Day on the Hill Planned for April 15, 2009

State Legislative Chair Carol Turner announces that ALCA’s annual Day on the Hill (DOTH) will be April 15, 2009. The agenda is not yet set, but attendees will have opportunities to visit with their Legislators, to have a tour of their choice and to enjoy a luncheon with an inspiring speaker. Ms Turner encourages members to pay close attention to their mail and to the Listserve for more information and registration details.

Counselors Meet in Huntsville

More than 1100 counselors traveled to Huntsville in November for the 42nd Annual Conference of the Alabama Counseling Association. Conference Co-Chairs Donna Clark and Nancy Wolfe had worked tirelessly to schedule the meetings, the receptions, the opening sessions to make this event successful. From the content sessions to the keynote speakers to the dance on Thursday, counselors had opportunities to learn new ideas and earn CEUs as well as to have some fun with their friends, old and new. (See picture page in this issue!) The final count of attendees is as follows, a 6% increase over the last time in Huntsville:

- Active (regular) members: 878
- Retired members: 41
- Student members: 65
- Exhibitors: 120
- Non-members: 35
- Total: 1139

Counselors were inspired by three keynote speakers: On Wednesday, Jones Loflin, taking excerpts from his book Juggling Elephants, compared our busy lives to the chaos of a circus. We are

Continued on page 3
President’s Message

I want to thank everyone who worked so hard to make the Annual Conference in Huntsville a success. A special thanks to Nancy Wolfe, Donna Clark, Judy Childress and Carol Turner, along with Chip Wood, who generously committed hours to make the conference a wonderful conference. I truly appreciate their excellent planning and hard work. I want to thank everyone for their contributions.

I would also like to recognize Kenyon Knapp and Eddie Clark and the entire Awards Committee for the difficult task of evaluating all the awards submissions! Although Eddie Clark was not able to be at the Awards Breakfast due to surgery, all his hard work before hand in preparation is much appreciated. Congratulations to all the winners!!

Carol Turner has planned another “Day on the Hill” in Montgomery for us and it is right around the corner. This is a great opportunity for us to educate our leaders in government about pressing issues. This will be more important than ever as we face the economic cuts in our state. Our presence is very important at this event. Please plan to attend. Save the Date: April 15. Our representatives need to know that we are large in numbers and need to be heard.

President-Elect Expresses Appreciation

To Donna Clark and Nancy Wolfe: thank you for all your hard work in making the 2008 Annual Conference a big success. With the new hotel, new set-up and all the details to consider, you had a really big job to do, and you did it with a calm confidence that inspired others. To Carol Turner: the exhibits, as always, were excellent! I know how much time you spent recruiting and organizing. It’s appreciated! To our president Katharine Nichols: Wow! Those speakers were terrific! I laughed a lot and learned a lot from them. And you did such a good job of presiding over everything, even as plans got changed at the last minute!! To Chip and Lin Wood: Everything you do is appreciated by me and others; but for conference organization, you deserve extra praise! Keeping up with all the registrations and memberships is a monumental task. Being at the registration desk hour after hour answering questions is exhausting. But I know that all the other behind-the-scenes negotiations are the most difficult. Thank you for always having the good sense to work through problems, for keeping us together.

Judy Childress, President-Elect, and I will be attending the American Counseling Association Conference in Charlotte, March 19-23, and welcome those of you who are also attending to join us for an Alabama get-together while there.

I would like to thank the presidents of the divisions and chapters for their work in recruiting many of you to present at Fall Conference and for the difficult task of having to choose from all the submissions. How you do that when they are all good is very hard!

This past year has flown by. It is hard to believe that my term as ALCA President is almost over. I really appreciate this opportunity to serve you. We are a great organization, as I have said before, and we will continue to be as long as we have members that will give so much of their time and talents.

Thanks to Judy Childress for not only being a great President Elect but also for putting together an award winning Quarterly!!!

The Quarterly is published four times a year by The Alabama Counseling Association, a state branch of The American Counseling Association. Subscriptions are included in membership dues. For more information or change of address, contact Dr. Chip Wood, Executive Director, at the ALCA office.

Send timely articles to Judy Childress Editor, 1525 Astre Circle, Hoover, AL 35226 or email to childressj@charter.net

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or www.abec.state.org • Alabama Licensure Board (ABEC): 1-800-822-3307 or www.abec.state.org

Judy Childress, President-Elect Expresses Appreciation

And to everyone who attended the conference: thank you for being there and for your patience and understanding as we dealt with the difficulties of the unusual session set-up. I hope that you all were able to learn new professional strategies, to network with colleagues and, most of all, to have a good time! See you next year in Birmingham!
the ringmasters in our lives and it is our job to control who/what gets our attention in an orderly way. Dr. Humor (Dr. Stuart Robertshaw, CEO, The National Association for the Humor Impaired) entertained everyone on Thursday with humorous stories submitted from regular people throughout the country. Then on Friday, Lib Willis Fowler made us laugh again as she told stories of her life. Her Turkey Neck Stroll and Alabama rap were crowd favorites.

