

You are cordially invited to attend the 43rd Annual Alabama Counseling Association Conference to be held at the Birmingham Sheraton Hotel/Medical Center Forum. The Conference, whose theme is "Emotional Success During Economic Distress," once again promises to be an outstanding event with opportunities for you to hear noted national speakers, attend workshop content sessions presented by your peers and enjoy the renewal of friendships and the making of new ones. Mark November 18 - 20 on your calendar, send in your registration early, and join the 1200 counselors expected to attend this rewarding event.

## Speakers

### Clifton Mitchell, Ph.D.

Clifton Mitchell Ph.D., Licensed Psychologist, has a love for teaching and over 20 years experience as a trainer and keynote speaker. He delivers practical information in a uniquely entertaining, fast-paced style that is filled with examples from his years of experience in mental health. For the past ten years, he has studied and presented seminars on methods for dealing with resistance in therapy. In his book, *Effective Techniques for Dealing with Highly Resistant Clients*, he presents the best cutting-edge approaches available for managing resistance. He has also been the keynote speaker at conventions and taught hundreds of businesses, leadership groups, and civic organizations effective techniques for improving communications and for creating change through the precise use of language. He has published in numerous professional journals including the *Journal of Personality Assessment*, *Perceptual and Motor Skills*, *Psychology and Education*, *Journal of Psychological Type*, *The Professional School Counselor*, and *The Advocate*. His research includes investigations of subliminal message tapes, stress and coping, PMS, personality types, legal and ethical issues in counseling, and resistance. His ideas and writings have also been published in *Men's Health Today* and *Barron's Financial Weekly*. Dr. Mitchell is currently a professor of counseling at East Tennessee State University in Johnson City, Tennessee, where he received the Teacher of the Year award in 2002.

### Bryan Townsend

A member of the National Speakers Association, Bryan Townsend has earned the designation, Certified Speaking Professional, and he is one of a few living public speakers who have been inducted into NSA's Speaker Hall of Fame.

Bryan is one of the nation's most active motivational humorists, speaking to various groups all across the country on the topics, "Making Good Things Happen," and "Hitching Up A Winning Team." Bryan also leads seminars on Customer Service and Teamwork. In addition to speaking, Bryan is a professional writer. He has written advertising copy, numerous articles and several books including: *Life is An Adventure*, and *Making Good Things Happen*.

Bryan's background includes a successful twenty-year career in broadcasting serving as a play-by-play sports announcer, advertising salesman, talk show host, and radio station manager. At the age of 23 he was the manager of one of the first financially successful stand alone FM radio stations in the country.

When he is not working, Bryan likes to fish. He is active in Carpenters for Christ, and he lives with his childhood sweetheart, Judy Babe, at the Eureka Fish Camp on Logan Martin Lake in northeast Alabama.

### Dr. Lynn E. Linde

Dr. Lynn Linde is the 2009-10 American Counseling Association president. She is an Assistant Professor of Education and the Director of Clinical Programs in the school counseling program at Loyola University Maryland. She received her B.A. in Psychology from Clark University in Worcester, MA. and her Master's degree in school counseling and doctorate in counseling from the George Washington University. She is a nationally certified counselor.

She was previously the chief of the Student Services and Alternative Programs Branch at the Maryland State Department of Education, the state specialist for school counseling, a local school system counseling supervisor, a middle and high school counselor, and a special education teacher. She has made numerous presentations, particularly in the areas of ethics and legal issues for counselors and public policy and legislation, over the course of her career and is a certified True Colors trainer. She has authored or co-authored a number of book chapters on ethical and professional issues and was the Professional Identity content co-editor for the *ACA Encyclopedia of Counseling*.

Dr. Linde is an ACA Fellow, the recipient of the ACA Carl Perkins Award, the Counselor Educator Advocacy Award, the ACES Program Supervisor Award, and the SACES Program Supervisor Award and has received a number of awards from the Maryland Association for Counseling and Development and from the state of Maryland for her work in student services and youth suicide prevention. She has held a number of leadership positions in the ACA including Chair of the Southern Region, Chair of the Ethics and PPL committees, member of 3 Blue Ribbon Committees, and a member and subcommittee chair of the 20/20 Visioning Committee.

