Alabama Counseling Association 217 Daryle Street Livingston, AL 35470

RETURN SERVICE REQUESTED



Please Note:

This is Annual Conference Advanced Registration Form and Information.





51th Annual Conference

November 15-17, 2017 Renaissance Riverview Plaza Hotel, Battle House Hotel and Mobile Convention Center

You are cordially invited to attend the 51th Annual Alabama Counseling Association Conference to be held at the Renaissance Riverview Plaza Hotel, Battle House Hotel and Mobile Convention Center. The Conference with a theme of "Back to Life," once again promises to be an outstanding event with opportunities for you to hear noted national speakers, attend workshop content sessions presented by your peers and enjoy the renewal of friendships and the making of new ones. Mark November 15-17 on your calendar, send in your registration early, and join the 1200 counselors expected to attend this rewarding event.

Speakers

Joe Sanok

Joe Sanok is a speaker, licensed professional counselor, business consultant, and podcaster. He is also the owner of the group practice, Mental Wellness Counseling in Traverse City, MI. Joe has the #1 podcast for counselors, *The Practice of the Practice Podcast* and a blog of the same name (http://practiceofthepractice.com/).

Joe is a writer for PsychCentral and has been featured on the Huffington Post, Forbes, MSN, GOOD Magazine, Reader's Digest, Bustle, and Yahoo News. He is a keynote speaker, author of five books, and a top-consultant for private practice owners.

His favorite moments are when he has new ideas and applications or when he's playing with his three and six year old girls.

Mary A. Fukuyama

Mary A. Fukuyama received her PhD in Counseling Psychology from Washington State University and devoted her career to working with university students at the University of Florida. She served as a counselor, supervisor, teacher and trainer at the UF Counseling and Wellness Center for 34 years, and is now retired Clinical Professor Emerita.

She is a member of the University of Florida's Center for Spirituality and Health and taught a graduate seminar on spiritual issues in multicultural counseling. She co-authored two textbooks: *Integrating Spirituality into Multicultural Counseling* with Todd Sevig and *Consciousness-Raising: A Primer for Multicultural Counseling* (3rd Ed) with Woodrow Parker. She has numerous publications and conference presentations on multicultural counseling and spiritual themes in counseling.

As a "P.K." (Preacher's Kid) with a multiracial background, she has pursued existential questions and socio-cultural challenges throughout her life. She is a member of the Racial Justice Task Force of the United Church of Gainesville and enjoys travel, visiting family with her partner of 26 years, doing art, playing music, spending time with her sun conure parrot Bebop, and pursuing a new hobby... playing the ukulele.

Craig Boykin

Craig Boykin is a speaker, author of five books, and consultant with a master's degree in Justice Administration and Biblical Studies. He is currently completing his doctorate in Adult Education at Auburn University. Craig's story of determination and personal accountability is one that moves, touches and inspires audiences. His down-to-earth personality endears him to those that come across his path. His message is very simple... Change Is Possible... for oneself and one's community.

Featured on talk shows and in magazines and a recipient of various awards, Craig delivers an inspiring message of releasing mediocrity and living one's best life. It is a message that Craig has learned from his own life challenges, and one he is helping others apply to their lives. Craig's personal mission in life is to provide hope to individuals who feel that their current situation is hopeless.

Tomeka W. McGhee

Tomeka W. McGhee received her doctorate of counselor education from Auburn University and is a licensed professional counselor, national certified counselor, and a global career development facilitator. She is currently a core faculty member of Walden University's Clinical Mental Health Counseling program. Beginning with ALCA in 2005, she was an outstanding graduate student recipient and Emerging Leader then served in a number of leadership roles with Chapter VII and as President of ALACES. Through the years, she's contributed to the field of counseling through volunteering her services to support local school counselors particularly in rural areas, volunteering as a Disaster Mental Health Counselor with Red Cross, volunteering as a group leader of community support groups, educating counselors, clergy, and lay persons through numerous local, state, and regional presentations, seminars, and workshops, and participating in scholarly research.

Outside her professional life, she and her husband of 24 years spend a great deal of time traveling the state to numerous softball, baseball, basketball, and football games in support of their three children. In her continual pursuit of staying in the present moment and staying connected to Life, she enjoys times of solitude and contemplation, attending silent retreats at monasteries, reading religious and spiritual texts, taking cultural excursions, and engaging laughter and community with her support network of family, friends, and mentors.