On Wednesday morning, ALCA honored many members during the Awards Breakfast. (See Awards article in this issue.) There were division luncheons, chapter meetings and receptions, breaks, the graduate student Kaffee Haus, the annual dance and almost 100 content sessions. After three days of rewarding learning and renewing of friendships, counselors left tired but refreshed and ready to try out some new activities. Evaluations forms revealed positive comments such as these:

“great opportunity to network with other counselors”
“workshops were on subjects that will help me with my job”
“helped to re-new my enthusiasm for my job as a school counselor”
“great speakers” “great sessions” “terrific facility”
“If I had any stress when I came to the conference, I left with none. Thank you!”

Future conferences are at alternating sites. The 2009 Annual Conference will be in Birmingham at the Sheraton Hotel and Medical Forum November 18-20. In 2010, ALCA will meet in Mobile and in 2011, the conference will be in Birmingham again.

“When we try to do everything we juggle elephants.”
—Jones Loflin
ALCA Recognizes Members’ Contributions

By ALCA Awards Co-Chairs – Dr. Eddie Clark & Dr. Kenyon Knapp

It is an honor to have served at this year’s ALCA Awards Breakfast and to have assisted in the selection process of the following ALCA outstanding award winners for their leadership and contributions to the organization, community, and the counseling profession.

Chapter/Division Outstanding Member Award
This award provided each ALCA chapter/division the opportunity to recognize its outstanding member of the previous year. They are listed as follows:

- Chapter I ...................................... Kathy Benson
- Chapter III .................................. Dr. Karla Carmichael
- Chapter V ...................................... Kay Sewell
- Chapter VII ................................... Venecia Hubbard
- Chapter IX .................................... Dr. Margaret Fox
- ALACES ...................................... Dr. Kenyon Knapp
- ALDARCA ................................. Dr. Mary Anne Templeton
- ALAMFC ..................................... Dr. Robert Hunt
- ALSERVIC ................................. Scott Jones
- ALMHCA ..................................... Dr. Robyn Williams
- AGLBTICAL ............................... Dr. Jamie Satcher
- ALSCA ......................................... Katharine Nichols
- ALCDA ......................................... Dr. Debbie Grant
- ALSCA (Retired) ............................. Nancy Fortner

Research Award: Dr. Quinn Pearson
The Research Award was presented to honor and recognize outstanding research in areas of interest to counselors, and to encourage future research. This year’s winning publication titled “Homonegativity among Professional School Counselors: An Exploratory Study” was designed to examine the substantial barriers to acceptance and inclusion faced by Gay and Lesbian youth within the school systems throughout the United States. (Nominated by ALACES, AGLBTICAL, ALMHCA & Chapter III)

Chapter/Division Publication Award:
ALSCA Newsletter
The Chapter/Division Publication Award recognized the unique and superior publication of significant interest to the counseling profession particularly ALCA and its members. This year’s winning publication “The ALSCA Newsletter” highlighted news events specific to Alabama School Counselors: including the launching of their new Website and their recognition by the American School Counseling Association as being among the Top Ten in the United States. (Nominated by ALSCA)

Chapter/Division Service Award:
ALAMCD Community Service Project
The Chapter/Division Service Award recognized the unique and superior professional service of significant interest to the community. This year’s winning service “The ALAMCD Community Service Project” which provided an opportunity for all counselors in the State of Alabama to participate in the Alabama Reading Initiative through the process of book donations and/or reading to children. Though their aggressive efforts, more than 400 books were donated and more than 30 counselors read to children at various school and community agency sites. (Nominated by ALAMCD)

Chapter/Division Program Award:
ALAMCD AND ALAMFC
The Chapter/Division Program Award recognized the unique and superior program of significant interest to the counseling profession particularly ALCA and its members. This year’s winning program “ALAMCD & ALAMFC Fall Conference Luncheon” entitled “Hispanic Population: Understanding and Working with Individuals, Families, Interventions, and Considerations” was specifically designed to enhance the professional development of counselors by increased knowledge and skills when working with this vastly growing population. (Nominated by ALAMCD & ALAMFC)

Individual Publication Award:
Dr. Jamie Satcher & Dr. Mark Leggett
The Individual publication award was presented to recognize scholarly and timely publications of interest to
Members Contributions  

Continued from page 4

Distinguished Professional Service Award: 
Dr. Paul Hard

The Distinguished Professional Service Award was presented to honor and recognize outstanding service that reflects a significant contribution to the counseling profession and ALCA, as well as to stimulate future service projects for the well-being of the counseling profession and community service. This year’s winner, currently an Assistant Professor at Auburn University-Montgomery & Board Member of Alabama Board of Examiners in Counseling, was recognized for outstanding contributions in several areas, including: Leadership, Professional Development, and his commitment to consumers and the betterment of the counseling profession. Dr. Hard wishes to accept the award jointly with volunteer & non-member, David Fancher, who co-labored with him in compiling The Journal into CD-ROM form.
(Nominated by ALGBTICAL & ALACES)