### Judy Awbrey Childress

Judy Childress is the current President of the Alabama Counseling Association. She is a retired professional high school counselor. After working first as an English teacher, then counselor at E. B. Erwin High School in Jefferson County, she retired from Pelham High School in Shelby County after 24 years of service there.

Originally from Roanoke, AL, Mrs. Childress received her AB degree from Samford University in English and Music Education, her MA degree in Counseling and Guidance from The University of Alabama and AA Certification from The University of Alabama at Birmingham.

She is Editor of *The Quarterly* and a member of the Retired Counselors' Interest Group. In addition to ALCA responsibilities, she enjoys traveling, reading, gardening, working part-time at Pelham High School, and keeping up with friends from high school, college and work. An active participant in Elementary Ministries at Vestavia Hills United Methodist Church, she also volunteers at Children's Harbor and sings with Celebration Singers at facilities for the elderly. She and her husband Rick have two adult sons.

ALABAMA COUNSELING ASSOCIATION ANNUAL CONFERENCE  
 ADVANCED REGISTRATION FORM - NOVEMBER 18-20, 2009

NOTE: PLEASE SEND A SEPARATE CHECK FOR REGISTRATION AND MEMBERSHIP. THIS REQUEST IS APPLICABLE TO EVERYONE.

**I. REGISTRATION AND BADGE INFORMATION: (Please Type or Print)**

NAME \_\_\_\_\_ DAY TELEPHONE: \_\_\_\_\_  
 First (Nickname) Middle Last

NAME YOU WANT ON NAME TAG: \_\_\_\_\_

ADDRESS: \_\_\_\_\_  
 Street City State Zip

**II. REGISTRATION FEES:**

NOTE: ALL COUNSELORS OR COUNSELING RELATED ATTENDEES ARE EXPECTED TO JOIN ALCA PRIOR TO REGISTRATION FOR THE CONFERENCE. OTHERS PAY THE NON-MEMBER FEE.

	Before November 6	After November 6
_____ Member, Regular/Professional	[ ] \$90	[ ] \$120
_____ Member, Student	[ ] \$45	[ ] \$60
_____ Member, Retired	[ ] \$45	[ ] \$60
_____ Non-member	[ ] \$195	[ ] \$220
TOTAL ENCLOSED	\$ _____	\$ _____

I certify that this person is a full-time student not employed in counseling. Signature \_\_\_\_\_  
 Professor

**DO NOT MAIL AFTER NOVEMBER 6, 2009. REGISTER ON SITE.**

**III. METHOD OF PAYMENT:**

\*\*\* Make a separate check payable to ALCA and mail with Advanced Registration Form to Dr. Ervin L. (Chip) Wood, ALCA Executive Director, 217 Daryle Street, Livingston, AL 35470  
 OR

\*\*\* If paying by credit card, please fill in the following information and mail back to Dr. Ervin L. (Chip) Wood or fax to 205.652.1576

CREDIT CARD # \_\_\_\_\_ TYPE \_\_\_\_\_ EXP. DATE \_\_\_\_\_

SIGNATURE \_\_\_\_\_

HOTEL REGISTRATION  
 ALABAMA COUNSELING ASSOCIATION ANNUAL CONFERENCE  
 November 18 - 20, 2009 ~ Sheraton Birmingham Hotel (Civic Center)

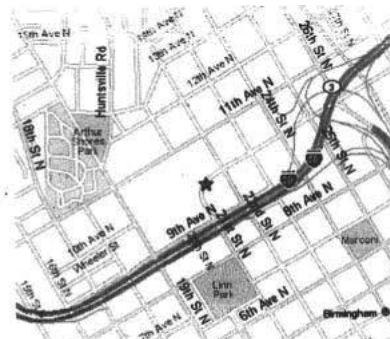
The Sheraton Birmingham Hotel is pleased to host the Alabama Counseling Association. To ensure accurate reservations, your reservations should be made ASAP. Requests received after November 1st will be accepted based on room and rate availability. You may make reservations with the Sheraton Birmingham either online or by phone. If by phone, give dates; ask for the Alabama Counseling Association as Group.

