



The Quarterly

Award Winning Newsletter

The Official Newsletter of the Alabama Counseling Association

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Annual Conference Set for Birmingham

The 43rd Annual Conference of The Alabama Counseling Association will convene in Birmingham November 18-20, 2009, at the Sheraton Hotel and Medical Forum and the Birmingham-Jefferson Convention Center. More than 1,000 counselors are expected to attend keynotes, luncheons, the exhibit hall, the graduate student poster session, content sessions, receptions and meetings of chapters and divisions. The conference theme is "Emotional Success During Economic Distress". Conference Chairs Jerri Lynn Morrow and Katharine Nichols are working tirelessly to be sure that everything runs smoothly. Members are urged to register early and get their hotel reservations quickly to avoid the last-minute rush. ALCA leadership hopes to see everyone in Birmingham in November!!

Emotional Success
during
Economic Distress

ALCA Represented at ACA Institute

The American Counseling Association held a joint legislative institute and leadership workshop in Alexandria VA in July. Counseling association leaders from throughout the nation met for three activity-packed days and learned about legislative matters as well as skills needed to lead their state associations. One of the days was devoted to a trip to Capitol Hill to meet with staff assistants of Senators and Congressmen. Representing Alabama were (r to l) Dr. Annette Bohannon, ACA-SR Representative to Governing Council, Dr. Paul Hard, ACA-SR Chair, Dr. Nancy Fox, ALCA President-Elect, Dr. Chip Wood, ALCA Executive Director, and Judy Childress, ALCA President. Not pictured is Lin Wood who also attended the Leadership and Legislative Institute.



Quarterly Included with Conference Registration

As you have noticed, the abbreviated fall issue of *The Quarterly* has been mailed inside the registration packet for Annual Conference. The decision to have a joint mail-out was made by your Editor and Executive Director in an effort to save the association several hundred dollars in postage. Much of the fall issue is usually filled with the same material as that in the registration packet anyway, so this move just seemed logical. Your leaders hope that this effort will be received favorably by members and that you will know that your membership monies are being used with great care.

I love Fall!! It's my favorite season!! The colors of trees and flowers, the cooler air, the opening of another school year, football season, family holidays and Annual Conference!! These things have been mainstays in my life for years. I look forward to seeing my extended family during the fall, and I look forward to seeing my counseling family at Annual Conference. It's a time of professional development but also a time of personal revival. It's great to be with others with whom we share so much. We understand each other and our hectic lives. We know how emotionally and physically tiring a counselor's life can be. It's good to come together once a year and hug each other and catch up. For those of us who give most of our waking hours to others, this is a time for us personally. We must take care of ourselves before we can be good for others.

Our theme this year reflects this need to care for ourselves: **Emotional Success During Economic Distress.** Who of all people should be concerned about the emotional component of this terrible economy? We must somehow get a grip and hold it together so that we can help others and can be examples to others of emotional stability. One of the ways to do that is to be with our colleagues at Annual Conference. We all know that budget cuts are everywhere, but hopefully you will be able to join us in Birmingham for professional and personal renewal!!



ABEC Legislation Passes

Several changes to Alabama statutes concerning the Alabama Board of Examiners in Counseling were passed during the recently-completed legislative session. Several of the revisions represented editorial clarification in sentence structure, but notable were the following: include minority representation on the board, address the fee structure for ALCs, clarify the confidential nature of complaints and work product from investigations, add the phrase that an LPC or ALC "may diagnose and develop treatment plans", and insure that ALCA appointments for board vacancies become effective if the governor fails to act on recommendations in a timely manner. More information may be obtained from ABEC's web site www.abec.state.al.us. Dr. Walter Cox, Executive Officer for ABEC, noted that Senator Larry Dixon of Montgomery and Representative Arthur Payne of Trussville are to be thanked and commended for sponsoring the legislation and working tirelessly to see that it was approved this session.

The Quarterly is published four times a year by The Alabama Counseling Association, a state branch of The American Counseling Association. Subscriptions are included in membership dues. For more information or change of address, contact Dr. Chip Wood, Executive Director, at the ALCA office.

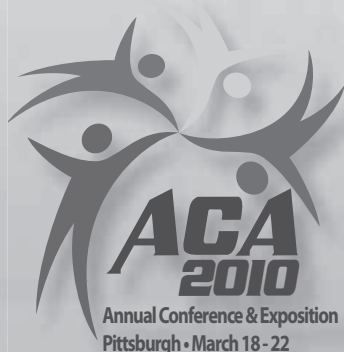
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or www.abec.state.org • American Counseling Association: 1-800-347-6643
or www.counseling.org

Your Professional Development for 2010 Starts Here.