Outstanding Practitioner Award: 
Mr. Gary Williams

The Outstanding Practitioner Award recognized excellence in school, community, or private practice counseling. This year’s winner is a Certified Rehabilitation Counselor, Licensed Professional Counselor (LPC) and approved Supervising Counselor in private practice in Birmingham and newly appointed Board member to the Alabama Board of Examiners in Counseling. He is currently the Co-owner/consultant with Work Life Consulting specializing in the delivery of teambuilding, leadership development, and employee retention services for small to medium-sized organizations. (Nominated by AGLBICAL, ALACES, & ALMHCA)

The Fannie R. Cooley Award for Distinguished Professional Development: Dr. Shirley Barnes

The Fannie R. Cooley Award recognized outstanding professional development designed to enhance the techniques, strategies, and systems beneficial to counselors. This award includes a $100.00 grant as a personal testimony of her love and admiration for the genuine care and concern for the professional development of counselors. This year’s winner is currently a Professor at Alabama State University and served as President of the Alabama Counseling Association from 2006 to 2007 with a sincere and committed effort to make positive changes in the future directions of counseling diverse population, specifically with Hispanics vastly moving into this area of the country. She also stressed better efforts to protect the rights of clients and the public from unethical practice.
(Nominated by ALACES, ALAMCD, ALAMFC & Chapter VII)

The Jean H. Cecil Distinguished Counselor Educator Award: Dr. Allen Wilcoxon

The Jean H. Cecil Distinguished Counselor Educator Award recognized a counselor educator who has been an exemplary mentor for counselors, encouraged excellence among counselor, and has provide an opportunity for exceptional counselor training and accomplishments. This year’s winner is a Professor and Department Head at the University of Alabama and is highly revered among colleagues as a counselor educator who embodies the role of educator, mentor, supervisor, and role-model. He teaches students through personal involvement in professional organization, scholarly research, and conference presentations.
(Nominated by ALMHCA)

The Wilbur A. Tincher Award for a Humanitarian and Caring Person: Mr. Frank Hrabe

The Wilbur A. Tincher Award for a Humanitarian and Caring Person recognized an ALCA member who gives to others without fanfare or expectation. This award includes a $100 grant as a personal witness to his love and admiration for those who genuinely care for the personal welfare of others and social justice. This year’s winner, esteemed by colleagues and friends, embodies the key words CARING and HUMANE.
(Nominated by ALCCA, ALGBTICAL, & Chapter IV)

Special Resolution for Retiring ALCA Past President: 
Ms. Nancy Fortner
(Nominated by ALSCA)

Emerging Leader: Ms. Yulanda Tyre
(Nominated by Dr. Monica Mack)

Research Grant: Ms. LaWanda Edwards
(Nominated by Ms. Kassie Doggett)

Miles-Seymour Graduate Scholarship: 
Ms. Maranda Brown
(Nominated by Ms. Lin Wood)

ALACES Counselor Educator Doctoral Scholarship: 
Mr. Tylon Crook
(Nominated by ALACES)
The ALCA Graduate Student Committee, with the support of the ALCA Executive Council, is proud to announce the 2008 Graduate Student Poster Session presenters. These students presented at the ALCA Conference in Huntsville Thursday, November 20, 2008. In addition to the outstanding student presenters, the faculty advisors should also be applauded for their time, support and guidance of our own graduate students. Please feel free to send any ideas of how we can continue to engage our students in professional activities.

2008 ALCA Graduate Student Poster Presentations

Alabama State University
• Student: Courtney T. Johnson
  Title: Beating the Bully: How to Handle Bullying in the Middle School Setting
  Faculty Advisor: Necoal Driver

Auburn University
• Student: Kathy D. Robinson
  Title: Intimate Partner Violence Assessments
  Faculty Advisor: Debra Cobia

• Students: Michael A. Keim, C. Nikki Vasilas & Keith Cates
  Title: Ambiguous Loss and Deployment: Assisting Veterans of Operations Enduring Freedom/Iraqi Freedom

• Students: Felicia Pressley, Brandon Browning, & Tomeka McGhee
  Title: Caution: What Counselors Should Know About Students Personal Websites
  Faculty Advisor: Jamie Carney

Troy University - Dothan
• Students: Jerry Traylor, Mike Dease, Christen Luther, Joan Neher, Sheila Azar & Kasie Partick
  Title: Relationship of Environmental Beliefs to Environmental Behaviors
  Faculty Advisor: Brent Tucker

University of Alabama at Birmingham
• Student: Denise Perry
  Title: The School Counselor as Developmental and Educational Consultant
  Faculty Advisor: Larry Tyson

• Student: Yvonne Gaines
  Title: Reflections from a Multicultural Emerging Experience
  Faculty Advisor: Michael Brooks

• Student: Marea Ennis
  Title: Play Therapy with Abused Children
  Faculty Advisor: Linda Foster

• Students: Valeri Cowart, Chris Balley & Beth Blackwell
  Title: The Importance of Suicide Prevention Training in Counselor Education
  Faculty Advisor: Michael Brooks

University of Montevallo
• Student: Paul Johnson
  Title: Informed Premarital Counseling
  Faculty Advisor: Stephanie G. Puleo

University of South Alabama
• Student: Rebecca Sheree Bodiford
  Title: Self-Esteem and Gender: A Review of the Literature Focused on Implications for Treatment Options with Juvenile Delinquents
  Faculty Advisor: P. Irene McIntosh

University of West Alabama
• Student: Galina Chira
  Title: Empowering Low Achievers and Promoting Students Success
  Faculty Advisor: Michele Chism
Opening Session 2008

Graduate Students' Poster Session 2008
New Guidelines Announced for Submissions to The Journal

The Editor of The Journal, with support from the ALCA Publications Committee, has announced changes in the process by which manuscripts are submitted to The ALCA Journal. The new guidelines will be published in the winter edition of The ALCA Journal. Prospective authors may contact the Editor, Lawrence Tyson, Ph.D., at 205-975-2491 or ltyson@aol.com with questions.