ALABAMA COUNSELING ASSOCIATION ANNUAL CONFERENCE ADVANCED REGISTRATION FORM - NOVEMBER 15 - 17, 2017 - MOBILE, ALABAMA

NOTE: PLEASE SEND A SEPARATE CHECK FOR REGISTRATION AND MEMBERSHIP. THIS REQUEST IS APPLICABLE TO EVERY-ONE. NO PURCHASE ORDERS ACCEPTED.

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Here is the reservation information that you can use to make your reservations for our November 15-17, 2017 ALCA Annual Conference in Mobile at The Battle House Renaissance Mobile Hotel & Spa or Renaissance Mobile Riverview Plaza Hotel. The Renaissance Mobile Riverview Plaza Hotel will be the ALCA headquarters hotel, but the historic, beautifully restored, The Battle House Renaissance Mobile Hotel & Spa is only a short walk from the Mobile Convention Center and Riverview Plaza. You will enjoy its wonderful décor and fine amenities if you choose it.

If you prefer to call to make reservations please use the following numbers:

Riverview: 1-800-922-3298 or Battle House: 1-866-316-5957

Alabama Counseling Association Room Block

Start date: 11/14/17 End date: 11/18/17 Last day to book: 11/1/17

Marriott hotel(s) offering your special group rate:

- The Battle House Renaissance Mobile Hotel & Spa for 132.00 USD per night
- Renaissance Mobile Riverview Plaza Hotel for 122.00 USD per night

ALABAMA COUNSELING ASSOCIATION

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☐ Are you on the listserv? Yes No	_	Would you like to b	e added'	? Y	'es	No
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Type of Membership (membership in ALCA and at least	t one divisio	on is required)		_	pership ues	Amount of Payment
A. ALCA Membership includes one geographic chapter	•		I			
1. Active			Active		60.00	
2. Student (full-time; not working) 3. Retired			Student Retired		30.00 30.00	
☐ 4. Past State ALCA President			Past Pres	sident	N/A	
B. Divisions (you must join at least one; student and re	tired membe	ers pay ½ division dues			F 00	
 1. Alabama College Counseling Association 2. Alabama Association for Counselor Education and Su 	inervision		ALCCA ALACES		5.00 15.00	
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☐ 5. Alabama Career Development Association			ALCDA		6.00	
6. Alabama Mental Health Counselors Association		I' CALL	ALMHCA		15.00	
 ☐ 7. Association for Lesbian, Gay, Bisexual & Transgende ☐ 8. Alabama Association for Specialists in Group Work 	r issues in C	ounseling of Alabama	ALGBTIC ALASGW		5.00 6.00	
9. Alabama Association for Spiritual, Ethical, and Religion	ous Values in	Counseling	ALASER'		6.00	
☐ 10. Alabama Division of the American Rehabilitation Cou			ALDARC		4.00	
☐ 11. Alabama Association for Marriage and Family Couns			ALAMFC		10.00	
12. Alabama Association for Addictions and Offenders C			ALAAOC		5.00	
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working full-time and is a full time student.	Signature	of Professor	Institu	ıtion		
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Conference General and Keynote Sessions



Wednesday, November 15, 2017, 10:00 A.M. ~ Noon "How to Create "AHA" Moments That Inspire You and Your Clients" Joe Sanok

Thursday, November 16, 2017, 8:30 A.M. ~ 10:15 A.M. "Counselor, Know Thyself"

Dr. Mary Fukuyama



Friday, November 17, 2017, 8:30 A.M. ~ 10:00 A.M. "Make Life Count (GED to PhD)" Craig Boykin

Presiding at all sessions: ALCA President Dr. Tomeka W. McGhee

Conference Events & Highlights

AWARDS BREAKFAST

We will kick off the conference with the general awards breakfast on Wednesday morning. It will be sponsored by the Alabama Homebuilders Association. Join us to honor our volunteers, leaders, workers and those who have distinguished themselves during the past year.

OPENING SESSION

Conference activities will begin on Wednesday morning with a full scale opening session and keynote speaker. You may pick up your name tag or use your registration confirmation to enter the opening session.