Online: [www.starwoodmeeting.com/book/alacounseling09](http://www.starwoodmeeting.com/book/alacounseling09)  
 Telephone; 1.800.325.3535  
 If by phone, give dates; ask for  
 Alabama Counseling Association as Group



**Sheraton**  
**BIRMINGHAM**

Sheraton Birmingham Hotel  
 2101 Richard Arrington, Jr. Blvd.  
 Birmingham, AL 35203



Directions:  
 Exit 22nd Street on I-20/59  
 East or West. Hotel located  
 on the corner of 9th Avenue  
 North and Richard Arrington  
 Boulevard

# ALABAMA COUNSELING ASSOCIATION

## MEMBERSHIP APPLICATION

For Office Use Only	
Amount _____	Check # _____
Bank _____	
Process Date _____	
Membership # _____	

NAME \_\_\_\_\_

ADDRESS, CITY, STATE ZIP \_\_\_\_\_

JOB TITLE \_\_\_\_\_ SPECIALIZATION \_\_\_\_\_

EMPLOYER \_\_\_\_\_

HOME PHONE \_\_\_\_\_ WORK PHONE \_\_\_\_\_

COUNTY \_\_\_\_\_ ALCA CHAPTER \_\_\_\_\_

EMAIL \_\_\_\_\_

State House District \_\_\_\_\_  State Senate District \_\_\_\_\_

Are you an LPC? Yes \_\_\_\_\_ No \_\_\_\_\_  American Counseling Association Member (ACA)?

Date first joined ALCA? \_\_\_\_\_  Please send information about the American Counseling Association

Are you on the listserv? Yes \_\_\_\_\_ No \_\_\_\_\_ Would you like to be added? Yes \_\_\_\_\_ No \_\_\_\_\_

I am a renewing member (was member last year).  I am reinstating membership (was formerly a member).

I am applying for a new membership (first time).  I do not wish to renew.

Type of Membership (membership in ALCA and at least one division is required; note categories on back)	Membership Dues	Amount of Payment
<b>A. ALCA Membership includes one geographic chapter</b>		
<input type="checkbox"/> 1. Active	Active	60.00
<input type="checkbox"/> 2. Student (full-time; not working)	Student	30.00
<input type="checkbox"/> 3. Retired	Retired	30.00
<input type="checkbox"/> 4. Past President	Past President	N/A
<b>B. Divisions (you must join at least one; student and retired members pay 1/2 division dues):</b>		
<input type="checkbox"/> 1. Alabama College Counseling Association	ACCA	5.00
<input type="checkbox"/> 2. Alabama Association for Counselor Education and Supervision	ALACES	15.00
<input type="checkbox"/> 3. Alabama Association for Multicultural Counseling and Development	ALAMCD	8.00
<input type="checkbox"/> 4. Alabama School Counselor Association	ALSCA	15.00
<input type="checkbox"/> 5. Alabama Career Development Association	ALCDA	6.00
<input type="checkbox"/> 6. Alabama Mental Health Counselors Association	ALMHCA	15.00
<input type="checkbox"/> 7. Association of Lesbian, Gay, Bisexual & Transgender Issues in Counseling of Alabama	ALGBTICAL	5.00
<input type="checkbox"/> 8. Alabama Association for Specialists in Group Work	ALASGW	6.00
<input type="checkbox"/> 9. Alabama Association for Spiritual, Ethical, and Religious Values in Counseling	ALASERVIC	6.00
<input type="checkbox"/> 10. Alabama Division of the American Rehabilitation Counseling Association	ALDARCA	4.00
<input type="checkbox"/> 11. Alabama Association for Marriage and Family Counseling	ALAMFC	10.00
<input type="checkbox"/> 12. Alabama Association for Addictions and Offenders Counseling	ALAAOC	5.00
<input type="checkbox"/> 13. Alabama Association for Adult Development and Aging	ALAADA	5.00
<b>Total Dues Enclosed</b>		