The new submission guidelines are as follows:
1. Manuscripts are no longer to be sent in triplicate. All manuscripts are to be sent electronically using Word. Potential manuscripts are to be sent to the Editor, Lawrence Tyson, Ph.D. at ltyson@uab.edu.
2. All correspondence will be made electronically. Manuscripts should be prepared according to the Publication Manual of the American Psychological Association.
3. All manuscripts should be word processed on eight and one-half by eleven-inch paper with double spacing and one inch margins, using Times with 12 point font.
4. Author notes including current position, work address, telephone numbers, and email addresses should be included on the title page. Other pages should exclude such affiliations.
5. Authors will receive feedback regarding their manuscripts. This feedback will include comments from reviewers and suggestions from the Editor, along with future plans for possible inclusion of the manuscript in The ALCA Journal.

Finding Your Place in ALCA

By Yulanda Tyre ALCA 2008 Emerging Leader

The emergence of the New Year often brings about plans or resolutions surrounding improved health, career change or enhanced education; some even consider advocacy. If you are one of these individuals, let me encourage you to consider service to the Alabama Counseling Association (ALCA).

ALCA provides benefits to all of its members; i.e. professional and legal support, educational opportunities through workshops, conferences and literature, updates on policy and law and licensure support. However as a member have you considered what you may be able to offer to the organization?

As we all journey into the new year, may I encourage you to jump in and give what you can? Giving can include time, resources, implementation of skills, and much more.

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ACA Conference Set for Charlotte in 2009

By Thelma M. Robinson, ACA Liaison

The 2009 Annual Conference and Exposition of The American Counseling Association will be March 19-23 in Charlotte, NC. The conference is divided into the following sections:

Pre-Conference Learning Institutes: March 19-20
Education Sessions: March 21-23
Exposition: March 20-22
Keynote Sessions: March 21-22

The Westin Charlotte is the headquarters hotel. Visit ACA’s website: www.counseling.org for the latest information.
Finding Your Place  
Continued from page 9

mentorship, and connections to contacts, to name only a few. ALCA is settled on a strong foundation of outstanding leaders and holds an impeccable tradition of serving the community and the needs of counselors. However, this foundation remains only as strong as its current members. Your diversity, new ideas and mentorship are needed to keep this organization moving and current in these changing times.

Now that I have pointed out what you have to give, a few of you may be wondering how to get started. Start with your local chapter or division. Many chapters and divisions are constantly seeking volunteers to help support local chapter meetings, programming and workshops. Give your local chapter or division president a call and let them know that you are willing to lend a hand. I assure you that this simple step will lead you well on your way to fulfilling work within the organization.

As part of the Emerging Leader process I had the opportunity to attend the South Eastern Regional Conference, in Little Rock, Arkansas. This conference is held annually bringing together the southeastern branches of the American Counseling Association (ACA). During this time I attended several workshops on leadership, met leaders within ACA and various counselors and counselor educators from Mississippi, Texas, South Carolina and Florida. Participation in these events reinforced my commitment to advocacy and mentorship with in the organization.

However, as I reflect on this experience with fondness, I clearly recall my first steps of involvement with in ALCA. I was introduced to ALCA as a student during my masters program, as many of you may have. I recall taking my first trip with class mates and a professor to a state conference. At that time the conference was in Mobile, it was very cold and as graduate students we all were under financial restraints. We shared a room and had the best time getting to know each other while attending sessions. Over the course of attending several more conferences I became interested in enhancing my support to ALCA with a more hands on approach. I wanted to “do” something which I felt could benefit my community and promote the organization. Those desires lead me into serving Chapter VII as historian and have over time allowed me additional opportunities to contin-ue to serve that chapter and several divisions in various positions.

Having been selected as the ALCA 08 Emerging Leader has been a grand honor and confirms works of advocacy within the organization. I stand in the company of some outstanding leaders and only hope to live up to the standards of which they have set. I have not come to this point alone. There have been many moments of doubt and words of encouragement. As a member, a student and a new professional I encourage you to take my challenge to enhance your support of the organization. ALCA needs you and values your input.

In Memorium

From ALCA Listserv

Jan Jones Eubank, of Mountain Brook, passed away on Tuesday, December 30, after a valiant battle with cancer. Funeral services were held on Saturday, January 3. Jan touched many young lives as a guidance counselor at Mountain Brook High School (MBHS) where she worked for over 30 years. Jan’s sister, Halcyann Badham, recently retired from the Hoover City School System where she worked for numerous years as a counselor at Bluff Park Elementary School.