DINING OPPORTUNITIES

The City of Mobile, the Mobile Convention and Visitors Bureau, and local businessmen have worked diligently to add dining options for the Conference Complex. Both the Renaissance Riverview Plaza Hotel and The Battle House Hotel have very pleasing restaurants. Both have fine dining experiences and The Battle House Restaurant in particular enjoys a wide reputation for the quality and elegance of its service. In addition there are outside restaurants around the area. Dauphin Street (Mobile's entertainment district) is only a short walk away.

PARKING

Valet Parking is available at the Renaissance Battle House for \$19 per night. Valet for Day Parking is \$14.00. Valet Parking is available at the Renaissance Riverview Plaza for \$20 per night. Valet for Day Parking is \$12.00 Self-parking in the parking deck is available for \$15 per night. For self-parking, please obtain a pass from the front desk at check-in. Parking at the Convention Center is \$5.00 per day. Overnight parking is available at \$10.00 per day but you must arrange it in advance.



Professional Development Hours for ALCA Conference

The Alabama Counseling Association has been approved by NBCC as an Approved Continuing Education Provider ACEP No. 2001. Programs that do not qualify for NBCC credit are clearly identified. The Alabama Counseling Association is solely responsible for all aspects of this program.

The procedure for requesting NBCC hours for the 2017 ALCA Annual Conference is as follows: The Professional Development Clock Hours Request Form will be included in the 2017 ALCA Annual Conference Program Book. Return the form along with a check for \$5.00 (\$20.00 for non-members) made payable to ALCA to the address provided on the form. The deadline for receipt of Professional Development requests is January 31, 2018. Certificates for Annual Conference attendance will be mailed no later than March 31, 2018. Requests submitted after January 31, 2018, will cost \$10.00. Replacement certificates will cost \$10.00.

You must be registered for the conference to claim NBCC hours credit. NBCC hours will not be issued until check clears bank. You may earn as many as 14 clock hours for the total conference. Presenters may not receive NBCC hours credit for their own presentations.

CERTIFICATES OF ATTENDANCE ONLY MAY BE OBTAINED FROM THE ALCA OFFICE.

The Alabama Counseling Association

President	Dr. Tomeka W. McGhee
President-Elect and Program Chairperson	Dr. Monica Mack
Annual Conference Co-Chairs	
Ads/Exhibits Chair	Jerry Lynn Morrow
ALCA Executive Director	

ADVANCED REGISTRATION

Complete the Advanced Registration Form and mail (with your separate check or credit card information) by October 27, 2017. A registration confirmation will be sent. PAYMENT RECEIPTS WILL BE MAILED TO ALL MEMBERS. DO NOT MAIL REGISTRATION FORM AFTER OCTOBER 27. PLEASE REGISTER ON-SITE.

You must be an active member of ALCA to be eligible to pay the member's registration fee. ALL PRESENTERS MUST REGISTER FOR THE CONFERENCE. If you are not a current member, complete and mail the enclosed membership application along with your check (Please send a separate check for membership dues.). If you are unsure of your membership status, call the ALCA office at 1-888-655-5460 or 205-652-1712, and they will advise you of your status. Your conference materials will not be presented to you unless membership dues are paid or you have paid the non-member fee. We will accept membership and registration fees at the same time.

All requests for refunds of registration fees must be submitted, in writing, to the Executive Director by October 27, 2017. No refunds will be made after that date. Please remember everyone has a reason if they do not come. We cannot judge among them; Please do not ask for a refund after the deadline.

Students, to register at the reduced rate, must be actively engaged in an educational program in counseling, guidance, or student personnel and may not be employed in a counseling-related position. The student's faculty advisor must sign the registration form. Students must have paid the appropriate membership dues in order to register.

ON-SITE REGISTRATION

It is possible to handle all matters related to registration onsite including joining ALCA/paying membership fee. Note that the registration fee is somewhat higher if registering on-site. PLEASE, after October 27, 2017, register on-site. Do not mail your registration or submit it online.

A WORD TO OUR OUT-OF-STATE COLLEAGUES

You may take advantage of our discounted member's rate for the conference if you send proof of your current membership in your own state's professional counseling association. Proof of membership may be current membership card with date, a letter of confirmation from your state's association, or some other form of verification. Those registering on-site must bring similar proof. We are glad to extend this courtesy to our colleagues from other states!