I certify that the applicant is not working full-time and is a full time student. \_\_\_\_\_  
 Signature of Professor Institution

Make check to ALCA and mail application to: Dr. Ervin "Chip" Wood  
 ALCA  
 217 Daryle Street  
 Livingston, AL 35470

OR

Type: \_\_\_\_\_ Credit Card # \_\_\_\_\_ Exp. Date \_\_\_\_\_

I agree to adhere to the ethical codes of ACA and the national division which govern ALCA and its divisions. Copies of these statements are available upon request. I also grant permission for ALCA to release my name and other pertinent information as part of the ALCA directory and mailing list.

Date: \_\_\_\_\_ Member's Signature: \_\_\_\_\_

## Conference General and Special Sessions

Wednesday, November 18, 2009, 10:00 A.M. ~ Noon  
Dr. Clifton Mitchell

Thursday, November 19, 2009, 8:30 A.M. ~ 10:15 A.M.  
Bryan Townsend

Friday, November 20, 2009, 8:30 A.M. ~ 10:00 A.M.  
Dr. Lynn Linde

## Conference Events & Highlights

### OPENING SESSION

Conference activities will begin on Wednesday morning with a full scale opening session and keynote speaker. You may pick up your name tag or use your registration confirmation.

### AWARDS BREAKFAST

We will kick off the conference with the general awards breakfast on Wednesday morning. It will be sponsored by the Alabama Homebuilders Association. Join us to honor our volunteers, leaders and workers and those who have distinguished themselves during the past year.

### DINING OPPORTUNITIES

The Sheraton Birmingham and BJCC have worked to add dining options for the Conference Complex. Options now include:

Atrium Restaurant - Breakfast, Lunch and Dinner

Casey's Sports Bar - Lunch, Dinner, and Drinks

Moretti's Lounge - Lobby Lounge, Cocktails

La Tazza - Coffee shop proudly serving Starbucks coffee and other assorted beverages, as well as bagels, muffins, and pastries

PanGeo's - Lunch

Subway Subs - open 9:00 am - 9:00 pm

### VALET PARKING

Valet Parking is available at the Sheraton Birmingham. Customer self-parking is \$12 (need to get sticker at check-in) and valet parking from the Hotel unloading area is \$20.

### Continuing Education Units for ALCA Conference

ALCA has been approved by the National Board of Certified Counselors (NBCC) to provide CEUs for ALCA sponsored events, including those of chapters and divisions, and is responsible for assuring compliance with NBCC guidelines for providers. The procedure for requesting CEUs for the 2009 ALCA Annual Conference is as follows:

The CEU request form will be included in the 2009 ALCA Annual Conference Program Book.

Return the form along with a check for \$5.00 made payable to ALCA to the address provided on the form.

The deadline for receipt of CEU requests is January 31, 2010. Certificates for Annual Conference attendance will be mailed no later than March 31, 2010. Requests submitted after January 31 will cost \$10.00.

You must be registered for the conference to claim CEU credit.

CEU credit will not be issued until check clears bank.

**CERTIFICATES OF ATTENDANCE ONLY MAY BE OBTAINED FROM THE ALCA OFFICE.**

## The Alabama Counseling Association

President ..... Judy Childress  
President-Elect and Program Chairperson..... Dr Nancy Fox  
Annual Conference Co-Chairs..... Katharine Nichols, Jerry Lynn Morrow  
Ads/Exhibits Chair ..... Carol Turner  
ALCA Executive Director ..... Dr Ervin L (Chip) Wood

## ADVANCED REGISTRATION

Complete the Advanced Registration Form and mail (with your separate check or credit card information) by November 6, 2009. A registration confirmation will be sent. PAYMENT RECEIPTS WILL BE MAILED TO ALL MEMBERS. DO NOT MAIL REGISTRATION FORM AFTER NOVEMBER 6. PLEASE REGISTER ON SITE.