Our Mission...

From the ALCA website

To enhance human development throughout the life span and to promote public confidence and trust in the counseling profession.

NEEDED: 2009 Conference Theme

Send all ideas to Judy Childress, President-Elect, at childressj@charter.net

If your idea is chosen, you will get FREE 2009 Conference Registration!!

Deadline: April 1, 2009
The Happy Faces of Annual Conference 2008
ALAADA Invites New Members
By Carolyn Thomas

ALAADA has been somewhat inactive for the past couple of years, but we recently had a late election and have some experienced officers who met at the ALCA Conference to make plans for the coming years. Harriet Schaffer, the new President-Elect, has already arranged cooperative workshops on adult development and aging issues with other divisions. Fannie Cooley and Shirley Curry are working to identify a pool of experienced and interested leaders who will be part of future ongoing leadership in the division. Carolyn Thomas, Treasurer, and Carol Cleveland, Secretary, continue to do the nuts and bolts of keeping the division viable.

We invite all interested counselors to contact one of the above leaders to express an interest in (1) presenting programs at the next ALCA Conference, (2) assuming a leadership role, or (3) co-sponsoring a chapter or division workshop on aging issues.

We also invite nonmembers to contact Chip Wood and join our new and growing division. Counseling aging persons is certainly a current issue. Join us in increasing the advocacy for attention to this population.

ALAMCD Emphasizes Community Service
By Necoal Driver, President

Greetings, ALCA,

ALAMCD had a wonderful time at this year’s fall conference in Huntsville. It was really good seeing and catching up with division members. We also did a community service project while in Huntsville and celebrated the long tradition of history and service to all mankind at our 30th Anniversary Celebration.

The Association for Multicultural Counseling and Development celebrated the division’s 30th Anniversary at the Fall Conference. It was a splendid event with guest speakers Dr. Fannie Cooley, Carolyn Liggins, Jake Jones and Willie Anderson. Members learned a lot about the history and the evolving of the division along with a great time socializing and networking with one another. If you were not able to attend you missed a historic celebration event.

One of the community service projects with ALAMCD is “READING ACROSS ALABAMA”. This year we visited two elementary schools within the Huntsville School System. We presented boxes of books to Lincoln Elementary and read The Black Frog to children at Martin Luther King Elementary. The children really enjoyed the story, and we all felt joy just being able to share our time with the children. Thanks, Vincent Hinton, for all your hard work in getting the connections with the two schools and the books we were able to donate.

ALAMCD has a huge spring workshop that we are gearing up for. We have gotten Dr. Janet Helms coming to speak this April at the campus of Auburn University. Currently we are still working out the details but this will be a workshop that could benefit anyone within the counseling field as Dr. Helms lectures on racial identity development. This is sure to be a grand event. We are encouraging you to stay tuned to the Listserv and other announcements pertaining to this workshop. Seating will be on a first come basis.

Habitat for Humanity is another service project that ALAMCD is preparing to take part in at the end of April. This will be a great service project helping to build a home for a family in need. An exact date has not been scheduled but more information will be posted on the Listserv and the ALAMCD newsletter.

Finally I would like to thanks all division members for all that you do. You work tirelessly at your jobs, homes and other endeavors but still find time to do work with the division. This could not be more evident in the fact that ALAMCD won two awards:

**Chapter/Division Service Award:** Reading Across Alabama

**Chapter/Division Program Award Co-Sponsored with ALAMFC:** Understanding and Working with the Hispanic Population

We would also like to recognize division member Dr. Shirley Barnes as this year’s winner of the Fannie Cooley Professional Development Award.

Happy New Year and I look forward to our 2009 endeavors ahead.

“A sense of humor is the best protection we have against depression.”
—Dr. Stuart Robertshaw (Dr. Humor)
ALASGW Rebuilds with New Officers
By Jacque Austin, President

ALASGW is alive and well. We are yet in the process of rebuilding and are happy to announce that we have an Executive Board. These generous and dedicated professionals have stepped up to help keep the ship afloat:

Jacques L. Austin, LPC, NCC.............President
Dr. Necoal Driver ......................President-elect
Dr. Carolyn Thomas ....................Past-President
Felicia Pressley..............................Secretary
Dr. Carol Cleveland .....................Treasurer

2008 was a rocky year, one of rebuilding and preparing for what is to come. We encourage all present and past members to come aboard and journey with us into 2009 and a NEW SGW. “If you want to see the sun shine, you have to weather the storm.”

Chapter II to Co-Host Building Bridges Workshop
By Rhonda Pearsall, Chapter II President

Chapter II held a membership meeting at the fall conference that was well attended. Several members were recognized for their presentations and contributions to the conference. Thank you to all who volunteered and helped to make this conference a huge success. New chapter business included suggestions for community service projects. President Elect Becky Thompson organized a small group of volunteers to work with Helpline’s gift-wrapping fundraiser. Chapter II also made a cash donation to the Food Bank of North Alabama. Plans were discussed to continue these and other community service projects in 2010.