REGISTRATION MATERIALS PICKUP

Registration materials for those who pre-register may be obtained at the conference registration area of the Mobile Convention Center.

Registration Times Are:

Tuesday, November 14 3:00 P.M. - 5:00 P.M. Wednesday, November 15 8:00 A.M. - 4:00 P.M. Thursday, November 16 8:00 A.M. - 3:00 P.M.

EXHIBITS

Exhibits will be located in the Mobile Convention Center. The exhibitors will offer materials to fill many counseling needs: audiovisual aids, printed and other resource materials, college selection and financial aid books, and career information.

The exhibits will be open -

Wednesday, November 15 8:45 A.M. - 5:00 P.M.

Thursday, November 16 8:00 A.M. - 4:00 P.M.

DIVISION BREAKFASTS/LUNCHEONS

Any division breakfast/luncheon information will be mailed directly to the division members.

NAME TAGS/ADMISSION TICKET

Your name tag (badge) will serve as your admission to all conference programs. Please wear it at all times. You will not be allowed to enter program rooms without the badge.

A NOTE TO OUR COLLEAGUES WITH DISABILITIES

Please notify Mr. Andrew Sparks (256.441.2100), Dr. Angela Stowe (205.934.5816) or Dr. Chip Wood (205.652.1712) as early as possible but no later than October 27 if you or someone you know needs assistance in applying for this conference or needs assistance in attending and understanding the sessions, speeches and other activities. ALCA needs adequate advance notice in order to facilitate accommodations.

2017 ANNUAL CONFERENCE IN BRIEF (Subject to Change Without Notice)

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Tuesday, November 14, 2017			Thursday, November 16, 2017			
3:00-5:00 pm	Conference Registration		7:00-8:15 am	Auburn/Alabama Breakfast		
6:00-8:00 pm	ALCA Executive Council Meeting		8:00 am-3:00 pm	Conference Registration		
8:15-9:00 pm	President's Reception for Executive Council		8:00 am-4:00 pm	Exhibits		
	Sponsored by ACT		8:30-10:15 am	GENERAL SESSION		
				Keynote: Dr. Mary A. Fukuyama		
Wednesday, Nove	ember 15, 2017		10:15-10:30 am	Break		
8:00-9:30 am	Awards Breakfast		10:30-11:45 am	CONTENT SESSIONS		
	Sponsored by Alabama Home		11:45 am-1:15 pm	Division Luncheons		
	Builders' Association		1:30-3:30 pm	Graduate Student Poster Session		
8:00 am-4:00 pm	Conference Registration			Sponsored by: Bradford Health Services		
8:45 am-5:00 pm	Exhibits		1:30-4:15 pm	New Counselor Academy		
10:00 am-Noon	OPENING GENERAL SESSION		1:30-2:45 pm	CONTENT SESSIONS		
	Keynote: Joe Sanok		2:45-3:00 pm	Break		
1:00-2:15 pm	CONTENT SESSIONS		3:00-4:15 pm	CONTENT SESSIONS		
1:00-3:45 pm	School Counselor Roundup		4:30-5:45 pm	CONTENT SESSIONS		
2:30-3:45 pm	CONTENT SESSIONS		4:30-5:45 pm	Retired Counselors' Reception		
3:45-4:15 pm	Break		5:45-6:30 pm	Chapter Meetings/Socials		
4:00-5:15 pm	Chapter/Division Presidents and		8:30 pm-11:00 pm	Dance (80's Themed)		
	Presidents-Elect Meeting with Coordinator					
5:00-5:45 pm	Division Meetings/Socials		Friday, November	<u>17, 2017</u>		
6:00-7:00 pm	ALCA Past-Presidents' Reception		8:30-10:15 am	BUSINESS & GENERAL SESSION		

Content Sessions

10:30-11:45 am

Keynote: Craig Boykin

CONTENT SESSIONS

Wednesday, November 15, 2017 – 1:00 pm – 2:15 pm

- 1. An Examination of Counseling Supervision Services in Alabama
- 2. Breakout EDU Engaging Students in Counseling Lessons
- 3. It's All About Education: Helping Parents Understand Their Adolescents

Dinner and activities on your own

- 4. ADHD, ADD, ODD, Autism and Other Behaviors
- 5. College Prep for Counselors: Writing Effective Documentation and Determining Reasonable Accommodations
- 6. Are Older People Considered in Diversity?
- 7. Rehabilitation For Addictions & Offenders

6:00 pm until ...