You must be an active member of ALCA to be eligible to pay the member's registration fee. ALL PRESENTERS MUST REGISTER FOR THE CONFERENCE. If you are not a current member, complete and mail the enclosed membership application along with your check (Please send a separate check for membership dues.). If you are unsure of your membership status, call the ALCA office at 1-888-655-5460 or 205-652-1712, and they will advise you of your status. Your conference materials will not be presented to you unless membership dues are paid or you have paid the nonmember fee. We will accept membership and registration fees at the same time.

All requests for refunds of registration fees must be submitted, in writing, to the Executive Director by November 6, 2009. No refunds will be made after that date. Please remember everyone has a reason if they don't come. We cannot judge among them; please don't ask after the deadline.

Students, to register at the reduced rate, must be actively engaged in an educational program in counseling, guidance, or student personnel and may not be employed in a counseling related position. The student's faculty advisor must sign the registration form. Students must have paid the appropriate membership dues in order to register.

### A WORD TO OUR OUT-OF-STATE COLLEAGUES

You may take advantage of our discounted member's rate for the conference if you send proof of your current membership in your own state's professional counseling association. Proof of membership may be current membership card with date, a letter of confirmation from your state's association, or some other form of verification. Those registering on-site must bring similar proof. We are glad to extend this courtesy to our colleagues from other states!

Registration materials for those who pre-register may be obtained at the conference registration area of the Sheraton Hotel.

Registration Times Are:	Tuesday, November 17	3:00 P.M. - 5:00 P.M.
	Wednesday, November 18	8:00 A.M. - 4:00 P.M.
	Thursday, November 19	8:00 A.M. - 3:00 P.M.

## EXHIBITS

Exhibits will be located in the Sheraton Birmingham Ballroom. The exhibitors will offer materials to fill many counseling needs: audio visual aids, printed and other resource materials, college selection and financial aid books, and career information.

The exhibits will be open -	Wednesday, November 18	Thursday, November, 19
	8:45 A.M. - 5:00 P.M.	8:00 A.M. - 4:00 P.M.

## DIVISION BREAKFASTS/LUNCHEONS

Any division breakfast/luncheon information will be mailed directly to the division members.

## NAME TAGS/ADMISSION TICKET

Your name tag (badge) will serve as your admission to all conference programs. Please wear it at all times. You will not be allowed to enter program rooms without the badge.

## A NOTE TO OUR COLLEAGUES WITH DISABILITIES

Please notify Dr. Patty Sheets (205.934.8334), Dr. Angela Stowe (205.934.4205) or Dr. Chip Wood (205.652.1712) as early as possible but no later than November 1 if you or someone you know needs assistance in applying for this conference or needs assistance in attending and understanding the sessions, speeches and other activities. ALCA needs adequate advance notice in order to facilitate accommodations.

## 2009 ANNUAL CONFERENCE IN BRIEF (Subject to Change Without Notice)

### Tuesday, November 17, 2009

3:00-5:00 pm Conference Registration  
 6:00-8:00 pm ALCA Executive Council Meeting  
 8:15-9:00 pm President's Reception for Executive Council  
 Sponsored by ACT

8:00-4:00 pm Exhibits  
 8:30-10:15 am GENERAL SESSION  
 Keynote: Bryan Townsend  
 10:15-10:30 am Break  
 10:30-11:45 am CONTENT SESSIONS  
 11:45 am-1:15 pm Division Luncheons  
 1:30-3:30 pm Graduate Student Poster Session  
 1:30-2:45 pm CONTENT SESSIONS  
 2:45-3:00 pm Break  
 3:00-4:15 pm CONTENT SESSIONS  
 4:15-4:30 pm Break  
 4:30-5:45 pm. CONTENT SESSIONS  
 5:45-6:30 pm Chapter Meetings/Socials  
 6:30-7:00 pm Retired Counselors' Reception  
 8:30 pm-Midnight Dance