Chapter II is working in collaboration with Chapter I to present our bi-annual Building Bridges workshop to be held at Athens State University on February 27th. Dr. Larry Little from The Enrichment Center in Decatur will be the presenter for this half-day session. Details, cost, and registration will be coming soon via the ALCA Listserve and by mail to Chapter I and II members. Please make plans to attend this professional development opportunity. Chapter II will also hold a brief member meeting at this event. Nominations will be taken for 2009-2010 officers and special committees. Please notify any current officer if you are interested in becoming more involved in your chapter.

Chapter I Plans Workshop
By Susan Wales, President

We are excited about our upcoming workshop/meeting, Building Bridges, which will be held on Friday, February 27, 2009 at Athens State University! We are partnering with Chapter II for this meeting. Our keynote speaker will be Dr. Larry Little from the Enrichment Center. Some of you will remember Dr.Little from his presentation to us eight years ago. This time, he will give a full 3-hour workshop on personality traits and how to work well with those around us. The cost of the workshop is $20. You should receive a flyer with a registration form from Athens State soon. It would help us if you would pre-register. That would help the caterers plan for lunch. We will begin registration in the Student Center at 8:00. Light refreshments will be served. CEU’s will be available. The meeting will begin at 8:45. After our speaker finishes his presentation, we will enjoy a delicious hot luncheon. Our meeting will conclude with Chapter business. Because this will be our last meeting, we will install new officers. I am looking forward to seeing you there! If you have any questions feel free to e-mail me at susan.wales@acs-k12.org.

Chapter IV Increases Member Interest
By Tracey Hudgins, President

I am pleased to announce that Chapter IV is on its way back!! We have had a rough two years, and I thank you for your patience while we were trying to regroup. We have been through not having a board of officers to having a full board. We have doubled the number of people who have attended our activities from April to October, and we saw a good turn out at our reception in Huntsville. Interest in the chapter is also beginning to increase. I believe that this year will be even better. We will be sending out ballots shortly for you to vote on a slate of officers. If you accept those who are running for office we will again have a full slate of officers for

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Chapter IV
Continued from page 13
the 2009-10 year. We are currently in the process of trying to update our web site and we will be re-instituting our newsletter in the future. I ask for your continued patience as we continue this process of rebirth.

Chapter VII Congratulates ALCA Award Winners

By Yulanda Tyre, President

Happy New Year!!! Chapter VII ended 2008 with a bang at the ALCA 42nd Annual State Conference. During this time members of the division had the opportunity to enhance their skills, network and just have fun with ALCA members from across the state.

During the conference several members were recognized for their outstanding works at The ALCA Awards Breakfast. Dr. Shirley Barnes was the recipient of the Fannie R. Cooley Award for Distinguished Professional Development; Maranda Brown was selected as the notable Miles-Seymour Graduate Scholarship beneficiary, while Lawanda Edwards and Yulanda Tyre were selected to receive the ALCA Research Grant and Emerging Leader recognition respectively. Congratulations to all of you!

Journal Manuscripts Needed

The Alabama Counseling Association is now accepting manuscripts for publication in The Journal. Practitioners, educators, and researchers in the fields of guidance, counseling and development are encouraged to submit manuscripts. The Journal provides an arena where clinicians, researchers, educators and students can come together to share and disseminate very worthwhile knowledge and expertise. Each volume of The Journal provides readers with very valuable insights and links to the world of practice. Manuscripts which conform to the Guidelines for Authors must be submitted to the ALCA Journal Editor Dr. Larry Tyson, 1301 Shades Run Circle, Hoover, AL 35244 or ltyson9837@aol.com.

Counselors
A Rap by Lib Willis Fowler
Presented at ALCA Annual Conference
November 2008

Papers are piled high and the telephone’s ringing,
The stress is bad and they just keep bringing
All these problems that are driving me crazy.
It’s hard to keep up, and I sure ain’t lazy!

The computer takes a notion to cop an attitude,
And the person on the phone is downright rude;
But I hold it all together ‘cause that’s my job.
I can file ten reports while I calm a mob!

It gets on my nerves to test many times a year.
If I was a drinker, I’d soak up some beer.
But that wouldn’t work and would just be dumb;
I’ll just curl up in a corner and suck my thumb!

Rehab Counselors get ‘em off drugs,
And sometimes they need someone to hug.
Come on and hug me ‘cause I can take it.
I’m good at my job and I sure can fake it!

The funding is coming, or so they say;
I have too much to do and not enough pay.
I laugh to keep from crying ‘cause it sure ain’t funny.
I just keep going like the Energizer Bunny!

Se help me each day, Lord, to do my best.
Grant me patience each time I’m put to a test.
Give me a warm, friendly smile and a heart full of love
To treat each person as a gift from Above.
Just help me to be the best I can be,
‘Cause I know so many depend on me!

Listserve

For timely information about professional meetings, state and national legislative updates and association news, add your name to ALCA’s Listserve!