- 8. Gold Stone: A Narrative Group Approach to Trauma Recovery
- 9. Tapping: An Emotional Freedom Technique
- 10. Legal and Ethical Dilemmas as a School Counselor
- 11. Work as Part of Recovery: An Introduction to Individual Placement and Support Services
- 12. Mindfulness and Self-Attunement in the Helping Professions
- 13. Combining Play Therapy and Bibliotherapy
- 14. Bridging the Gap: The Community Counselor and the School Counselor
- 15. Conflict Resolution/Anger Management Lesson Plan Show and Tell

Wednesday, November 15, 2017 - 2:30 pm - 3:45 pm

- 1. Experiential Activities to Foster "AHA" Moments
- 2. From the Therapy Couch to Leadership & Advocacy: Opportunities for Professional Growth, Service & Development Through Involvement with ALCA
- 3. Assisting Students with Self-Regulation: Dealing with Autism, Anxiety, and ADHD Issues in School
- 4. Reflective Supervision/Consultation: What It Is and Why Does It Matter?
- 5. H.Y.P.E. Healing Young People Thru Empowerment: A Hip Hop Therapy Program for Black Teenage Boys
- 6. How to Cure a Bad Case of the Stripes: Self-Actualization!
- 7. Trust Based Relational Intervention (TBRI*): An Overview
- 8. Integrating Mental Health Into the LGBTQ Wellness Experience
- 9. Ethical Considerations in Counseling Vulnerable Populations
- 10. Harnessing the Power of Animal-Assisted Therapy
- 11. Understanding the Sociopath
- 12. Play Therapy and Grief: Understanding the Grief Process in Childhood
- 13. Time to Teach: Controlling Your Counseling Classroom
- 14. How Do You Drive? Utilizing Google Drive and Other Productive Apps to Boost Your Efficiency and Effectiveness as a School Counselor
- 15. Facing the Elephant: Children Living with Domestic Violence

Thursday, November 16, 2017 - 10:30 am - 11:45 am

- 1. Back to Life: Assessing and Integrating Self-Care
- 2. The Grief of Children
- 3. Gamer Therapy: The Use of Game Experience and Gamer Identity in Counseling and Psychotherapy
- 4. Unspoken Wounds: Preventing Vicarious Trauma in Practicing Counselors
- 5. The 2nd Closet: Domestic Violence in the LGBT Community
- 6. Secrets in Counseling: Ethical Considerations When Working with Multiple Identified Clients
- 7. Play Therapy "Nuts & Bolts" Group Activities and How to Become Certified

- 8. Anxiety, Depression, and Stress in the College Student
- 9. Motivational Interviewing with Correctional Populations
- 10. Homeless Education: Overcoming Challenges to Collaboration
- 11. Solution Focused Counseling: Tools, Tips, and Tricks for Overworked School Counselors
- 12. Demystifying RAVE: Experiences of Early Career School Counselors
- 13. New Communication Principles/Methods for Counselors to Build a Quick Connection
- 14. The Neuro-ethics of "Brain Based" Counseling and Pedagogy: Implications for Practitioners
- 15. Erin's Law

Thursday, November 16, 2017 - 1:30 pm - 2:45 pm

- 1. ACT Test Prep 101: Strategies for Success
- 2. Improving Student Competencies with Clients Who Identify as LGBTQQIA: A Developmental Model
- 3. School Counseling Clinical Supervision: Benefits, Current Issues, and Challenges
- 4. Transcripts and Four Year Educational Plans
- 5. Integrated Care: Opportunities, Challenges and Answers
- 6. A Brief Overview of Common Pharmacological Interventions
- 7. I Know What I Want to Be When I Grow Up!..Or do I???
- 8. Suicide: Risk Assessment & Intervention
- 9. Practitioner Advocacy: Shaping Your Professional Identity in the Field
- 10. Integrating Motivational Interviewing and CBT in Counseling Practice
- 11. Tech Talk with Dr. Moon & Dr. Warbington
- 12. Systemic Interventions for Childhood Anxiety
- 13. Managing the Classroom: School Counselors Recharging for the Charge
- 14. Trauma-Informed Counseling for School Counselors
- 15. Resilient Counselors: Living the Code of Ethics to Safeguard Your Own Resilience