### Wednesday, November 18, 2009

8:00-9:30 am Awards Breakfast  
 Sponsored by Alabama Home  
 Builders' Association  
 8:00 am-4:00 pm Conference Registration  
 8:45 am-5:00 pm Exhibits  
 10:00 am-Noon OPENING GENERAL SESSION  
 Keynote: Dr. Clifton Mitchell  
 1:00-1:45 pm Chapter/Division Presidents /  
 Presidents-Elect Meeting With Coordinator  
 1:45-2:30 pm ALCA Division Meetings  
 2:30-5:00 pm New School Counselor Roundup  
 2:30-3:45 pm CONTENT SESSIONS  
 3:45-4:15 pm Break  
 4:00-5:15 pm CONTENT SESSIONS  
 5:30-6:30 pm Past ALCA Presidents' Reception  
 7:00 pm until ... Division Meetings/Socials  
 Dinner and activities on you own

### Friday, November 20, 2009

8:30-10:00 am BUSINESS & GENERAL SESSION  
 Keynote: Dr. Lynn Linde  
 10:15-10:30 am Break  
 10:30-11:45 am CONTENT SESSIONS  
 Noon-1:00 pm Conference Committee Meeting

### Thursday, November 19, 2009

7:00-7:30 am ALASERVIC Interfaith Service  
 7:00-8:15 am Auburn/Alabama Breakfast  
 8:00 am-3:00 pm Conference Registration

### Content Sessions

#### Wednesday, November 18, 2009 – 2:30-3:45

1. Cultural Understanding of Working with Culturally Different Students in Counselor Education Programs
2. I Keep These Records How Long?!? The Ethics of Informed Consent & Disclosure
3. Marriage After Combat: The Challenges of Returning Home
4. Uniting Spirituality and Sexual Counseling: Multicultural Considerations, Theology, Ethics, Preconditions, Practices, and Products
5. Advocating for Foster Children and Families: Implications for Professional Counselors
6. Alabama Career Information Network: One Site With All You Need
7. "Operation Breaking the Boy Code" – An Innovative Small Group Guidance Program for Boys (Grades 3-5) Focusing on the Meaning of Masculinity
8. Burnout Among Mental Health Counselors
9. Life After 60: Group Strategies for Increasing Ego Integrity in Older Adults
10. You Mean I Could Publish in the ALCA Journal? What Do I Need to Know?
11. Two Are Better Than One: Providing School-based Mental Health Services Through a Partnership Between the School & Mental Health Agency
12. Well, Stressed, or Distressed? Which Are You and What Can You Do About it?
13. Writing Winning Grant Proposals
14. Domestic Violence in the Workplace
15. Fundamental Principles for Preventing and Resolving Psychological Resistance

#### Wednesday, November 18, 2009 – 4:00-5:15

1. The Power of Managing Your Emotions
2. Bullycide: What Counselors Need to Know about Bullying, Suicide, and Youth
3. The Mentor's Manual: Mentoring At-Risk Students
4. The Impact of Drug Addiction on Families
5. Second Life: Implications for Counselor Education
6. Alabama SUCCESS: What Are the Next Steps for The Career Clusters?
7. Managing Your Own Grief and Still be an Effective Counselor
8. ALACES Membership Meeting and Technology Training
9. Bridging the Mind & Body Connection with Yoga
10. Step Into Your Dream Career
11. School Counseling Behind the Walls
12. Best of the Best in Large Group Guidance
13. Children in Crisis: How School Counselors Can Help Children After a Traumatic Event
14. Emotional Eating
15. Essential Dialogue Techniques for Resistant Clients

Thursday, November 19, 2009 – 10:30-11:45

1. Surviving Graduate School 101
2. Keeping on the Sunny Side: Snyder's Hope Theory in a Troubled Time
3. Hey, What's Up? Meeting the Needs of Minority Gay Students in Your School
4. RAVE and RAMP: Showcase Your School Counseling Program, Implementation of ASCA National Standards
5. Creative Counseling for Elementary Counselors
6. Ethical and Legal Issues for Alabama Counselors
7. Operation Military Kids: Community Partnerships for Military Children
8. Learning and Aging: A Synthesis of Current Knowledge and Implications for the Boomer Generation
9. Working with Difficult Clients
10. Women with Disabilities: Social Implications
11. Change Your Beliefs at the Subconscious Level & Change Your Life
12. First Choice Diploma Options and Supporting Programs
13. Income Planning During Retirement
14. Mentoring Matters, Health, Community Service, After School Programs...More Than Abstinence Education...AIM Project