Email chip@alabamacounseling.org to be a part of this award-winning service to members.
Hello ALCA, and specifically, the members of ALCA – Chapter IX. The Wheel of the Year continues its slow rotation. We ended the year strong. Our efforts to reach out and connect with constituents paid-off. Working toward that goal we set early last year, we had the September business meeting and a continuing education workshop hosted by Laurel Oaks in Dothan. Sheila and Bill Bennett presented on their work with returning soldiers and their families, focusing on the most important topic of PTSD. We had over 75 in attendance – our largest attendance ever!

We hope your winter holidays were filled with opportunities to make new connections and to strengthen connections that have endured the test of time. It was good to see so many Chapter IX members at the opening assembly at the Huntsville Conference. We were a small, but robust group as we yelled out our presence. How about our hot pink, glittered IX poster that heralded Chapter IX was in the house alive and well? Thanks to Troy University graduate Marie Murell for creating that fun poster. I didn’t get time to meet with all of you, but I truly hope that you will make an effort to attend the upcoming Spring Workshop.

Our next meeting will be held at the lunch break of our Spring Workshop – March 6 – which is being held at Troy University. Oh, this will be a good time to tell you the exciting news about the workshop! We are producing an all-day workshop with two different speakers. The morning session, Conduct Disorders – An In-depth Look at Childhood Disorders will be presented by Brent Cosby, M.S. and will focus on helping counselors and teachers to better understand classroom issues and interventions and how to work with parents for at-home interventions. Mr. Cosby is a graduate from Troy University with a master’s degree in Psychology and Counseling who is currently employed with Laurel Oaks Behavioral Health Center in Dothan. In this position, he has developed parenting programs, school-based prevention programs for at-risk youth and customer relations training for the business community as well as the Christian community. Cosby is nationally recognized for his expertise in developing and operating programs in the areas of child/family mental health, juvenile justice, and child welfare.

After our lunch/business meeting, the afternoon session, How to Work Effectively with Suicidal Clients will be presented by Dr. Mary Bartlett, the outgoing president of ALACES. Dr. Bartlett is an assistant professor and coordinator of the community counseling track in the department of counseling at the University of Montevallo. She is a licensed professional counselor, a nationally certified counselor, a counseling supervisor, and a certified family life educator. Her area of research is suicide, and she speaks nationally on suicide prevention, clinical assessment of suicidality, and various related topics. She is an authorized trainer for the American Association of Suicidology and the Suicide Prevention Resource Center, and serves as a board member for the Alabama Suicide Prevention Task Force, the Alabama chapter for the American Foundation for Suicide Prevention, and the Alabama Counseling Association. Dr. Bartlett has been presenting for more than fifteen years, has numerous publications, and extensive clinical experience which includes working with a wide variety of populations in crisis intervention throughout her career, both in the United States and in Europe.

Okay, mark your calendars for March 6 from 8:45 to 4:00 p.m. because you don’t want to miss this great training opportunity. We are in the process of applying for continuing education credits. We will make every effort to keep the workshop cost reasonable for professionals and students. We believe these topics will be of interest to our members and are excited about hearing these interesting and talented presenters. Flyers will be sent out soon via email, snail-mail, via the ALCA Listservs, and posted on the ALCA-Chapter IX website, http://alcachapterix.com/index.html. As always, you may contact Margaret Fox for more information at: 334-493-6332. P.S. It will be a wonderful time for all you alumnae to see the recently opened Jack Hawkins Jr Hall – the new home for the College of Education.

Our Bragging Corner in the newsletter and on the website needs your input! Remember Peter Pan’s delight in having his shadow re-attached and how excited he was about seemingly small (we know how important shadows are, but that’s for another time)? Well, after stitching Peter’s shadow to his feet,
Valkyrie’s View

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WENDY begins: You’re conceited! PETER PAN, breaking into song responds: Conceited? Not me, it’s just that I am what I am. And I’m me! When I look at myself and I see in myself all the wonderful things that I see…. If I’m pleased with myself …I have every good reason to be…. So naturally when I discover the cleverness of a remarkable me, how can I hide it? When deep down inside it just tickles me so….I’m really a rare thing, such a fair thing, I can’t keep still! I’m bursting with pride, and I just couldn’t keep it inside if I tried so…Naturally, when I discover the cleverness of a remarkable me, how can I hide it? When deep down inside it just tickles me so. That I’ve gotta let go and crow! Then Wendy gets it! Peter tells her: Don’t be such a sissy, prim and prissy… Let out the crow! You’ve nothing to fear…Come and whisper it close to my ear... -urgh urgh urgh… urrrgh urgh… urgh… URRGH URRGH URRGH! - That’s better…And now we can crow just like a rooster we’ll be…Our own booster and let out the crow…We’ll give the proudest and gayest… And loudest crow that we know… Everybody let go…And crow1

Well, in our effort to build a strong community and to get to know one another, we truly want to share your successes – no matter how small you think your efforts may be there is something to share and to crow about! To paraphrase Peter Pan and Wendy, We Wanna Crow – About You - Members of Chapter IX! So start sending in your successes to me at kvalkyrie@troy.edu and we will get them on the website. (Oh, for a good time and a walk down memory lane, visit this link to hear the “crow” I couldn’t spell… http://www.youtube.com/watch?v=wnn2f62fL1s)