Co-sponsored by the Pennsylvania Counseling Association

Register Early and Save!

Online: counseling.org/conference

Phone: 703-823-9800 x222

800-347-6647 x222

(M-F, 8 am to 7 pm ET)



AMERICAN COUNSELING
ASSOCIATION

See you in Pittsburgh!

ALACES Plans Conference Activities

by: Dr. Brad Willis, President

The executive council of ALACES is excited about our plans for the fall conference. We hope that you will take advantage of some of the following opportunities during the conference. ALACES is hosting a joint division luncheon with ALAMHCA and ALAMCD. Also, we have an information table located near the registration booth. The information table will be loaded with special gifts and great information on the supervision process. Finally, don't forget to attend some of the wonderful content sessions sponsored by ALACES. Two sessions that I'm personally excited about are the counselor educator teaching idea exchange and the division meeting / technology training. Be sure not to miss these exciting opportunities!

ALMHCA Wins National Awards

By Mica Lacefield, President

ALMHCA won the 2009 **Service to Consumers Award** from the American Mental Health Counselor Association for the 2008 Mental Health Awareness Blast/Stress Blast (This was an effort hugely spearheaded by Anita Neuer and Angela Stowe.)

Gary Williams is a co-recipient of 2009 **Mental Health Counselor of the Year Award** from the American Mental Health Counselor Association.

Chapter III Meets in June

By Dr. Jamie Satcher, President

Bradford Health Services in Northport, AL, sponsored a Chapter III meeting in June, 2009. Bradford Health Services provided lunch and a presentation of services offered by the agency. About 15 Chapter III members attended. Many thanks to Bradford Health Services for sponsoring the meeting!

ALASGW Looking for New Members

By J. L. Austin, President

Greetings, ALCA members! ALASGW's executive board is hard at work promoting our association and this division. There is still work to be done and we need your help. If you or some one you know teaches, facilitates, or participates in any aspect of group work, we would like to talk with you. Membership within our division and this association is down. We want to do our part to increase participation in both. Will you help? Contact our President or any Board member for details on how you can help.

Be sure to stop by our table during the Fall Conference. We would love to talk about the wonderful rewards of group work. Two great choices in content sessions this fall are "Creative Approaches for Engaging Clients in a Group Setting" and "Life After 60: Group Strategies for Increasing Ego Integrity in Older Adults". Hope to see you there!

Valkyrie's View

By K.T. Valkyrie, PhD, LPC, President, Chapter IX

Chapter IX invites all individuals who work with underachieving students to attend our Fall 2009 workshop on **September 11** in Dothan, AL at the Wiregrass Rehabilitation Center. **Dr. Chan Roark**, Associate Professor at Troy University, an international researcher and presenter on the Meyers Briggs Type Indicator (MBTI), will lead a two-hour workshop entitled: *Unlocking the Potential of the Underachiever: Using the Magic of Type to Open the Doors of Lifelong Learning*. We believe this workshop will be invaluable for the mental health counselor, the school counselor, the classroom teacher or faculty. **Wiregrass Rehabilitation Center is located at 795 Ross Clark Circle, Dothan AL 36303.** The workshop walk-in registration will begin at 8:30 a.m. and the two-hour workshop will start at 9:00 a.m. Our requests for CEUs for LPCs and CRCs are under review. The cost is very reasonable: \$25 for ALCA members, \$30 for non-members and \$15 for student members (with documentation). For information or to register, please contact **Margaret Fox** at P.O. Box 515, Brantley AL 36009. Her email address is mfox@oppboe.com.

The Alabama Counseling Association

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(ALSGW) **Jacques L. Austin**, Lipscomb
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(ALCCA) **Fran Jerkins Davidson**, Andalusia
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Association (ALDARCA) **Mary Anne Templeton**, Troy
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(ALMHCA) **Mica Lacefield**, Florence
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(ALAMFC) **Venecia W. Hubbard**, Deatsville
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(ALCDA) **Joy H. Jones**, Alabaster
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(ALAAOCA) **Don Phillips**, Huntsville

Alabama Association for Adult Development
(ALAADA) **Harriet Schaffer**, Birmingham
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Alabama (ALGBTICAL) **Michael Lebeau**, Birmingham

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Special Functions:

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