Thursday, November 16, 2017 - 3:00 pm - 4:15 pm

- 1. Mary Jane, Molly, Moon Rocks and More: Common Drugs of Abuse
- 2. What to Do When Mufasa Dies: Childhood Grief and Loss
- 3. School Counselors Collaborating with Clinical Mental Health Counselors to Support the Academic and Social/Emotional Needs of Students in P-12
- 4. The Pros and Cons of Doctoral Study in Counseling
- 5. Connecting with Family We Love, but Can't Stand
- 6. Black Mental Health Matters: Taking a Culturally Sensitive Approach to Raising Mental Health Awareness in Black Communities
- 7. Counselor Know Thyself: UnPlugged
- 8. Making the Call to DHR/CPS: An Organized Approach
- 9. Let's Get to the Nitty Gritty of Supervision
- 10. Combating Maladaptive Coping Skills in a School Setting
- 11. Couples Counseling for Gay Men Using Developmental Models as Clinical Assessments
- 12. Implementing the ASCA National Model to Promote and Produce a Standards Based Program
- 13. Counseling Practice and Treatment Planning: Developing an Effective Treatment Plan for Clients
- 14. Family Trauma
- 15. Dr. Moon's CSI: Counseling Scene Investigation!

Thursday, November 16, 2017 – 4:30 pm – 5:45 pm

- 1. "This is Not Love"
- 2. Bully WHO? The Individuals Who Talk a Good Game and Those Who Struggle to Speak Up
- 3. '13 Reasons Why' To Not be Afraid of Suicide Intervention
- 4. Doctoral Programs in Counselor Education and Supervision: What You Need to Know From Application to Graduation
- 5. Ethical, Competency, and Scope of Practice Considerations When Working with Clients Who Identify as Kinky
- 6. A Cry for Depth: Applications of Jungian and Psychodynamic Approaches to Therapy with College Student Clients
- 7. Group Counseling with Adult Female and Male Survivors of Sexual Abuse and Mothers of Sexually Abused Children
- 8. Collaboration With Responders in Stabilizing Crises of Diverse Populations
- The STEPs for Taking Progress Notes
- 10. Using Technology to Inform Your Stakeholders and Empower Your Practice
- 11. Middle School Career Quest
- 12. School Counseling Programs in Alabama: ALSDE Updates
- 13. College Access Organizations: A Resource for Professional School Counselors
- 14. How Will Erin's Law Affect Me? Am I Prepared?
- 15. "Confessions (and Lessons) from a Counselor on a Cart"

Friday, November 17, 2017 - 10:30 am - 11:45 am

- 1. Working with Veterans
- 2. Substance Abuse Disorders: Trends and Treatment Focus
- 3. What Would You Do? Making Ethical Decisions in Cyberbullying Cases
- 4. Indigenous Customs and Counseling Practice: Why Their Practices Can be Relevant to Ours
- 5. What is Binge Eating Disorder? Diagnosing & Treating America's Most Common Eating Disorder
- 6. Use of Technology in Career Education
- 7. Vision Boards as a Creative Intervention for At-Risk Adolescents
- 8. Taking the Plunge: Resolving Ambivalence in Motivational Interviewing
- 9. Baby Hair: A Child's Socialization into Ethnocentric Monoculturalism Through Hair
- 10. Secrets of Operation Breaking the Boy Code Revealed!
- 11. Beyond Dress Up Day: Grab and Go Career Development Lessons for Elementary Students
- 12. Inter-system Tragedy Planning When Tragedy Strikes a School Our Experience and Response
- 13. Getting Kids Up, Excited, and Engaged! Best Practices in Elementary School Counseling!
- 14. Counseling Secondary Victims: The Friends, Family, and Loved Ones of Victims of Trauma
- 15. ADHD and Anxiety: Making An Impact as a Counselor