Finally, old business: We are still looking for an active member or two to host a meeting in the most eastern part of our Chapter IX that is someone who works or lives in Barbour or Henry counties. We’ll provide lunch and take care of advertisement. All you have to do is provide a space for the meeting. If you know of someone, please let us know. We would love to take the “Traveling Road Show” east. Your officers, me, Margaret Fox, treasurer, Mary Earnest, Secretary, and Lisa Patterson, Website Guru continue to want to hold meetings in different cites in the upcoming year. Won’t you help us reach out to all of our members? And, drum roll, elections and appointments are to be held and made in March. If you are interested in being a committee chair or being an officer, please let the nomination committee members, Ginger Mayer at gmayer@troy.edu or Brad Willis at btwillis@troy.edu, know your interest. Openings are listed on the website.

Okay, that’s all for now. Again, happy, happy New Year to one and all. We are so excited about our opportunities to grow this year. Won’t you join us? With hard work this time next year we will have even more about which to crow!


Important ALCA Meetings are Set through 2011

The following are dates for ALCA events in the future. Chapters and Divisions are asked to plan their schedules around these important times:

- February 6, 2009 Executive Council Hoover
- March 19-23, 2009 ACA Convention Charlotte, NC
- April 15, 2009 Day on the Hill Montgomery
- May 6-8, 2009 Executive Council Columbus
- November 17-20, 2009 Annual Conference Birmingham
- March 18-22, 2010 ACA Convention Pittsburgh, PA
- November 16-19, 2010 Annual Conference Mobile
- November 15-18, 2011 Annual Conference Birmingham

See the ALCA website - Activities Calendar - for up-to-date information and additions.

Our Strategic Goals...

From the ALCA website

To promote the recognition of the counseling profession
To develop and implement a set of strategies that responds to the needs of a diverse membership
To develop and expand diversity throughout the membership of the association
To promote unity of purpose and diversity of practice
To prepare and nurture effective leaders
To provide leadership as an association in governmental relations and public awareness
Winter Workshop in Birmingham
Focuses on Critical LGBT Issues

The Association of Lesbian, Gay, Bisexual and Transgender Issues in Counseling of Alabama (ALGBTICAL) is pleased to announce its third annual Winter Workshop. The workshop is open to all counselors statewide in any setting or specialty. This is an excellent professional development opportunity for any counselor seeking information and resources relevant to the needs of their lesbian, gay, bisexual, and transgender students and clients.

This year’s workshop is entitled, “The Lived Experience: LGBT Across the Lifespan.” It will take place on Friday, February 13, 2009, from 8:30 AM until 4:15 PM, in the Homewood Public Library, Room 101, 1721 Oxmoor Road, Homewood.

This exciting and informative workshop will feature timely topics, relevant information, useful material, and excellent presenters. A roundtable discussion, information tables, and an art auction will also be featured. The workshop registration fee includes lunch from Roly Poly. CEUs are available.

The cost of attending this all-day professional conference is only $45 for professionals ($65 at the door) and only $25 for students ($45 at the door). Pre-registration is recommended. The deadline for pre-registration is February 6 (postmarked).

ALGBTICAL is pleased to offer an impressive line-up of outstanding presenters and excellent topics. They include the following:

- “Using Object Relations Theory to Promote Identity Development with Gay and Lesbian Clients” by Dr. John Marszalek
- “Spiritual Issues in the Lives of LGBT Individuals and Families” by Rev. JR Finney
- “Don’t Ask Don’t Tell: Counseling Services for Lesbian and Gay Military Members” by Dr. Jeanell Norvell and Dr. Lynn Boyd.
- “Ethical Issues in Counseling Children with LGBT-Related Concerns” by Gloria Anderson.

“Advocacy Counseling: Fulfilling the Counselor’s Role” by Dr. Glenda Elliott.

Register today by mailing your check and contact info (name, title and position, institution, city and state, telephone number, e-mail address) to Michael Lebeau / UAB School of Business / BEC 303 / 1530 3rd Avenue South, Birmingham AL 35294-4460. Make check payable to ALGBTICAL. Please visit www.aglbical.org for more information.

Counselor Locator Service
Available for Public

Since 2003 ALCA has provided a valuable service to counselors and citizens in Alabama. Using the Counselor Locator Service, potential clients may access the ALCA website and identify counselors by geographic area and practice when they are in need. This is an excellent opportunity to promote one’s availability for service to clients. Counselors interested in being a part of this service should email chip@alabamacounseling.org their credentials, location, contact information and type of services they provide.

ALCA Professional Liability Insurance

In today’s professional setting, perhaps nothing is more important than making sure you are protected in the event a client sues you. You need professional liability insurance.

ALCA, in partnership with the ACA Insurance Trust, offers their national insurance policy to our ALCA members.

Contact Dr. Chip Wood at 205-652-1712 or alca@alabamacounseling.org.
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Alabama Licensure Board (ABEC): 1-800-822-3307 or www.abec.state.al.us  
American Counseling Association: 1-800-347-6643 or www.counseling.org