure the health of your practice for years to come.

Friday 2:50-3:50

1	Neuroscience in Counseling: The Polyvagal Theory & Trauma	Dr. Celeste Neil, PhD	Beg	<input type="checkbox"/>
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Dr. Stephen Porges' Polyvagal Theory changed the way we view trauma. Neuroception explains how our nervous system functions to keep us safe. Interventions including participant involvement for trauma therapy will be explored.

3	Use of Creative Journaling to be a Reflective Practitioner	Dr. Millie Dawson- Hardy, PhD, LPC, MAT, RPT	Int	<input type="checkbox"/>
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This presentation will introduce counselors to Creative Journaling. This is a process that you can enjoy yourself or use with clients. In the presentation you will get to complete 1-2 journaling ideas.

4	Ten ALCA Icons = Ten Valuable Lessons	Dr. Joy Burnham, PhD, LPC, NCC	Int	<input type="checkbox"/>
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ALCA Icons are visionary leaders who taught us, mentored us, and steered us to new heights in the state. With historical insight from ten ALCA Icon interviews, this presentation offers valuable lessons for current counselors.

5	We See You: Giving Recognition to Black Students, Supervisees and Counselors	Janelle Jones, MS, NCC Shanice Carter, MA, NCC	Beg	<input type="checkbox"/>
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Going unrecognized impacts confidence, negatively counselor identity development. Failure to acknowledge Black students, supervisees, and counselors, is a microinsult. This session addresses the importance and implications of acknowledgment.

6	A Tale of Two Pandemics: Covid-19 and the Black Pandemic	Michelle Crumbly, NCC, LPC Shawndrika Cook, LPC Tammy Montgomery, APC, NCC	Int	
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The Black community, while continuing to face racism, discrimination, and economic disparities, leads in deaths from the impact of Covid19. What role do Mental Health counselors play in helping to close these disparities?

8	NEW SCHOOL COUNSELOR ACADEMY	Sean Stevens Cathy Lankford Dr. Monica P. Mack		
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Professional School Counselors new to the profession often question what they need to know during their first few years on the job. Every new school counselor should feel confident they understand their roles and are equipped with best practices regarding the full implementation of the comprehensive school counseling and guidance program. This session has been designed as one of the professional development opportunities to meet state certification requirements for new Alabama School Counselors (less than three years of experience).

Friday 3:55-4:20

Student Presentations, KEYNOTE INTRODUCTION	ALCA President Jacques Austin ALCA Past- President Leslie Weaver-Martin	Beg	
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Friday 4:20-5:20

1	KEYNOTE SPEECH "Healing a Traumatized Nation: Avoiding Counselor Burnout and Compassion Fatigue"	Dr. Nekeshia Hammond	Adv	<input type="checkbox"/>
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