Thursday, November 19, 2009 – 1:30-2:45

1. Properly Identifying and Diagnosing Disruptive Behavior in the Classroom
2. Using Foreign Languages to Enhance Multicultural Education! What Fun!
3. When Grandmother has AIDS: The Alarming Rise of HIV in the Elderly
4. Navigating NBPTS Certification in Counseling
5. Inside Out: Hope for the Family
6. Career Focus and the High School to College Transition
7. Play Therapy: Beyond the Basics
8. Ethical Considerations in the Use of Reparative/Conversion Therapy
9. Helping the Sexually Addicted
10. The Need for Intervention: Working with the Academically At-Risk Youth
11. Underground: The Experience of LGB Persons in the Military
12. To Online or Not to Online
13. Addressing Social and Health Disparities in Subpopulations of Women
14. Service Learning: The Key to At-Risk Education

Thursday, November 19, 2009 – 3:00-4:15

1. Graduate Students: Shaping Your Professional Identity
2. Portfolio – Don't Leave School Without It!
3. Transforming the Work of School Counselors to Meet the Needs of Students in Distress
4. Counselor Supervisors Idea Exchange
5. All Aboard the Test Busting Train!
6. Let's Talk About Race!
7. Aggressive Job Search in Tough Economic Times
8. Using Mandalas in Counseling Practice and Counselor Training
9. Ethical and Legal Issues in Substance Abuse Counseling
10. The Impact of Sexuality in Teens with Developmental Disabilities
11. Forgiveness: Using Spiritual Concepts to Improve Mental Health
12. A Three-Prong Approach to Keeping Kids in School
13. Frustrated with the Career Component of Developmental School Guidance? Here is Help for You!
14. College and Career Days for High School Students: The Counselor's Role in Maximizing the Value of the Experience

Thursday, November 19, 2009 – 4:30-5:45

1. Leadership Development: Finding Your Place in ALCA
2. Spirituality in Counselor Training Programs and Supervision
3. The Alabama Chapter for the American Foundation for Suicide Prevention (AFSP-Alabama): What this New State Chapter Can Do For Counselors?
4. Teaching Outside the Textbook: Innovative Methods of Teaching Counselor Education Courses
5. Jefferson County's School Counselor Mentoring Program
6. Life Skills for Middle School Students
7. Brenda's Got a Baby: A Lesson for a New Generation
8. The Business of Being a Counselor in Private Practice
9. The Impact of Rigid Gender Roles on Our Clients and Ourselves
10. Understanding the Psychodynamics of Addiction through Jungian Psychology and the Twelve Steps
11. Early Outreach: Using ACT Data to Impact College Access and Success
12. Who Would Want Them?
13. Helping Divorced or Divorcing Parents Develop a Child-Centered Co-Parenting Plan
14. Support Network Kaleidoscope for Student Success and Increasing the Graduation Rate in Alabama

Friday, November 20, 2009 – 10:30-11:45

1. Career Exploration: Collaboration Between a Community Agency and Middle School
2. When Elmo and Toy Soldiers Meet in the Sandbox: Techniques for Helping Children Adjust to Deployment
3. Creative Use of Bibliocounseling for K-6 Career Development Competencies
4. Ethical Issues: Using the Case Method to Explore Ethics
5. Creative Approaches for Engaging Clients in a Group Setting
6. Learning by Doing: "Excelled" Learning
7. Making a Difference: One Trait at a Time
8. The Watchword Technique: Promoting Client Self-Discovery the Jungian Way
9. Ways to Avoid Professional Burnout in Light of Current Economic Times
10. Watch D.O.G.S. (Dads of Great Students)
11. How Do You MEASURE Up?